Safe Community Secretariat
Region1 Tehran Municipality

Region1
Tehran Municipality

Summary Report of Safe Community Region1 Tehran Municipality for Joining International Safe Community Network

Sasan Park

Darband

Bazaar Tajrish

Country: Islamic Republic of Iran

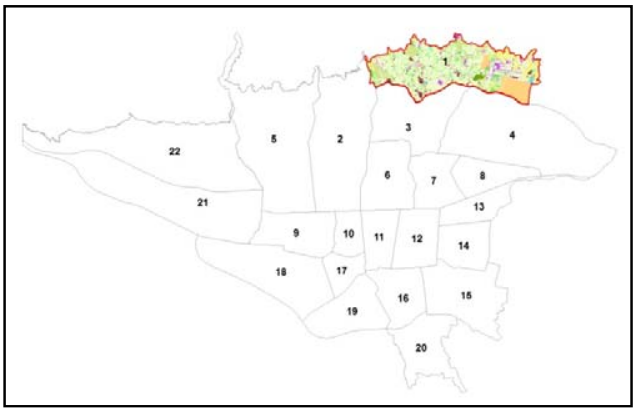
Name of the Community: Region1 of Tehran.

Name of Inhabitants: 410'000

Program Started year: 2009

Designated Year: 2011

International safe communities network membership:



Region1 is located in northern of Tehran

A- Safe Community Steering Committee (SCSC) in Region1

Chair: Engineer Alireza Javid, the Mayor, MSC

Secretary: Engineer Nargess.Hadizadeh.Moghaddam, MSC.

Advisor: Dr.Safieh.Shahriari.Afshar, MD, Gynecologist and faculty member.

Engineer Alireza Javid

Engineer Nargess.Hadizadeh.Moghaddam

Dr.Safieh.Shahriari.Afshar

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Full Application report: http://www.tehransafe1.com , http://www.tehransafe1.ir
Staff Number: **17**
Permanent: 4
Temporary: 13
Professions : Civil Engineer, Industry Engineer, MD, Health Education Specialist, Traffic Engineer, BS of Politics, Midwifery, Urbanization Management, Environmental Management, Green Space Management, Urbanization Geographic, IT Management.

Members: This Committee has been established since Oct.2009 for policy making and program planning on safe community in the region. This committee has 54 members from governmental, non-governmental, international organizations and private sectors:

Inauguration of secretariat

- Mayor of region1
- Governor of Shemiranat
- Traffic police of region1
- Head of region1 Fire fighting center
- Head of region1 Water organization
- Head of region1 Gas organization
- Head of region1 Electric Power organization
- Head of region1 Telecom
- Head of region1 Welfare organization
- Head of region1 Red crescent
- Head of region1 Environment department
- Over sheriff of region1
- Faculty members
- Head of region1 Physical education department
- Head of region1 Education department
- Head of Shemiranat Health center
- Head of region1 Medical emergency service office
- Journalists
- Lawyers
- Head of Research centers related to safe community
- Head of Shohada Hospital
- Deputies of mayor and senior experts related to safe community in region1 municipality
- Secretary of region1 Crisis head quarter
- Representatives of region1 NGO's, Sectional councils and Private sectors
- Representatives of region1 International Organizations.

First meeting of SCSC

Specialized Work Groups:

1- Passages network safety and making suitable access for disables and elderly

2-Promenade and leisure time safety specially for children and adolescents.

3-Prevention of the effects of injuries and natural disasters.

4-Prevention from high risk behaviors and violence

Workgroup of passages network safety

B- The program covers the following safety promotion activities according to all ages and both sexes:

B-1- All age groups:

- **Children under 14 years**
  - ✓ Home safety
  - ✓ Traffic injury safety
  - ✓ Promenade and leisure time safety
  - ✓ School and kindergarten safety
  - ✓ Prevention of domestic violence
  - ✓ Prevention of disaster
  - ✓ Fall injury

Traffic and safety training at schools and kindergartens

- **Youth 15 to 24 years**

  - ✓ Home safety
  - ✓ Work place safety
  - ✓ Traffic injury safety
  - ✓ Promenade and leisure time safety
  - ✓ School and university safety
  - ✓ Prevention of violence
  - ✓ Prevention of high risk behavior focusing on harm reduction
  - ✓ Prevention of disaster

Traffic and safety training at schools and kindergartens

- **Age group 25 to 64 years**
  - ✓ Home safety
  - ✓ Traffic injury safety
  - ✓ Promenade and leisure time safety

