Presentation of the Safe Community Programs
Kitamoto City, Japan

Name of the Community: Kitamoto City
Country: Japan
Number of inhabitants in the community: 68,682 (as of Nov. 11, 2014)
Safe Community Programme started year: 2012
International Safe Communities Network Membership: Designation year: 2014
Name of the Safe Community Support Centre: Japan Institution for Safe Communities
Name of Certifier: Prof. Lu Pai (Taiwan)
Name of Co-certifier: Prof. JoonPil Cho (Korea)
Info address on www for the Programmes:

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The programs cover the following safety promotion activities:

Programs with mark “ ” have been developed by Safe Community taskforce committees after
introducing the SC model

For the age group

Children 0-14 years:

Home:
★ Information provision about disaster preparedness by utilizing the neighborhood circulation board (see below photo G)
★ Information provision on how to prevent furniture tripping over in the house at earthquakes
● Home visit check about newborn babies health and safety
● Counseling services for about newborn babies and infants
● Publishing the Guide of Medical services
● Publishing the information material of ‘Health tips’

Traffic:
● Development and distribution of the map of high risk sports (see above photo H)
• Traffic Safety classes (including bicycle helmet use promotion) (A)
• Parents and children traffic safety classes
• Installation of the “Zone 30” where cars are required to drive slower than 30km/h
• Traffic Safety campaigned targeting to the high risk targets
• Child Traffic Safety Park

School:
★ Disaster prevention drills at close evacuation sites (C)
★ Improvement of the lectures on crime prevention based on the evidence
• Safety check in and around the school buildings
• Watch over the students on the way to schools and homes
• Installation on CCTV
• Community patrol including watch out students safety on the way to/from schools
• School route safety inspection

Sports and leisure:
• Sports Instructors training
• Information provision on safety at sports and leisure activities
• Training course for sports instructors
• Safety management at leisure activities

Youth 15-24 years:

Home:
★ Information provision about disaster preparedness by utilizing the neighborhood circulation board (re-listed)
★ Information provision on how to prevent furniture tripping over in the house (re-listed)
• Publishing the Guide of Medical services
• Publishing the information material of ‘Health tips’
• Parent-child communication support program (re-listed)
• Consultation services about Domestic Violence and other issues for women
• Consultation and supporting services about problems in the communities.

Traffic:
★ Development and distribution of the map of high risk sports (re-listed)
★ Traffic Safety classes (including bicycle helmet use promotion) (re-listed)
• Installation of the “Zone 30” where cars are required to drive slower than 30km/h (re-listed)
Traffic Safety campaigned targeting to the high risk targets (re-listed)
*including car seat belt and alcohol non-use and so on

Inspection /installation/ modification of street lights, and street mirrors

**Occupational:**
- Seminar/symposium on injury prevention at workplace
- Conference on Safety by Konosu Area Committee
- Public Relations on farm safety
- Activities for safe traffic (including professional driver’s safety) at the level of agencies and communities

**School:**
- Disaster prevention drills at close evacuation sites (C) (re-listed)
- Improvement of the lectures on crime prevention based on the evidence (re-listed)
- Instruction on Safety and crime prevention by PTA
- Patrol in the city area
- Community patrol
- Watch over and instruction for safety of the children on the way to home

**Sports and Leisure:**
- Sports Instructors training
- Information provision on safety at sports and leisure activities
- Training course for sports instructors
- Safety management at leisure activities

**Adults 25-64 years:**

**Home:**
- Information provision about disaster preparedness by utilizing the neighborhood circulation board (re-listed)
- Information provision on how to prevent furniture tripping over in the house at earthquakes (re-listed)
- Publishing the Guide of Medical services
- Publishing the information material of ‘Health tips’
- Parent-child communication support program (re-listed)
- Consultation services about Domestic Violence and other issues for women (re-listed)
- Consultation and supporting services about problems in the communities (re-listed)
Traffic:
- Development and distribution of the map of high risk sports (re-listed)
- Traffic Safety classes (including bicycle helmet use promotion) (re-listed)
- Inspection /installation/ modification of street lights, and street mirrors (re-listed)
- Educational programs for traffic safety
- Conference on Traffic Safety
- Traffic Safety campaigned targeting to the high risk targets (re-listed)
  *including car seat belt and alcohol non-use and so on
- Enlightenment program with PR cars
- Lecture for bicycle license to PTA members

Occupational:
- Seminar/symposium on injury prevention at workplace
- Conference on Safety by Konosu Area Committee
- Public Relations on farm safety
- Activities for safe traffic (including professional driver’s safety) at the level of agencies and communities

Sports: Leisure:
- Sports Instructors training
- Information provision on safety at sports and leisure activities
- Training course for sports instructors
- Safety management at leisure activities

Elderly 65+ years:

Home:
- Information provision about disaster preparedness by utilizing the neighborhood circulation board (re-listed)
- Information provision on how to prevent furniture tripping over in the house at earthquakes (re-listed)
- Develop the safety map for simple safety inspection at home (Photo D)
Pamphlet of safety inspection at home focusing on senior(D) Pamphlet for fall prevention at home

