Shanghai Yangpu District Changbai Xincun International Safe Community Web Information

Name of the Community: Changbai Xincun Sub-district
Country: the People's Republic of China
Number of inhabitants in the community: 61657 (As of March, 2014)
Safe Community Programme started year: October, 2010
International Safe Communities Network Membership:
Designation year:
Name of the Safe Community Support Centre: China Occupational Safety and Health Association (COSHA)
Name of Certifier: Henk Harberts, Australia
Name of Co-certifier: Guldbrand Skjönberg, Sweden
Info address on www for the Programme: No

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The programme covers the following safety promotion activities:

For the age group

Children 0-14 years:
Focusing on the children's characteristics such as safety consciousness being weak and self-protection ability being poor, the Sub-district Office established the children security plan for the children of 0–14 years old in July 2011, conducting safety intervention work to prevent falling and sports injuries and to promote their self-protection consciousness:

1) To set up the special courses on fire fighting safe escape and traffic safety education in 5 kindergartens in the area of jurisdiction to promote the children's safety awareness and self-protection capability.

2) To bind up the sports facilities with soft materials, lay slip-resistant mats, install windowsill fences, hand safety guards and so on to reform school safe environment and protect children's safety.

3) To conduct questionnaire surveys, safety lectures, schoolyard visits and other activities for parents to carry out the safety propaganda, strengthen the communication between the kindergartens and parents, jointly protect children's safety.

4) To carry out special cares (see below) for special-education children with cerebral palsy or autism, migrant children and other vulnerable groups. From 2011 to the end of 2013, no children injury incidents occurred in the preschool education institutions.

Youth 15-24 years:

a) Program of physicians entering schoolyards (campuses)
The community health center establishes cooperation relations with all education institutions in the area of jurisdiction (5 kindergartens, 3 junior high schools), stations general practitioners into the schoolyards (campuses), carries out the safety and health training for the health care teachers, and guides the students to scientifically prevent injuries. It has built a campus injury surveillance direct report network to monitor the injuries occurring in schools every day, regularly offering guide suggestions against injuries. Through the above work, the office makes the communication between the medical and health institutions and the schools closer, to guide the students' injury prevention work in time.

b) Program of campus quakeproof and disaster-reduction safety education
1) Using the classroom of USST Attached School for quakeproof and
disaster-reduction education, to publicize the earthquake prevention knowledge to the students through multimedia means. To explain the principle of earthquake and general knowledge on danger avoiding with self-written textbooks, which have been used and popularized to other schools in the city by the education administrative department of Shanghai government.

2) To carry out first aid training for the more than 800 teachers and students of the school per year.

3) To jointly organize knowledge contests on disaster prevention and mitigation with other 4 schools of the adjacent communities, and more than 500 teachers and students participated in the contests. Through the Program, more than 70% of the students in Changbai District have mastered the knowledge on quakeproof and disaster mitigation disasters; more and more people are able to have contact with the principle of earthquake and the knowledge on first aid through the Program.

c) Program of campus surrounding environment safety improvement

1) The traffic police detachment deploys special forces to disperse traffic at peaks for and leaving school every day, standardizes the 77 temporary parking spots around the schoolyards (campuses).

2) Changbai Police Station carries out the special rectification to prevent the occurrence of pornography, gambling and drugs around the schoolyards (campuses).

3) The FDA authority conducts regular inspection of the food stores around schoolyards (campuses). The authority mainly punishes the sales of inferior food, "3 Noes" food and expired food. The Program team also works together with cross-border cooperation units to explore the establishment of a long-term mechanism.

d) Program of campus biochemical laboratory safety promotion

Biochemical experiment may involve the corrosion solution such as acids and alkalies, and any improper operation will cause irreparable harm to the students. To this end, the school safety Program team works together with the schools in the community to conduct school biochemical laboratory safety promotion:

1) Conducting an investigation for hidden perils in the junior high schools once a week, they have replaced aging wires of two places, wrapped 3 bare wires, replaced 6 fire extinguishers, installed burglar-proof doors windows for the dangerous chemical storerooms, disposed expired medicines of three boxes, and replaced 5 sets of damaged armors since 2011.