Traffic and safety training at schools and kindergartens

- ✓ university safety
- ✓ Work place safety
- ✓ Prevention of violence
- ✓ Prevention of high risk behavior focusing on harm reduction
- ✓ Prevention of disaster

- **Elderly above 65 year**
  - ✓ Home safety
  - ✓ Prevention of fall injury
  - ✓ Traffic injury safety
  - ✓ Promenade and leisure time safety
  - ✓ Work place safety
  - ✓ Prevention of domestic violence
  - ✓ Prevention of disaster

Holding opening ceremony of Kimia travelers in order to train peer elderly in safe community program

B-2- At the following environments/situations:

- **Home**
  - ✓ Preparing of home safety Checklist
  - ✓ Advocacy and IEC program on home safety to all the families
  - ✓ Prevention of burns, disaster, fall, poisons, drugs and domestic violence
  - ✓ Determining safe home in region1 and inviting public to visit it
  - ✓ Recommendation to all the families to create a safe room at home
  - ✓ Encouraging families to perform home insurance

Observing ' Arian' building and completing safe community checklists.

Mechanized bridge at Tajrish square

- **Traffic**
  - ✓ Determining high-risk places and repairing them.
  - ✓ Advocacy and IEC program on traffic safety for students, teachers and parents.
  - ✓ Installing guide means for road safety
  - ✓ Installing alarming lights for disables and camera for registry of accidents
  - ✓ Police assistant program in school

- ✓ Holding festivals and rally championships for motorcycle riders on traffic safety.
- ✓ Performing road assistant and first kids maneuver
- ✓ Determining safety cycling places

Surveying sidewalk of 'Shariati Street'

Preparing training programs about prevention from the effects of injuries and natural disasters

- **Work places**
  - ✓ Determining safety places in work place at time of disaster
  - ✓ Encouraging for making work places safe and install fire fighting and recognizing smoke equipments
  - ✓ Advocacy and IEC program on occupational safety emphasizing on disasters for all the staff and managers according to guidance of safe occupation.
  - ✓ Recommending to insuring in all administrative, commercial and service buildings
  - ✓ Preparing plans of buildings and installing it in work places to guide the way of emergency exit at the crisis time.
  - ✓ Establishing residents safe buildings for worker.
- **Schools, Kindergarten and universities**
  - ✓ Advocacy and IEC program on safety promotion in schools, kindergarten and university for all the students, staff and parents.
  - ✓ Holding earthquake and fire maneuver in all educational places.
  - ✓ Preparing the indicator of safe kindergarten and school checklists.
  - ✓ Equipping all the educational places with fire quench machine, first kid boxes, standard heater and cooler equipments, railing and install shields to prevent from falling.
  - ✓ Performing school police plan .
  - ✓ Performing student insurance.
  - ✓ Lining streets and installing safety signal and cameras in front of educational places.
  - ✓ Playing safety ring in occasion of international day of disaster and health week

- **Sport and promenade centers**

Holding happy occasion of transition to the New Year 2009 (making Haft seen statue in Tajrish sq.)

  - ✓ Advocacy and IEC program on safety in Sport and promenade centers.
  - ✓ Determining safety indicators in playing equipments for prevention of injuries and fallings.
  - ✓ Having ambulance, health expert and first kid boxes in crowded sport places and promenades.
  - ✓ Installing lights, safety signs and signals, firefighting equipment and registry camera in promenades and crowded sport places.
  - ✓ Installing urban free phone for emergency call in all the promenades and crowded sport places.
  - ✓ Making suitable and safe playing yards for children, elderly and disables.
  - ✓ Repairing and reforming sport places and promenades.
  - ✓ Creating safe park, safe museum, safe playing garden and safe mountain.
  - ✓ Presence of life saving in all swimming pools.

