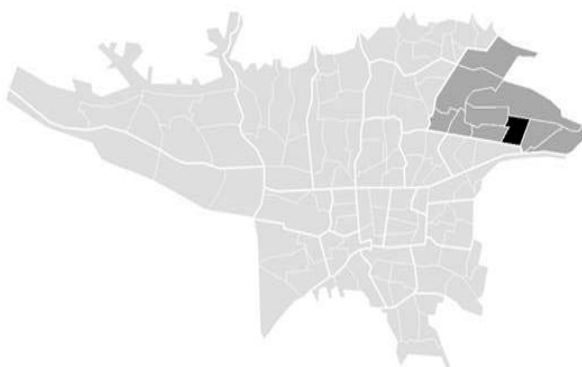


Presentation of the Safe Community Programs
"District 4 of Tehran Safe Community"



District 4 is located in Northern-East of Tehran.

Name of the Community: **District 4 of Tehran City**
Country: **Iran**
Number of inhabitants: **880,000**
Programme started year: **2008**
International Safe Communities Network Membership: Designation year: 2009
Info address on www for the Programme: <http://www.safetehran4.com>

Full application available: <http://www.safetehran4.com>

For further information contact:

Name: Dr. Shahabeddin saboonchi, MD
Institution: Secretary of safe community steering committee of District 4
Address: unit 7, Negin building (No.2), Taher khani St, Hengam St, Resalat Sq
Zip code: 1677745146 City: Tehran
Country: Iran
Phone: 0098-21-77224582 Fax: 0098-21-77208932
E-mail: shahab.saboonchi@gmail.com
Info address on www for the institution (or community as a whole): www.safetehran4.com

A- The programme covers the following safety promotion activities:

For the age group



Children's contribution in culture making programs, educational classes for all age groups to Safe Community promotion

Children 0-14 years:

Based on the existed accident statistics in district 4 (injured people) and these situation analysis, the incidence of walker accidents, car and motorcycle accidents and poisoning in this are more prevalent in district 4. So the following activities and programs have planed:

1. Preparing **safety educational contexts** including home safety, school safety, traffic safety, and sport and leisure time safety contents for this age group (in 3 levels of Pre-school, Primary school, and Secondary school peoples).
2. Planning **educational programs** and training the kindergarten takers and educators, school teachers, students and their parents.
3. Inviting students and children in **Peer Education Programs** in schools and kindergartens.
4. Using trained bigger students as **School's Police** and using all of volunteer students in **Police assistant Project**.
5. Holding painting competitions and article writing among the students of the field of preventing traffic accidents.
6. Educating parents for children poisoning and falling prevention in home.

Youth 15-24 years:

In this age group the incidence of motorcycle and car accidents, violence and suicide are more prevalent in district 4. So the following activities and programs have planed:

1. Preparing **safety educational contexts** including traffic safety, home safety, school safety, and sport and leisure time safety contents for this age group.
2. Planning **educational programs** for youth and younger adults especially based on this age group priorities including motorcycle and car safety, violence, suicide and drug abuse.
3. Inviting students and youth in **Peer Education Programs** in schools and other communities (such as clubs or other peer groups)
4. Developing consulting centres for high risk groups in prevention of suicide, violence, and alcohol and drug abuse.
5. Preparing applicable regulations for industrial factories and urban service providers for any occupational accidents.

Adults 25-64 years:

In this age group the incidence of walker/ pedestrian accidents, motorcycle and car accidents, and poisoning (especially drug and alcohol) and violence are more prevalent in district 4. So the following activities and programs have planed:

1. Preparing **safety educational contexts** including traffic safety, occupational safety, sport and leisure time safety, and social harm reduction contents for this age group.
2. Planning **educational programs** for adults especially based on this age group priorities including motorcycle and car accidents, occupational accidents, violence, suicide and drug abuse.
3. Inviting adults in **Community Participatory Initiatives** in each work place for reducing accidents and safety promotion programs in every place.
4. Developing **consulting centres** for high risk groups in prevention of suicide, violence, and alcohol and drug abuse.
5. Preparing applicable regulations for industrial factories and urban service providers for any occupational accidents.

