



**Safe Community of the
District 18**



Name of the Community: District 18 of Tehran City

Country: Iran

Number of inhabitants: 404,017

Program started year: 2010

International Safe Communities Network Membership: Designation year: 2011

Designated by European Certifying Centre

Info address for the Program: www.tehransafe18.com

Full application <http://www.ki.se/csp/pdf/applicationreports/district13.pdf>

For further information contact:

Dr. K. Kabir, MD

Social Medical Specialist Safe Community Advisor

Tel: +98 (21) 55683339

Fax: +98 (21) 55683030

Email: kabir.korush@yahoo.com

The program covers the following safety promotion activities:

For the age group

Children 0-14 years

- Establishing traffic educational classes for children safety
- Information technology on violence against children
- Children and teen-agers life skills education
- Psychological consulting on domestic violence prevention
- Emergency evacuation maneuvers in locals

Youth 15-24 years

- Children and teenagers education on safe driving
- Motor cycle drivers education on safe driving
- “Help and rescue” educational classes
- Davam group educational classes
- Locals emergency evacuation maneuvers
- “Tolerating” skills educational classes
- “Control of anger” skills educational classes

Adults 25-64 years

- Information technology on safe driving
- Motor cycle drivers education on safe driving
- Psychological consulting services regarding domestic violence prevention
- “Help and rescue” educational classes
- Emergency evacuation maneuvers in locals
- Emergency evacuation in administrative-business buildings
- “resilience” skills educational classes
- “Control of anger” skills educational classes

Elderly +65 years

- Senior education on healthy nutrition, weight control, osteoporosis prevention, and visual-hearing impairments signs
- Examination and screening tests on visual-hearing impairments
- Establishing stations for senior exercises
- Pioneers sports competitions and senior walking gathering
- Emergency evacuation maneuvers in locals
- Unexpected accidents exhibitions performance
- Helmet usage for motor-cycle drivers

- Helmet usage for motor-cycle passengers

At the following environments

Home

- Emergency evacuation maneuvers in locals
- Safety visits to senior houses
- Psychological consulting services on domestic violence prevention

Traffic

- Geometry repairing at high-risk points
- Children and teenagers education on safety driving
- Motor-cycle drivers' education on safety driving
- Children and teenagers education on safety driving
- Motor-cyclists education on safety driving
- Establishing and mechanization of pedestrian bridge
- Making fit pedestrian passages for people with visual impairments
- Establishing bridges and main roads and passageways dividers

Occupational

- Emergency evacuation maneuvers for district administrative-business buildings
- 'Help and rescue" educational classes

School

- Children and teenagers education on safe driving
- "Control of anger" skills educational classes for teenagers
- Establishing emergency evacuation maneuvers

Leisure

- Public physical exercises with coach for seniors
- Equipping exercise centers with first aid kits
- Exercise centers immunization for disabled

Natural Disaster

- Establishing 6 “ help and rescue” educational classes
- Establishing 8 “ fire control and extinguishing” classes
- Establishing 1 “crisis management opinion promotion” conferences
- Establishing 1 conferences regarding disasters and Davam groups
- Foundation of 8 Davam groups
- Performing 5 preparedness maneuvers
- providing information for 16 local’s emergency evacuation maps

