

Donghuamen Community: International Safe Community



Community Name: Donghuamen Sub-district Office, Dongcheng District, Beijing

Country: China

Number of inhabitants in the community: 62,000

Safe Community Programme started year: 2009

International Safe Communities Network Membership:

Designation year: 2013

Name of Certification Center: Safe Communities Foundation New Zealand

www.safecommunities.org.nz/sc/d

Application report: http://www.ki.se/csp/pdf/application_a/donghuamen_2013.pdf

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SP/IP Programs

For the age group

1. Children 0-14 years:

1.1 Program on preventing school accidental injuries

- (1) Schools set up their exercise plans to carry out emergency response exercises.
- (2) There are specially designated teachers guiding children in kindergartens to go upstairs and downstairs, and ensuring that the children walk according to due rules and procedures.
- (3) Classes on health education are opened in all schools to prevent injuries in sports.
- (4) Measures are taken to prevent accidents in laboratories.
- (5) All schools have spent a lot to ensure school safety by improving their safety environment, organizing lectures on safety education and training first aiders.



1.2 Program on preventing myopia among children

- (1) Schools have formulated their plans on health education focusing on the prevention of myopia and put it as a part of their teaching plan.
- (2) Schools readjust the height of desks and tables and distance between different rows according to the light, students' eyesight and change in height, requiring them to change seats on a regular basis.
- (3) Schools appoint group leaders for eye exercises and inspectors to check and record the performance of eye exercises of each classroom. One eye exercise contest is held every year. Eyesight is checked at the end of each semester and classes with no myopia and individuals with best eyesight shall be awarded.
- (4) Schools monitor the eyesight of the students every semester, conduct categorized management over students with light myopia or the trend of declining eyesight, and exercise targeted correction measures.

1.3 Plan on intervening obesity among children

- (1) Telling students the danger of obesity and necessity of losing weight through intra-school network, parents' meeting, and letters to the parents and the guidance of healthy Beijing man.
- (2) The school ensuring one-hour exercise for its students every day to build up their health.
- (3) School doctors and head teachers conducting supervision and management on lunch for overweight students.
- (4) Working with the Children Health Center of Peking University to conduct monitoring over BMI, blood pressure and blood sugar of overweight children, and reflecting regularly the results for physical checkup of students to their parents so as to join hands with the parents to urge overweight students to control their weight.
- (5) The school works together with other primary schools in the Community to launch sports games for children so as to develop their interests in sports which can help them to lose weight.

1.4 Program on ensuring traffic safety around schools

Improving traffic infrastructure for schools, kindergartens and residential communities.

Deploying community police, safety guards, traffic coordinating wardens and volunteers during the rush hours when students go to school and back home to keep traffic order at the gates of schools and kindergartens

Evidence Based Strategies:

All programmes developed and implemented as part of Safe Communities are based on proven or promising national and international evidence.



2. Youth 15-24 years:

2.1 Publicity plan on safe traffic

- (1) Organizing special classes on traffic safety in 10 primary and middle schools in the Community, educating the students on safe traffic through pictures, PPTs and handouts.
- (2) Launching the campaign of “Traffic-Smooth Beijing and green transport”. Inviting outstanding traffic coordinating wardens of Jingshan to give lectures to the faculty and students of the school on safe traffic and traffic rules.
- (3) Organizing moot court activities. Having the children acting as judges and prosecutors in traffic cases so that they can exert self education.
- (4) Inviting policemen of Dongdan Traffic Police Team to give lectures to the faculty and students on traffic safety to raise their awareness on safe traffic.



2.2 SP/IP program by the “Helping Children Association”

The community set up a “Helping Children Association”, organizing volunteers to carry out a series of educational activities for the children by leveraging the resources in the society, so as to foster a sound environment for the children to grow.

The Association invited teachers from the Beijing Social Life Psychological Health Consultation and Service Center, Inter-connected community, community health centers to organize interactions and offer lectures to the kids themed on “happiness, safety and health”, helping the children learn about dangers around them and preventing accidental injuries.