Elderly 65+ years:

In this age group the incidence of walker/ pedestrian accidents, motorcycle and car accidents, and falling are more prevalent. So the following activities and programs have planed:

1. Preparing **safety educational contexts** including walker/ pedestrian and traffic safety, home safety, and sport and leisure time safety contents for this age group.

2. Planning **educational programs** for elderly especially based on this age group priorities including walker/ pedestrian safety, domestic violence, and especially falling.
3. Inviting elderly in **Community Participatory Initiatives** for reducing accidents and safety promotion programs in every place (especially in home and pedestrian).
4. Developing consulting centers for elderly and adults in prevention of domestic violence, and falling in this age group.

At the following environments:

Home:

1. Preparing **home safety contexts** in format of **Room by Room Safety** including inner and outer spaces of house, and even for holiday or seasonal accidents. These contexts especially targets children, elderly, and women and also falling or burning accidents.
2. Preparing and using a **brief home safety check list** for verifying high risk situations in each house. This form is completed by individuals, and they will give some home safety notes to safety promotion of their houses.
3. Planning **educational programs** for all age groups in every community.

Traffic:

1. Traffic and accidents situation analysis in district 4 for identifying the priorities.
2. Determining hazardous/ hot spots of passages by the traffic work group.
3. Using **Heinrich Domino Theory** and **Haddon's Matrix** for analyzing and identifying accidents ethnologies and mechanisms. Determining priorities, interventions and responsible teams for performance are later steps.
4. Preparing **traffic safety contexts** for pedestrian walkers, motorcycle and car drivers. These contexts especially target children, elderly, women and handicapped safety.
5. Organizing **Traffic and Driving Training courses** for drivers (such as EMS drivers, Fire fighting drivers, Bus and Taxi drivers, and so on).
6. Planning **educational programs** for all age groups in every community.
7. Establishing a **Traffic Park** for children in Police Park in district 4.
8. Some important and effective interventions especially in hot/hazardous spots are included:
 - a. Reforming hazardous ways/passages and covering canals in hot spots.
 - b. Installing traffic signs, traffic lights, and speed breakers in hazardous spots
 - c. Drawing lines for passages
 - d. Covering asphalt and repairing passages.

Occupational:

1. General **hazard analysis** in work places of district 4
2. Preparing **applicable regularities** for main industrial or service providing work places and after that educating and training these regularities to companies.
3. Preparing and using **safety check list** for main industrial or service providing work places and planning periodical visits.
4. Cooperating with **Tehran Bus Line Co** and **Healthy/Safe city Co** and **HSE Faculty** for **safety promotion programs in work places** in district 4
5. Preparing **work safety contexts** for workers.
6. Planning **educational programs** especially for high risk worker

School:

1. Preparing and using **safety check list** for educational institutes in the district and planning for periodical visits.
2. **Periodical visit** and improvement hazardous situations.

3. **Equipping** the schools with fire extinguishers, first aid kits, stairs fences, and other safety needs in classrooms, staircases, bath rooms, garden, yard, sport fields and playgrounds and play equipments.
4. Planning an **accident registry system** including questionnaire, data bank soft ware and a registry system, for selected 24 schools and after those other schools in district 4.
5. Preparing **school safety contexts** for school managers and teachers.
6. Drawing traffic lines and Installing traffic signs, traffic lights, and speed breakers **in front of schools**.

Sports and Leisure:

1. Preparing and using **safety check list** parks, pools, sport clubs and play grounds.
2. **Periodical visit** and improvement hazardous situations.
3. Equipping sport and leisure places with fire extinguishers, first aid kits and other safety need equipments and also light for populated spots in parks, flooring the playgrounds with safe materials and other utilities.
4. Preparing **sport and leisure safety contexts** for these managers and workers, athletes and others.

Natural Disaster:

For reducing the consequences related to natural disasters (especially earthquake in Tehran) or similar severe accidents, a work group forms to following activities:

1. Organizing **crisis management team**
2. Preparing **safety management check list** for severe accidents, crisis and natural disasters
3. Identifying and Planning "Safety promotion program" for old (timeworn) buildings (toward earthquake safe house building) or other high risk location or situations
4. Organizing participatory imaginary manoeuvres for unexpected severe accidents, crisis or disasters.

