



**Safe Community of the
District 20**



The city is estimated to be more than six thousand years old, and was built during the Median Empire

Name of the Community: Shahr e Rey (District 20, Tehran)

Country:Iran

Number of inhabitants:Population of approximately 335,634 (2006)

Programme started year:2008

International Designation Year:2010

Website for the Program: www.tehransafe20.ir ; www.tehransafe.com ; www.tehran.ir

Full application available: <http://www.tehransafe20.ir/Resources/Folder2/File20.doc>
www.tehransafe20.ir

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The programme covers the following safety promotion activities:

For the age group

Children 0-14 years

- Childhood injury prevention programs for Mothers
- Education/information programs on Home Safety for Families
- Family and Friends CPR and First Aid for Children
- Infant Safety Education and Awareness Programs
- Earthquakes maneuver on children in schools
- Teaching safety topics related to bicycles, seat belts, water, home, fire, etc for students
- Student police (Hamyaran-e-Police) and honorary school mayors visit from national police exhibition
- School Crossing Protection Committee (Koodakan-e-Donya NGO)
- School Safety education programs for Home Safety, Pedestrian Safety, Bike Safety, Fire Prevention and Poison Prevention
- Playground safety promotion
- Works to prevent and reduce gangs and youth violence
- Drug Abuse Resistance Education
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Youth 15-24 years

- Family Guide to Teen Driving Program
- A court ordered educational program for young traffic offenders
- Community and School CPR Courses
- Adolescent Diversion Education Program
- Domestic Violence Prevention group for teenagers
- Risky Business (youth driving/safety/prevention program)
- Task Force on Gangs and Youth Violence
- Suicide prevention workgroup
- Safety education classrooms and safety principles exhibitions
- Construction safe community station in school (Safety School)



Adults 25-64 years

- Occupational Safety workgroup
- Anger Management education
- Defensive Driving Course
- Standard First Aid/CPR Classes
- Crime Prevention Programs
- Self-Care Skills Family Workshop
- Substance Abuse Education and Treatment Programs to reduce the use of alcohol and other drugs
- Prevention of Silent Death (CO Poisoning)
- Mobile consultants for social harm reduction
- Education and information programs on methamphetamine awareness and domestic violence awareness



Elderly +65 years

- To identify of home related injuries
- Fall Protection Education/Information Program:
Related to elder falls
- Elderly care program
- Chronic disease management
- Safe exercise for the elderly
- Safe and Healthy seniors



At the following environments

Home

- Home safety work group
- Educating house holds for potential hazards
- Prevention of silent death (Carbon Monoxide Poisoning)
- Home facilities safety
- Extinguishment educations
- Building safety
- Complete the checklist of home related injuries by the householders



Traffic

- Traffic work group
- Prevention of traffic related accidents for all age group, both sexes
- Stablishment of a Traffic Park
- Education on Traffic Laws For Children
- Re determination of high risk areas by police department
- Involvement of NGOs for raising awareness among the population
- Back seat belt reinforcement in a pilot style in distric 20
- Student police (Hamyaran-e-Police) and honorary school mayors visit from national police exhibition
- The correction of passageways to facilitate the incapacitated people passages



- The correction of cross streets and increase their safety
- Streets and pedestrian crossings lining
- Stabishment pedestrian bridges and increase their safety

Occupational

- Occupational safety workgroup
- Standard First Aid/CPR Classes
- Occupational Safety and Health training programs: Numerous programs targeting various occupational safety issues, e.g. personal protective equipment, lockout-tagout, and many more.
- providing education to employees on how to identify workplace violence

School

- School safety work group
- Educational book distribution
- Periodic safety check list to detect hot spots at the schools
- Determination of hot spots at the schools
- Earthquakes maneuver on children in schools
- Large Gathering of Students in the World Children's Day and Introduction to Safety
- Drug Abuse Resistance Education