The Association also took “Our Festival” as the theme to organize activities such as parties for parents and their children, helping the children to foster a sound habit and conduct.

Evidence Based Strategies:

All programmes developed and implemented as part of Safe Communities are based on proven or promising national and international evidence.

3. Adults 25-64 years:

3.1 Plan on building an inter-connected community

Donghuamen Community launched a campaign of building an inter-connect community among its 12 sub-communities, using internet technology to build a community public service system which shall serve as an information platform for community residents, the local government and e-commerce. It aims at solving community disputes and problems, realizing community participation and information sharing.

3.2 Plan on safety in dog raising

Guiding families with dogs to establish self-governance organizations such as the “team of volunteers on dog management” and “club of dog owners” to draw up Self-Discipline Rules on Dog Raising and set up archives recording discipline violations, so as to reduce accidents and disputes among the neighborhood.

3.3 Action plan of volunteers on safe traffic

Mobilizing 500 people to join the team of safe traffic volunteers to promote publicity on safe traffic in main streets and passes of the Community, prevent people from doing illegal parking or running the red light, and keep traffic order.



Evidence Based Strategies:

All programmes developed and implemented as part of Safe Communities are based on proven or promising national and international evidence.

4. Elderly 65+ years:

4.1 Plan on delivering meal services to the elderly

Setting up elder’s tables to address food difficulty for the elderly living alone.

Providing a well-designed menu to guarantee food safety and health of the elderly.

Organizing a team of volunteers to deliver food services to the elderly and people with disabilities.



4.2 Plan on improving the health of the elderly

Upgrading five community health centers to facilitate the elder’s access to medical service. Establishing health archives for the elderly over 60 years old.

Community Elder’s Association takes the lead in establishing workshops on health for the elderly, encouraging the elderly of their communities to attend education activities to improve their health.

Various communities set up their own teams of volunteers, providing day care, food and entertainment services for the elderly.

4.3 Plan on applying small appliance on safe homes

- (1) Distributing free alert bells.
- (2) Installing assisting handrails and anti-skid handrails.
- (3) Distributing “one-button bell” and “special cell phones for the elderly”.



(4) Installing smoking alarm in the kitchen.

4.4 Program on services to the elderly by the Caring Group of Young Women's Christian Association

The Caring Group is mainly engaged in material and spiritual services to the elderly. It has acquired skills of caring the elderly while providing services, offering comfort and help to the elderly and their families.



4.5 SP/IP program by the "Mutual Help Association"

A Mutual Assistance Association has been established in the community, offering both free and paid convenience services to the elderly, so as to reduce the number of outside trips for the elderly and other vulnerable groups.

Evidence Based Strategies:

All programmes developed and implemented as part of Safe Communities are based on proven or promising national and international evidence.

5. Plan on violence prevention

5.1 Plan on building a community with no burglary and other crimes

- (1) Setting up a work model of "mutual protection by neighborhood watch, group patrol and joint efforts of the entire neighborhood to build a safe community".
- (2) Strengthening high-tech and technical protection by installing cameras, entrance control system, and monitors.
- (3) Dividing the Community into 39 networks to intensify patrol and inspection.
- (4) Deploying full-time coordinators to improve service and management on the floating population.

5.2 Plan on electing the leader of each building block

Electing the leader for each building block among residents who are enthusiastic, responsible and willing to serve others to solve disputes among the people and mobilize more residents into the efforts to build a safe community.

5.3 Plan on self-management association on parking

Given the problem of shortage of parking space in the community for which car owners rival for the parking space which causes many disputes and tension among the residents and some drivers park at any place available on community roads which leads to congestion, the community has taken the lead in establishing the "self-governance committee on parking management by community residents" composed of representatives of families with automobiles to realize rule-based management over automobiles in the community.

5.4 Plan on door keepers

Choosing residents to serve as door keepers who conduct patrol in the neighborhood and shut every security door of each building block after 12:00pm.

