



Safe community Tehran district 21



Industrial centers in district 21



Tehran Map

Name of the Community: **Safe community Tehran district 21**

Country: **IRAN**

Number of inhabitation: **326000**

Programmed Started Year: **2008**

International Safe Communities Network Membership: Designation Year: **2010**

Info address and Full application available: <http://www.tehransafe21.com>

For further information Contact:

Head: **Mohammad. Saremi Zadeh**

Deputy of the mayor and vice (chairman): **A.Darvishpour (Eng) - Tel/Fax: +9821445644562701**

Secretary: **F. Sadeghi (Eng).Tel/Fax: +982144562760 - Mobil: +989123033365**

sadeghi.region21@gmail.com www.tehran.com

Advisor: **M.Motalebi ghayen. – Health Education & Promotion M.S.P.H - - Mobil: +989125031183**

mmaq1115@yahoo.com hwpi@karesalem.com www.karesalem.com

Post address: **Tehran district 21 municipality – ShahrDari sq.- jade maksus Karaj - Km:9 – Tehran- IRAN**

The programme covers the following Safety Promotion Activities:

For the age group:

Children 0-14:

- *traffic learning programs in schools*
- *First aid for children in schools*
- *students Introduction with the safe community programs*
- *Child rearing training for young parents*
- *Painting competitions safe for traffic*
- *Parents Introduction*
- *School teachers for child safety*
- *kindergarten for child safety*
- *Czech provide safety inspection lists*
- *firefighting safety organization visit to request the Secretariat of safe schools*



Youth 15-24:

- *Prevent accidents traffic police motor cyclists*
- *Promote the use of motorcycle helmet*
- *Traffic safety courses*
- *Life skills training for young women*
- *Visits conducted training workshops safety*



Adults 25-65:

- *Traffic accidents*
- *Participation of enterprises and Trucking Transportation to increase safety on transport*
- *Workplace health and safety Promotion for small business (Karesalem program)*
- *Workplace health and safety Promotion for large industrial (Karesalem program)*
- *Formed self-help groups of workers whose factories to improve safety*
- *Formed self-help groups of small workshop employers to promote their safety*
- *Home safety, home safety, cleaning*
- *Kitchen safety*
- *Safety with detergent and cleaning products for women*

Older Adults 65+ years (Elderly):

- Families Education for Care
- Promote safety by local residential service
- Urban reform to suit the needs of the elderly
- Education elderly people in efficient use of safe passages
- Symptoms and warning signs installed in traffic locations elderly
- Medical examinations and the disease free

In the following environments:

Home:

- Fall safety
- Elderly safety
- Safety behaviors for Citizens
- Residential places safety and fire fitting
- Urban spaces for the elderly traffic
- Use city streets safe



Traffic:

- Reconstruction of highways safety situations
- Public transportation capacity
- New tools development to supervision
- heavy vehicles transportation reconstruction
- Internal and external Coordinate

Occupational:

- Public information about Work safety
- Playing the role of facilitator to improve safety
- Safety work programs support (Karesalem)
- Work places safety Education

- *Education for living and working style*
- *Cooperation to Karesalem Award (health and Safety)*

School and children's play

- *Health and safety behaviors*
- *Safe school for students*
- *Safe educational places for parents and educators*
- *Safe Park and children's play*

Violence Prevention:

- *Family violence program*
- *Teaching life skills to deal with violence*
- *Creation of peer support groups to deal with violence against women*
- *Training courses for families coping with anger*



Prevention of suicide:

The Secretariat reviews the field in only one case of suicides were reported, but these considerations and the possibility to hide these things, therefore:

- *Further investigations with the help of police and judicial agencies*
- *Identify where the most likely number of suicides have*
- *Support cultural programs and show the films to familiarize families with the causes of this phenomenon have been prepared. Films like "girls".*

Programs aiming at "high risk groups":

- 1. An educational session in mother center and YAS child (NGO) along with instruction about prevention of violence against children target group: mother (adults)*
- 2. Training first aides to all of the drivers in 21th district municipality*

3. *Training the meaning fighting against tobacco in the day of without tobacco*
4. *Playing with picture in order to training safety in street (target group: children under 6 year)*
5. *conflict Solution between Couples workshop (violence decrease against woman) Target group: youth (woman)*
6. *Picture exhibition with the subject of addiction between youth*
7. *prevention of addiction in girls schools (target group: teenagers)*

Surveillance of injuries:

1-Survey statistics of accidents and injuries in small workshops in district 21

Started Year: May 2010

Survey statistics of accidents and injuries in small workshops in order to identifying most injures that happen for staffs in work places, on may a environmental survey of small workshops in two areas of district 21 performed, in this project about 75 workshops were identify and information about their accident and injures collected. 35 workshops industrial, 24 server workshops and 16 workshops were educational. In the survey it was certify that most of injures are fractures and cutting and the most injurer members are hands and eyes.

2-Survey statistics of accidents and injuries in residential places in district 21

Started Year: June 2010

Environmental study performance from houses and residential places in order to exactly identify accidents and injuries in two pilot area of safe community (FARHANGIYAN, DARYA)in district 21

Publications:

- 1- *Prevention of addiction for teenagers and youth pamphlet*
- 2- *safety house cleaning Educational pamphlet*
- 3- *the last Wednesday Educational pamphlet (the last Wednesday celebration)*
- 4- *safe journey educational pamphlet*
- 5- *safety promotion in work places educational pamphlet*
- 6- *4th book set about safe work*

Staff:

Number: 4

Professions: Part -Time and Full-time

Permanent: 3

Temporary: 1

Organization: Tehran district 21 municipality

Specific intersect oral leadership group: Mayor Tehran district 21

General public health / health promotion group: committee members

International commitment:

- 1- First Health and Safety work place promotion congress in Tehran University of medical sciences- August 2009.
- 2- Second Safe community congress in Tehran – October 2009.
- 3- Cooperation to hold session of Tehran safe community committees – February 2010.
- 4- Second Health and Safety work place promotion congress in Tehran University of medical sciences- July 2010.

Leaders:



F.Sadeghi

A.Darvishpour

M.Saremi Zadeh

A.Shams

M . Motalebi Gh.