Installing wooden and standard play sets For 0-9 years old children

Organizing, leveling and lightening the mountaineering road of Darabad

Installing standard sports sets for elderly

- **Violence prevention**
  - ✓ conducting survey on the situation of social injuries in region1 in the basis of age, sex, cause, place, time, education, occupation, income rate, crime means, disability, intension and effort to suicide, death, previous mental illnesses, family problem and rate of risky groups.
  - ✓ Preparing 26 pamphlets on prevention of high risk behavior and violence
  - ✓ Holding educational courses, workshops, seminars on the prevention of high risk behaviors, violence, safe and healthy life style in schools, mosques and public places.
  - ✓ Increasing the number of cultural spaces in region1.
  - ✓ Conducting survey of prevention of high risk behavior among highschool adolescents in region1

- ✓ Creating the first park free from tobacco for the prevention of high risk behavior
- ✓ Signing the memorandom of understanding(MOU) with the other GOs, NGOs and private sectors for the prevention of high risk behaviors and violence
- ✓ Holding the first conference on safe community, the role of fitness and aerobic on the prevention of addiction and AIDS.
- ✓ Holding ceremony by presence of tutors, actress, athletes and famous persons in schools, universities, mosques, parks by offering messages of prevention from high risk behavior and violence.

Analyzing and evaluating emotional problems of children via painting in different occasions.

- **Suicide**
  - ✓ Establishing online, fixed, mobile centers and hotline for counceling by emphasizes the mental health
  - ✓ Holding addiction group therapy in parks and other public places
  - ✓ Identifying and caring of the victims specially women, young girls, children, disables, refugees and elderly
  - ✓ Holding happy occation for highrisk groups

Counseling in order to reduce high risk behaviors and reduce depression and mental disorders.

- ✓ Performing the plan of region based meetings and familiarizing operational forces in regon1 about related plans to prevent high risk behavior and social injuries.
- ✓ Holding educational courses of anonymous narcotics association
- ✓ Establishing DIC (Drop In Center) for women and post positive clubs for PLWHIV
- ✓ Determining homestic supporters(neighbors)
- ✓ Creating the committee of assisting mental health of society
- ✓ Creating cultural, sport complexes to increase women empowerments and women occupations.
- ✓ promoting mental health of all the citizens by making beauty of all the region1 by wall paintings ,embossed drawing, permanent lighting and installation of statuses.

- **High risk groups**

The following activities have been done for the safety of vulnerable groups such as:

- ✓ children (falling, burns, traffic injury, disaster and domestic violence)
- ✓ Women (home related injury, traffic injury, disaster, domestic violence, suicide and social problems.)
- ✓ Adult and youth (traffic injury, disaster, high risk behavior focusing on addiction and unsafe sex and domestic violence)
- ✓ Disables and elderly (falling, traffic injury, home related injury, disaster ad domestic violence)

Holding the conference on 'safe community, the role of fitness and aerobic on Prevention from addiction and AIDS

Identifying and collecting labor and street children, beggars, homelessness, sex workers, addicted persons

- **Natural disaster**

- ✓ Holding educational courses and maneuver on emergency call, first kids, management of crisis, preparedness and responses to the natural disaster for all the ages, both sexes and all the places.
- ✓ Advocacy and IEC program on safety in the natural disasters
- ✓ Performing regional volunteer group of emergency response
- ✓ Building two helicopter pads, assistant rooms, shelters in mountain
- ✓ Playing safety ring in occasion of the international day of disaster and health week in all the educational centers.

Events reduction and increasing citizens' safety level during snowing via using new methods to cleaning the snow

Building helicopter pad in Shirpala

- ✓ Preparing check list for all the safe places.
- ✓ Holding safety inspection day in the region1 by presence of responsibilities
- ✓ Establish SMS for the crisis times.
- ✓ Forming advisory group media for IEC and advocacy in the crisis times

C- Surveillance of injuries

Registrated injuries data at emergency rooms in Shemiranat health center, Shohada hospital, EMS center, fire and gas station and traffic police is routinely collected and reflected to SCSC.

Recently these data will gather in ICD 10 data sheets for the injuries surveillance system in region1 SCSC

D- Publication of IEC Materials related to safety promotion and safe community

- ✓45 pamphlets
- ✓21 booklets
- ✓1 magazine
- ✓1 mental play
- ✓4 stickers
- ✓3 advertising equipments
- ✓8 advocacy equipments

Preparing brochures

E- National and international commitments:

- ✓Being a member of steering, scientific, administrative committies of regional, national and international safe community
- ✓The participation of the members of regional safe community steering committee in the national and international conferences.
- ✓Presenting articles, posters and lectures of the members of regional safe community steering committee in the national and international conferences
- ✓The partnership of regional safe community steering committee members for the holding the national and international conferences
- ✓Holding regional conferences and workshops.
- ✓Holding study tours and surveying by experts of WHO collaborating centers
- ✓Receiving national and international certificate and award.

Surveying experts of WHO collaborating center of Qeytarieh Park