5.5 Action plan on volunteers

Organizing a team of volunteers that include patrol team, security guards for communities and for social groups, volunteers on safe communities and activists on community safety to ease the



excessive workload on the part of police in Donghuamen Community.

Suicide Prevention

Youth Mental Health Promotion, Community Wide wellbeing programme

6. High risk groups and what is being done to increase their safety

6.1 Rehabilitation plan for people with disabilities

- (1) Building rehabilitation basis such as the “caring home” and “Donghua Caring Workshop” for people with disabilities.
- (2) Delivering safety equipments to the students and the staff receiving such services in the basis.
- (3) Organizing for the handicapped people recreational treatments to help them overcome the psychological barrier.
- (4) Community doctors helping people with disabilities to do rehabilitation exercises on a regular basis.
- (5) Holding lectures on rehabilitation for people with disabilities to teach the handicapped people, their family members and residents about disease prevention and rehabilitation knowledge.



6.2 Plan on barrier-free renovation for families with handicapped people

- (1) Carrying out barrier-free renovation for households with handicapped people by installing indoor handrails and video door bells, matting anti-slip pads, and providing special telephones for people with visual disability.
- (2) Installing handrails and wheelchair ramps for 28 building blocks with more handicapped people to facilitate their entry and exit.
- (3) Distributing free assistive devices for poor people with disabilities.

6.3 Program on psychological counseling for drug addicts

The community conducts categorized assessment based on the state and real difficulties of the drug addicts, and sends community policemen, social workers on drug prohibition, officials of residents’ committees and volunteers to offer targeted assistance and help to solve their difficulties.

6.4 Program on prevention and treatment for people with mental illness

In 2008, the Community Government established a “caring home” specifically providing services to people with disabilities, which made special plans of psychological counseling for people suffering from mental illness.

7. SP/IP programs targeting high risk environments

7.1 SP program on fire prevention for old single-storey houses

- (1) Establishing a cross-sector network.
- (2) Given the fact that the access to old single-storey houses is narrow and it is difficult to exert rescue in case of fire, 108 fire hoses have been installed.
- (3) Making use of the occasions of “Disaster Preparedness and Response Day” and “119 Fire Prevention Publicity Month” to provide free handouts to promote knowledge on fire prevention to the public, and organizing lectures on fire

prevention.

- (4) Organizing regular training for residents on fire safety management, use of fire fighting equipments, and knowledge on fire escape and self rescue in “citizens’ schools”.
- (5) Conducting regular checks over the use of gas and electricity on each resident to eliminate potential danger.

7.2 SP program on high-rises

- (1) Clearly defining the responsibilities on fire prevention for each property building.
- (2) A Fire-Prevention Committee has been established for each of the buildings, responsible for fire prevention in the building and reporting to the residents’ committee on a regular basis.
- (3) A 24-hour duty system in the fire prevention and control center has been introduced, contingency plans have been made, and fire-fighting drills are organized for different entities on a regular basis.

7.3 Plan on promoting safety in the guestrooms of Beijing Hotel

Strengthening fire infrastructure in the hotel, enhancing the emergency response capability of its employees, building a safe and comfortable living environment, and ensuring the life and property safety of customers there.

7.4 Plan on promoting safety in Donghuamen Night Cuisine Area

- (1) Making stainless dining cars with unified specification which are put in fixed places.
- (2) Distributing electricity and canning gas for all stands owners
- (3) Regulating the use of common materials such as product oil and flour so as to ensure food safety.
- (4) Organizing training for the practitioners on the safety use of electricity, fire, gas, knives and other equipments.
- (5) Organizing lectures on integrity to raise the service awareness and moral standard of stands owners.

7.5 Plan on Wangfujing Walking Street

- (1) Signing *Letter on Responsibility of Social Management* with business entities to maintain safety through joint efforts.
- (2) Strengthening self management over safety and cooperating with relevant functional departments to crack down on illegal production and operation.
- (3) Making the two parks to the west of the Wangfujing Walking Street emergency shelters and providing emergency relief materials, equipments and facilities.
- (4) Disseminating knowledge on safety through the LED electric screens of Beijing Department Store and Beijing AMP, visiting businesses to provide guidance on safety, and organizing emergency response exercises on fire prevention, anti-stampede, anti-pocketing and anti-terrorism.