Leisure

- Sports and Leisure time safety work group
- Education and information programs on dehydration
- Female Sports program to learn the fundamentals and how to play safe
- Staying Safe: self awareness and protection
- Safety promotion at the play grounds
- Educational Street Theaters
- Painting competitions celebrations with the goal of safety principles education for children

Natural Disaster

- Environment safety & natural disasters workgroup
- An NGO is active in this field.
- Preparedness and responses to the earthquakes for school age children
- Preparedness and responses to the earthquakes for public
- First Aid Training for house keepers
- Educating public for preparing a disaster package

Violence prevention

- Social harmness prevention and harm reduction program
- Prevention of street violence at the public areas
- Education schools' health staff
- There are several non-governmental organizations active in the field

Suicide prevention

- Mental Illness Education Programs on Suicide Prevention
- The activation of NGOs regarding suicide prevention educations
- The suicide prevention workshops in “Saraye-Mahalleh” regional houses for the appropriate audiences like house-keeper women

Programs aiming at “High-risk groups”

- The most important programs of our district safe community
- The activation of traffic, school safety, violence, drug abuse workgroups
- Establishment of activities in these workgroups
- Special attention to the home environment
- The training activities for the women

Surveillance of injuries

- Registration in health centers, EMS center, police stations, fire departments, rescue centers

Numbers per year:

	0 – 14 Years	15 – 24 Years	25 – 35 Years	36 – 45 Years	46 – 65 Years	>65 Years	Total
Traffic	11	32	103	38	27	9	190
Fall	2	5	23	5	4	1	40
Poisoning	2	0	3	5	0	5	15
Death	2	3	7	13	25	75	125
Home	9	14	46	29	23	14	135
Natural	2	9	10	8	5	2	36
Work	0	0	7	3	2	0	12
CO	1	0	1	1	0	0	3
Poisoning							
Total	33	65	203	104	87	106	599

Population base:

About 335,634 inhabitants (Based on the latest census on 2006)

Started year: 2008

Publications

- Safety in streets guide (Book)
- Lawbreaking (Book)
- Children safety guide (Book)
- Peer education (Book)
- Strategic communications (Book)
- Violence and safety (Book)
- Natural disasters confrontation
- Influenza type A prevention guide book
- Safety in sports guide book
- Video film: Dokhtran (about suicide and social harm)

Produced information material, pamphlets

- Peer education package
- High risk behavior
- Silent Death (Carbon Monoxide Poisoning)

- Several educational brochures and pamphlets for multiple age groups

Staff

Number: 9

Professions: part time and full time

Organization:

- **Ghalibaf MB Ph.D.;** Mayor of Tehran City
- **Moazzen Jami MH M.D.;** Head of Steering Committee of Tehran Safe Community

- **Mojtaba Abdollahi**

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- **Hashem Asgaryar**
- **Asghar Moradi**
- **Hamid Reza Hosseinpour**
- **Ahmad Nasiri**
- **Younes Jahangiri Noudeh M.D.**

- **Other collaboration:**
 - Iranian Life Improvement Association (NGO)
 - Koodakan-e-Donya (NGO)
 - Shahr-e-Salem Company (NGO)
 - Golbarg Residential Complex (NGO)
 - Districts' health & care services network
 - EMS
 - Fir fighting department
 - Red Crescent society for the district
 - Education department for the district
 - Traffic police department for the district
 - Police department for the district
 - Road and transportation department for the district
 - Hospitals district 20
 - Department of environment
 - Justice department

Study visits

Twice, By: Dr. Bo Henricson and Dr. Reza Mohammadi



Participation in Safe Community conferences

- 2nd national seminar of safe community, Tehran, 2009
- Safe community guide workshop, district 4 of Tehran, 2009

Hosting Safe Community Conferences

- Safe community educational workshop, district 20 of Tehran, 2010
- Peer education workshop, Tehran, 2010
- Safe driving congress, Tehran, 2010
- Safety in traffic exhibition and workshop, Tehran, 2009