



## Safe Communities Foundation New Zealand

Certifying Centre for Safe Community Programs

On behalf of the WHO Collaborating Centre on Community Safety Promotion,  
Department of Public Health Sciences Division of Social Medicine, Karolinska Institute, Sweden

### Waitaki Safe Community



**Name of Community:** Waitaki Safe Community

**Country:** New Zealand

**Number of inhabitants in the community:** 20,900

**Safe Community Programme started year:** 2011

**International Safe Communities Network Membership: Designation year: 2013**

**Name of the Certifying Centre:** Safe Communities Foundation New Zealand

**Info address on www for the Programme:** [www.saferwaitaki.co.nz](http://www.saferwaitaki.co.nz)

**Application** [http://www.ki.se/csp/pdf/application\\_a/waitaki\\_2013.pdf](http://www.ki.se/csp/pdf/application_a/waitaki_2013.pdf)

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[www.waitaki.govt.nz](http://www.waitaki.govt.nz)

**The programme covers the following safety promotion activities:**

**For the age group**

**Children 0-14 years:**

**Home:**

- Plunket Home visits programme
- Safe Kids
- Child, youth and family services

## **Traffic**

- Plunket Baby car seat programme
- Walking & Wheeling
- Cycle Skills Days

## **School**

- High Visibility Safety Vests in Schools programme
- Cycle Safe (wearing helmets) promotion through schools
- Cycle Skills Days
- Kia Kaha – Anti- bullying Programme

## **Sports Leisure:**

- Music Play Groups
- Lunch box for life programme - Waitaki Community Gardens Trust (WRRT)
- Seed to table programme-Waitaki Community Gardens Trust
- Early Intervention services

## **Evidence Based Strategies**

Programmes developed and implemented as part of Safe Communities within Safer Waitaki are based on proven or promising national and international evidence.

## **Youth 15-24 years:**

### **Home:**

- Youth Drug and Alcohol safety programme – Waitaki Youth Coalition
- Youth Alcohol Advisory Group
- Waitaki Family Violence Network Group

### **Traffic:**

- SADD – Students Against Drink Driving
- Learners License programme @ Literacy North Otago
- Waitaki Drive to Survive Programme
- Waitaki Drink Drive Programme

### **Schools:**

- Health Promoting Schools (HPS) "TAPU" programme
- DARE Programme
- Blue Light Police Programme

### **Sports/Leisure:**

- HazDrink pathway for Young People
- Lunch box for life programme - Waitaki Community Gardens Trust
- Waitaki Youth Council
- Youth Town
- Sport Waitaki

### **Occupational:**

- Waitaki Resource Recovery Trust (WRRT) at Risk Youth Programme
- Employment Plus

## **Evidence Based Strategies**

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## **Adults 25-64 years:**

### **Home:**

- Parents as First Teachers (PAFT)
- Community Mental Health Services
- Strengthening Families Programme
- Project Turnaround
- Home Safety Checklist
- Smoke Alarms



**Traffic:**

- Waitaki Drink Drive Programme
- Drive to the Conditions
- Restraints
- Project Turnaround

**Occupational:**

- Workplace Related Safety Culture Project Initiatives
- Anger Management programme
- Project Turnaround
- Alliance Group
- Network Waitaki

**Sports/ Leisure:**

- Waitaki Multicultural Council
- Sport Waitaki - Activate
- Sportsmart

**Evidence Based Strategies**

Programmes developed and implemented as part of Safe Communities within Safer Waitaki are based on proven or promising national and international evidence.

**Elderly 65+ years:****Home:**

- Social Isolation of the Elderly Programme
- Age Concern (advocacy, information, pastoral care, meals on wheels)
- Waitaki District Council Housing Welfare Officer
- Wanda Trak (Alzheimer's Society)
- Senior net
- Mobility Parking
- Total Mobility Scheme
- Vulnerable Persons Strategy under the CDEM Strategy Framework.