7.6 Plan on controlling passenger traffic in Shenwumen of the Palace Museum

- (1) Implementing one-way visiting routes.
- (2) Improving traffic conditions.
- (3) Providing convenient public services on tourism.
- (4) Strengthening law-enforcement monitoring.



(5) Strengthening emergency response.

7.7 SP program on flood prevention for old single-storey houses

- (1) Setting forth detailed contingency plans during flood times every year, and exerting all-weather and all-time surveillance as well as all-dimensional deployment.
- (2) Conducting reinforcement and renovation over the wooden structure, cracking walls and broken roofs.
- (3) Establishing inspection groups during the time of major floods to conduct constant inspections.
- (4) Setting up rescue teams to conduct contingency exercises.
- (5) Applying 24-hour duty system.
- (6) Preparing flood-response materials according to requirements to tackle possible emergencies.



7.8 Plan on replacing coal fire with electric heating

Given the problem of households living in old single-storey houses in Donghuamen Community who basically rely on coal for heating and cooking in winter which poses a potential danger of gas poisoning, the Community set up an Office on Replacing Coal Fire with Electric Heating, installing regenerative electric heating facilities, thus bidding farewell to the traditional way of heating through coal burning. The Community authorities establish a quality inspection group to monitor the progress of the construction, and install electric heating properly to ensure that it is safe and environmentally friendly.

8. Plan on disaster preparedness and relief in the Community

8.1 Contingency plan on disaster preparedness and response

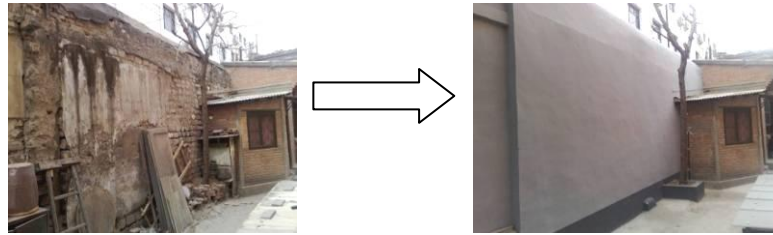
The Community Government has formulated emergency response programs and working procedures against emergencies of fire disasters, gas leakage, gas pipe and water pipe explosion, massive disruption of power and water supply and other disastrous public accidents, and made clear the ways and steps for commanding, coordination and information communication. It has also put in place emergency response materials and equipments, and organizes disaster preparedness exercises and emergency response training every year in turn for its sub-communities.

8.2 Program on the training of rescue skills for residents

The Community Government conducts general and intensive trainings for government officials, officials of residents' committees, community residents and community volunteers. The training mainly includes fracture fixation, how to stop bleeding, CPR, how to dress a wound, and fire escape knowledge.

8.3 Flood prevention and ice removal

The Community government has set up working plans on flood prevention and ice removal. An emergency response team on flood prevention and ice removal has been established in each Residents' Committee and evacuation points and route has been mapped out. It has also reinforced old single-storey houses.



9. Surveillance of injuries

- (1) Where?: Beijing Longfu Hospital
- (2) Numbers per year: 193 injuries in 2009, 226 injuries in 2010, 291 injuries in 2011, and 236 injuries in 2012.
- (3) Population base: 62000
- (4) Monitoring period: January 2009 to December 2012
 1. Traffic accidents: 38 traffic accidents in 2009 causing 15 casualties, 23 traffic accidents in 2010 causing 9 casualties, 22 traffic accidents in 2011 causing 8 casualties, and 16 traffic accidents in 2012 causing 4 casualties. The number of traffic accidents and casualties keeps declining.
 2. Fire disasters: 4 fire disasters in 2009, 9 fire disasters in 2010, 2 fire disasters in 2011, and 3 fire disasters in 2012, none of which has caused casualties. The number of fire disasters has been kept at a low level.
 3. Work places: no accident has broken out from 2009 to 2012
 4. Elder's injuries: statistics shows that half of the injuries among the residents are the elderly over 65 years old (including the figure itself). The number was 100 in 2009, 115 in 2010, 156 in 2011, and 131 in 2012.
 5. Injuries on children and students: 3 in 2009, 4 in 2010, 1 in 2011, and 2 in 2012, kept at a low level.
 6. Public safety: the number of calls and reports to the police authorities was 55 in 2009, 39 in 2010, 30 in 2011, and 25 in 2012, which keeps declining every year. Statistics of the survey from family visits on the sense of public safety in Beijing ranked Donghuamen Community among the top of its counterparts in 2010.