Violence and Social Damages Prevention

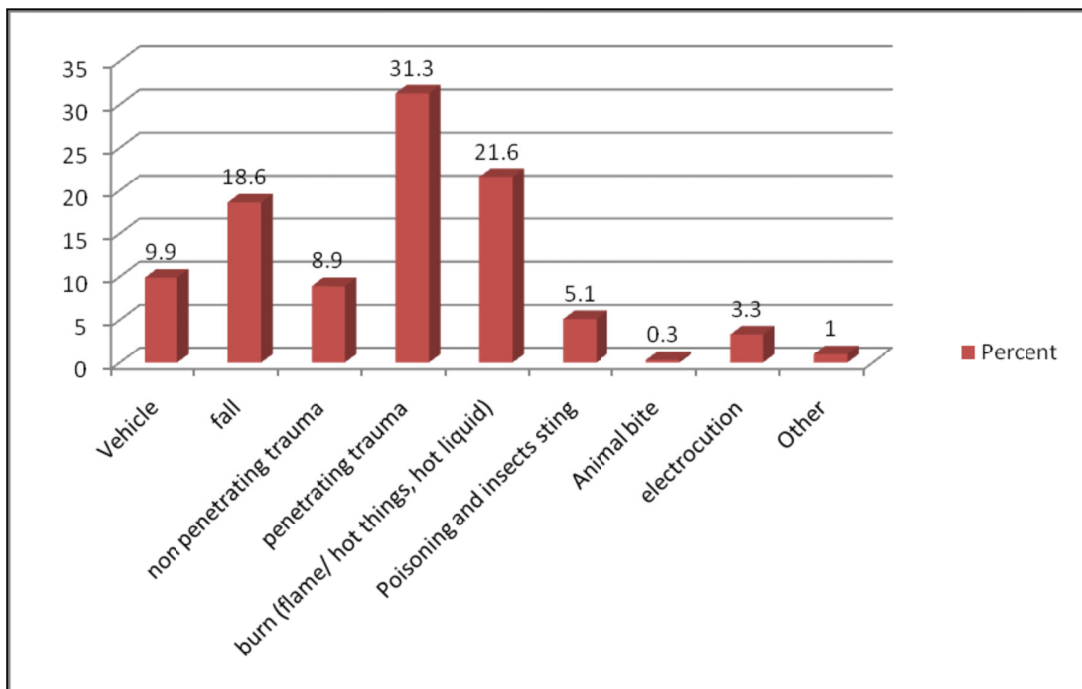
- This group was founded by partnership and presence of representatives from district court, regulatory force police, welfare office, district hospitals, mobilization (Bassij), related nongovernmental organizations, district corps (Sepah), and municipality social deputy in 2010.
- It’s now gathering suitable data with the goal of recognizing effective factors to start interpersonal violence.
- Establishing “Control of anger” and “resilience” life skill classes for district

Programs aiming at “High-risk groups”

- Children and teenagers education on safety driving
- Public education on violence against women and children
- Life basic skills educational classes for women exposed to domestic violence
- Psychological consulting services on domestic violence prevention
- Financial supporting from women exposed to violence and danger
- Senior education on healthy nutrition, weight control, osteoporosis prevention ways in locals’ health houses
- Education on visual- hearing impairments signs
- Foundation of public exercise centers for seniors
- Senior sifting test of hearing and visual impairments
- Harmonizing facilities to safety visit of senior houses
- “Control of anger” skills educational classes for youth
- “Tolerating” skills educational classes for youth
- Exercise centers immunization for disabled

Surveillance of injuries

Data registration system based on data gathered from studies done in district, hospitals, emergency, fire brigade, regulatory force office, and accident registration system pilot results are located in district 18. We use these data to make decision and evaluate our programs. Analyzing the data gathered from different organizations show data registry in various organizations and offices have different approaches. The following charts show accident injuries based on data gathered from district studies. These data shows that effective hit, burn, fall, and vehicles have important roles in the mechanisms of accident incidence



Publications

- Safe community guide-line (1). Fundamental principles
- Safe community guide-line (2). Injuries investigation (translation to Farsi)
- Safe community guide-line (3). A survey of children injuries
- Safe community guide-line (4). Communications
- Safe community guide-line (5). Empowerment
- Safe community guide-line (6). Practical programming
- • Safe community guide-line (7). Membership guide-line
- • Children safety guide-line
- • Peer education: from evidence to practice
- • Guide-line for communities surveys on injuries (translation)
- • How to drive to be safe-booklet

Staff

Organization:

Tehran Municipality Headed by: Dr. MB Ghalibaf, the mayor of Tehran.

Tehran Safe Community council for policy and planning Headed by: Dr. H.Moazzen, the special representative from the mayor of Tehran and the head.

Safe Community Committee at the District 18:

Head: E.Medhatti, the Mayor;

Secretary: H.Ershadi;

Advisor: Dr. K.Kabir , MD;

Members:

Representatives from: Traffic Police, Regulatory Force Police, Non- governmental Organizations, District 18 Social Office, District 18 Traffic Office, District 18 Education Office, Fire Brigades, Emergency.

National / International commitment

- Establishment of district first safe community conference (2009)
- Executive Partnership in the second Tehran safe community conference (2009)
- Regional workshop for safe community guidelines in district 18(2010)
- Establishment of safe driving-safe community conference (2010)
- Establishment of safe community conference in district 18 (2010)
- Educational workshop for accidents registration software
- Participation on safe community exhibition (2011)