★ Promotion of watch over program for senior citizens
  ● Family care givers’ gathering
  ● Gathering for prevention to be in need of nursing care
  ● PR programs on preventive care
  ● Kitamoto City watch over programs for senior
  ● Counseling service related to senior abuse
  ● Exercise (for fall prevention) and lecture on safety related issues

Traffic:
★ Development and distribution of the map of high risk sports (re-listed)
★ Traffic Safety classes (including bicycle helmet use promotion) (re-listed)
  ● Enlightenment program with PR cars
  ● Improve the skill of bicycle riding among female and senior citizens
  ● Installation of the “Zone 30” where cars are required to drive slower than 30km/h (re-listed)
  ● Street Campaign for traffic safety
  ● Inspection /installation/ modification of street lights, and street mirrors (re-listed)
  ● Educational programs for traffic safety (re-listed)

Sports and Leisure:
● Sports Instructors training
● Information provision on safety at sports and leisure activities
● Training course for sports instructors
● Safety management at leisure activities

Natural Disaster:
Injuries due to collapsed buildings and tripped over furniture are the main issue at the earthquakes which has high possibility to hit the community at the moment. Therefore,
programs have been developed to minimize those injuries by the followings:

★ Promotion of Establishment of voluntary disaster management teams
★ Prevention of furniture ripping over (re-listed)
★ Information provision about disaster preparedness by utilizing the neighborhood circulation board (re-listed)
★ Conduct of disaster prevention drills at neighborhood level
★ Email Information provision system on disasters
★ Agreement mutual support at disaster between Kitamoto City government and private business such as stores and companies which can provide food and water at emergencies
★ Enhancement of a local medical center as hub medical institution as disasters
★ Development of the list of citizens who need support at the disaster
★ Disaster prevention drills by voluntary disaster management teams
★ Promotion of evaluation of seismic capacity and renovation of the living buildings

Violence prevention (intentional injuries):
★ Child abuse prevention campaign(photo F)
★ Countermeasures to eliminate gangsters

Suicide prevention (self-inflected injuries):
★ Street campaign for suicide prevention (photo E)
★ Mental health check and information provision about counseling services
★ One stop counseling about life and mental issues
★ Gate keeper training courses
★ Educational programs for medical personals
★ Mental health counseling services

Mental Health Check website
Other

- Inspection of the safety of the playing equipment in the parks
- PR programs on Safe Community programs through newsletters and website of the city government
- Prevention of bicycles and motor cycles stolen
- Application of barrier free/universal designs

Programs aiming at "High risk-groups":
The High risk-groups are:

[Low-income families]
- Financial support for life and education to reduce the hardship which can contribute suicide prevention (financial issue is one of the main reason of suicide)

[Victims(female, male and children) of abuse/violence]
- Counseling services for women
- Counseling services for senior
- Parent-child communication support programs (re-listed)

[People who suffer from physical and mental challenged, and developmental disorders]
- Provision of prosthesis for physically challenged
- Dispatch of guide helpers for visually impairment persons
- Supports for safety life such as respite, transportation, and so on
- Lending commodities for safety in daily life

[Residents at high risk areas of natural disasters]
- Development of the list of citizens who need support at the disaster

Surveillance of injuries:
Kitamoto conduct injury surveillance by collecting and analyzing existing data such as demographic data, ambulance transportation data and others from relevant organizations.
Death toll from external causes (average 2008-2012): 32
Injuries transported to the medical institutions by ambulance (average 2008-2012): 68,682 (as of Nov. 11, 2014)
Population base: Started year: 2012
Publications:
Bulletin Kitamoto (Monthly):
City government publishes the monthly bulletin for citizens. In the bulletin, they provide the information on Safe Community programs to make more citizens learn and get involved in the Safe Community movement.

Staff

Number: 5
Professions: City Officers (full-time)
Permanent: 4, Temporary: 1
Organization: Section of cooperation promotion, Kitamoto City

Specific cross-sectoral leadership group for safety promotion:
- Kitamoto City Safe Community Steering Committee
- Kitamoto City 6 Taskforce Committees (for priority issues)
- Kitamoto City Injury Surveillance Committee

General public health/health promotion group:
- Section of Health promotion and Section of Senior nursing care (Kitamoto City),
- Konosu Public Health Center (Saitama Prefecture)
**International commitments:**

**Organized Study visits for the following visiting communities:**
Nov. 10-12, 2014: Accept visit from Korean communities (15 participants) at on-site evaluation

**Participation in Safe Community conferences:**
Nov. 2012: Participated to the 6th Asian Regional Conference on Safe Communities (hosted by Toshima City, Komoro City, and Minowa Town in Japan)
Nov. 2013: Participated to the Taiwanese Safe Communities Conference and Traveling seminar
May, 2014: Participated to the 7th Asian Regional Conference on Safe Communities
    (hosted by Busan, Korea)

**Hosting Safe Community Conferences:** NO

**Hosting “Traveling Seminars”:** NO

**Others:**
Going to co-host the annual conference of Japan SC network in FY 2014
(in conjunction with the designation ceremony)