10. Publications:

10.1 Publications:

10.2 Produced Information material:

(1) Papers and articles released: issuing a paper titled "Conducting innovative service management, integrating resources in the society, and injecting strong dynamism to the building of a safe community" in the national working conference on building a safe community, which was incorporated into the conference's documents compilation in November 2001.

(2) Produced information material:

Leaflets: Handout on Residents' Safety and various types of publicity leaflets





Newspapers: Harmonious Donghua Community, a newspaper on safety promotion



11. Staff



Cao Zhijian
Director of
Donghuamen Safe
Community Office



Tang Mei
Secretary General of
Donghuamen Safe
Community Office

Number:

Professions: part-time or full-time:

Permanent : 2

Temporary: 89

(2) Leading organization:

Donghuamen Committee on Safe Community

(3) Member organizations of the Committee:

Members of the Committee on Safe Community

Types	Member organizations
Government bodies	Ministry on Civil Affairs, Ministry of Commerce, Dongcheng District Department on Production Safety, Department on Health, Donghuamen Community Government, police stations, traffic police teams, fire-fighting police, health supervision station, and Housing Administration Station.
Medical and health institutions	Longfu Hospital and five community health centers.
Resident enterprises	Beijing Hotel, Oriental Square and Beijing Department Store
Cultural and educational institutions	No.25 Middle School, Jingshan Middle School, No.27 Middle School, No. 166 Middle School, Dengshikou Primary School and Donghuamen Kindergarten.
Self-governance organizations	Residents' committees of its 12 sub-communities

(4) Structure of working groups :

Working Group	Member Organization
Working group on Safe Elderly	Civil Affairs Department, Community Service Center, and community health centers
Working group on Safe Schools	Department on Culture, Education, Health and Sports, regional primary and middle schools, kindergartens
Working Group on Disaster preparedness and Relief	General Office, Public Security Office, Office on Comprehensive Security, Department on Urban Administration, Police Station and Housing Administration Office, hotels and restaurants and those in-charge of building work sites
Working Group on Association for People with Disabilities	Association for People with Disabilities and Caring Home for People with Disabilities
Working Group on Public Security	Office on Comprehensive Security, Police Station, Public Security Office and district enterprises and public institutions
Working Group on Safe Homes	Community offices, various sub-communities and related entities
Working Group on Work Place Safety and Safe Public Places	Public Security Office, Department on Urban Administration, Housing Administration Office, Housing Center, Police Station, hotels and heads of various construction sites
Working Group on Community Health Services	Department on Culture, Education, Health and Sports, community health centers and Longfu Hospital

In addition, there are also expert advisory group, media and publicity group and injury monitoring group.

**12. International commitments:
Involvement in major activities**

Time	Content
May, 2010	Participating in National Training Seminar on Safe Community in Zhangjiajie, Hunan Province
November, 2010	Participating in National Conference on Safe Community in Chongqing and Sichuan Province
March, 2011	Participating in Training Seminar on Safe Community organized by Beijing authorities in Beijing
November, 2011	Participating in National Conference on Safe Community in Beijing
March, 2012	Participating in the training on application and certification for ISC organized by China Center on Safe Community in Beijing
November, 2012	Participating in National Conference on Safe Community in Xi'an, Shaanxi Province