B- Violence prevention (intentional injuries):

About 7 -11% of hospital admissions in district 4 are related to violence (domestic or street):

1. A qualitative study planning for identifies high risk groups, kinds of violence and complications, and appropriate implementation in these respects.
2. Preparing and using **violence registry system** in the district (in hospitals and other emergency or counselling services) and identifying key information for analysis and appropriate implementations with especial respect to children, women, elderly, handicapped or other invalid persons.
3. Establishment of counselling centres or other utilities for **victims support**.
4. Family education for violence prevention and appropriate behaviours against violence

C- Suicide prevention (self-inflected injuries):

About 8 % of hospital admissions in district 4 are related to suicide. Although about all of these cases are unsuccessful:

1. A qualitative study planning for identifies high risk groups of suicide and these aetiologies.
2. Preparing and using **suicide registry system** in the district (in hospitals and other EMS) and identifying key information for analysis and appropriate implementations with especial respect to youth, young adults, women, elderly, handicapped or other invalid persons.
3. Establishment of counselling centres or other utilities for **supporting services**.
4. Family education for appropriate psychological support (especially in mental health disorders, social or economical failures).

D- Programs aiming at "High risk-groups"

High risk groups Identification is first step for programs aiming. Although, program especially focuses on high risk groups such as children (falling, traffic injuries and violence), youth and young (traffic accidents, violence, and suicide), elderly (falling, violence), women (violence, suicide and home related injuries) and invalids (violence and other accidents).

E- Surveillance of injuries

Accidents data are routinely gathering at emergency rooms in local hospitals, EMS centres, fire fighting and police stations. In accidents surveillance system these unequal data will be integrated in this network. This data gathering will be based on ICD-10.

- Numbers per year: Data are gathering twice a month, about 26 times per year
- Population base: Estimated 20,000 – 30,000 accidents will be gathered each year
- Started year: 2010

F- Publications (Scientific)

G- Produced information material, pamphlets:

SCSC pamphlet: 2 editions, no 17000

Safety points about safe driving booklet, no 1000

Co inhalation poisoning (silence death) pamphlet, no 10000

Safety points about home safety

H- Staff

- **Head:** Eng. A. Javid, the mayor
- **Secretary:** Dr. Sh. Saboonchi, MD
- **Advisor:** Dr. Gh. R. Akbari, MD



Eng. A. Javid



Dr. Sh. Saboonchi



Dr. Gh.R. Akbari

- Professions: 2 part-time, 4 full-time
- Permanent: SCSC staff: 33 peoples, workgroups staff: about 70 peoples
- Temporary: about 30 peoples
- Organization: SCSC (Safe Community Steering Committee) members in district 4 are representatives of all governmental and non-governmental organizations and also popular groups. The members listed at the following:
 - Mayor (head)
 - Municipality (undersecretaries related to injury and safety)
 - Ministry of Health (representatives from health network and hospitals in the district)
 - Municipality Health & Care Network (Safe city Co.)
 - Police (transportation and security departments)
 - Ministry of Education Department in the district
 - Ministry of Roads & Transportation Department in the district
 - Welfare Organization

- Electric power Co
- Water Co.
- Gas Co.
- Fire Fighting Stations
- Medical Emergency Services
- Private companies related to injury and safety
- Safe community experts
- NGOs and Representative from sectional councils
- Popular organizations and general population representatives

I- National/ International commitments:

*- Study visits: First SCSC meeting by presence of WHO representatives, 7 Oct 2008

*- Participation in Safe Community conferences:

- First safe community conference in district 4 *by presence of WHO representatives, 7 Oct 2008*
- Executive and scientific partnership in the first Tehran safe community conference (2008)
- Executive and scientific partnership in the second Tehran safe community conference (2009)
- Regional workshop for safe community guidelines in district 4 (2010)
- Formation of "safe driving-safe community" conference in district 4 (2010)
- Participation in safe community conference of 5 districts designations (2010)
- Regional workshop for "peer education in safe community" in district 4 (2010)