**Traffic:**

- Waitaki Staying Safe Older Driver Programme

**Sports Leisure:**

- Green Prescription
- Gentle Exercise and Falls prevention programme
- Positive Ageing Forums

**Evidence Based Strategies**

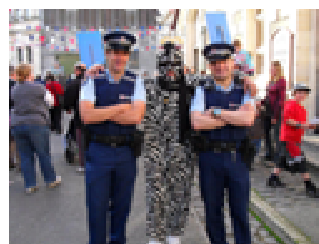
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**Natural Disaster:**

- The Civil Defence Emergency Management Strategy (CDEM) under the management of the Waitaki District Council Emergency Services Manager
- Rural Fire
- Search and Rescue Marine & Land

**Violence Prevention:**

- Community Patrols
- Waitaki Guardians
- Violence prevention
- Project Turnaround
- Waitaki Guardians
- Anger Management programme
- Community Patrols
- Youth Aid Services
- Victim Support Programme
- Community Constable



- Safe House project
- Community Safety & Development Facilitator
- Iwi and Pacific People Group
- Liaison/mentor Iwi and Pacific People Group
- Waitaki Multicultural Council

**Suicide prevention (self-inflicted injuries):**

- Waitaki Mental Health Services
- Youth Aid Services

**Programs aiming at "High risk-groups":**

*High risk Groups:* Older people, Youth, Other Cultures

*Older People*

- Gentle Exercise and Fall prevention programme
- Social Isolation of the Elderly Programme
- Waitaki Staying Safe Programme
- Meals On Wheels

*Youth 15 to 18 Years*

- Waitaki Youth Alcohol Coalition
- Health Promoting Schools (HPS) "TAPU" programme
- Waitaki Drive to Survive programme
- Students Against Driving Drunk SADD

*Other Cultures/Ethnic Groups*

- The Waitaki Multi Cultural Council
- Settling In



**Surveillance of injuries:**

Information about the injuries in the Waitaki District has been obtained from

- ACC Waitaki Community Injury Profile 2011/12
- Otago District Health Board Report 2010
- NZTA Road Safety Statistics
- Waitaki District Council Community and Family Surveys
- Otago University Injury Prevention Research Unit report 2008
- Safe Communities Foundation NZ Fact Sheets
- Waitaki District Police Crime and Road Safety Statistic
- New Zealand Health Information Service
- Statistics NZ

During 2011/12 there were 3,520 injuries reported to ACC in the Waitaki District. 42.7% occurred at home with 28% of total reported injuries were as a result of falls. By activity recreation/sport was the highest activity at 25.5% and second was walking or running at 23%. Work related injuries in the district were twice the national average with a total of 1,831 within the year.

*Population base:* 20,900

*Started year:* 2011/12

**Publications:**

- ACC Waitaki Community Profile 2011/12
- Waitaki District Police Crime and Road Safety Statistics
- New Zealand Health Information Service
- Statistics NZ
- "SettlingIn" - Waitaki Migrant Community Social Services Report
- Safer Waitaki Coalition commissioned report on Safety & Crime statistics in the district 2012

- Waitaki Civil Defence Emergency Management Strategy
- Waitaki Civil Defence Vulnerable Persons Strategy
- Waitaki Youth Coalition Brochure

**Staff**

**Number:** 1

**Professions:** Community Safety and Development Facilitator – full time

**Permanent:** Position is permanent

**Organization:** Waitaki District Council

**Specific cross-sectoral leadership group for safety promotion:**

Safer Waitaki Coalition comprising:

- Accident Compensation Corporation (ACC)
- Adult Community Education
- Alliance Pukueri
- Aoraki Polytechnic
- Child Youth and Family Services
- Heartland Services
- New Zealand Police
- Principals Association
- Public Health South

*Primary Health Organisations:*

- Royal New Zealand Plunket Society
- Waitaha
- Waitaki District Council
- Waitaki District Health Services
- Waitaki Resource Recovery Trust
- Waitaki Safer Community Trust
- Work and Income New Zealand

*General public health/health promotion groups:*

- Public Health South
- Primary Health Organisation



Safer Waitaki Coalition

**International commitments:**

Study visit planned for Waimakariri for 2013.

Hosted Timaru Community at site visit

Participated in National Safe Community Conferences, Wellington New Zealand 2011

Participated in Pan Pacific Safe Community Network Webinars