2) 60 pairs of special gloves have been acquired; 60 pairs of special experimental
goggles have been added; an eye bath has been installed.

3) A chemical experiment safety knowledge contest has been conducted, the posts on safety operation rules as well as the possible emergencies and handling methods have been post in the laboratories, the Biochemical Laboratory Safety Accident Emergency Response Plan has been formulated, 2 times of accident handling drills have been carried out, and 100% of the students have participated in.

The campus surrounding environment has been improved, in Changbai District, the students' traffic safety, food safety and personal safety have been under proper protection. In the past more than 2 years, no biochemical laboratory injury case occurred in the schools within the area of jurisdiction.

<table>
<thead>
<tr>
<th>Year</th>
<th>Total of monitored injuries</th>
<th>Number of student injuries</th>
<th>Formation rate (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2011</td>
<td>162</td>
<td>5</td>
<td>3.09</td>
</tr>
<tr>
<td>2012</td>
<td>356</td>
<td>6</td>
<td>1.69</td>
</tr>
<tr>
<td>2013</td>
<td>393</td>
<td>6</td>
<td>1.53</td>
</tr>
</tbody>
</table>

Adults 25-64 years:

a) Program of workplace safety improvement

With wide affected area and strong specialization, workplaces are the high-risk areas of injury accidents. With safety supervision department as the main body, the street workplace safety Program team focuses on the high-risk environment and vulnerable groups, prevents and reduces the injuries through a series of measures.

1) Strengthening safety supervision. Setting up a specialized organization (Safe Production Management Committee) and a special safety production supervision team (10 people) to implement enterprise production safety supervision, in the past 3 years, 10966 personnel were set out for the supervision, and 5109 enterprises/times were inspected, 1548 hidden dangers were found out, and all of them have been corrected. A long-term safety production supervision and management mechanism has been established.

2) Strengthening safety propaganda. In the past 3 years, 1148 migrant workers, 1457 special equipment management and operating personnel, 11 new workers of dangerous chemicals monitored units, and 541 construction workers accounting for 95% of the new workers of the enterprises in the area of jurisdiction underwent the safety training.

3) Conducting safety intervention for the workers of cable companies. Establishing dangerous post worker health records, to monitor the workers' health status, and the coverage rate has reached 100%. The harmful elements and contents at the dangerous parts have been marked with
warning signs. Installing 8 suction devices to discharge the graphite flue gas inside the factory; pasting rubber sound-absorbing carpets on the inside surfaces of the wire drawing boxes to reduce noise; installing iron box outside each aluminum-pressing former to absorb graphite dust for recycling; installing a lead baffle in the X-ray plant room to absorb scattered radiation to protect the staff health.

4) Conducting safety intervention for the idle workshops and zones. In addition to strengthening the safety check and conducting regular safety training, according to the characteristics of the idle workshops and zones, 1.87 million yuan has been invested to transform the substations and electrical wiring systems, and 169 leakage protectors have been installed in the enterprises settling in the zones. 1.8 million yuan has been invested to the safety renovation of old plants to eliminate hidden troubles. The Program conducts hierarchical classification management of the settling enterprises, in the future two years the enterprises not in line with safe production standard will be removed, and total of five companies have been removed so far.

According to statistics data from safety supervision department, in 2012 and 2013 the Sub-district Office achieved the goal of no production casualty accidents.

b) Program of traffic safety improvement

According to the information from the Traffic Police Department, in 2011, in the streets there occurred 14 traffic accidents including 1 death, 5 serious injuries and 10 minor injuries, and the traffic injuries ranked third in the community resident injuries. Therefore, the Sub-district Office set up the traffic safety Program to prevent and reduce traffic injuries.

1) Strengthening the propaganda. In the past 3 years, the traffic police detachment conducted publicity for 28 times in the community, benefiting 1880 residents. It also conducted training to 630 drivers of more than 250 units.

2) Carrying out voluntary service. A volunteer team of traffic safety including 120 residents was organized to assist the traffic police to keep order at the main intersections in the community at morning and evening rushes.

3) The community traffic signs have been improved, the intersection time ratios of the signal lights at the 3 main intersections in the community have been adjusted, and the unreasonable parking lines and lack of traffic signs in the 6 communities have been rectified.

4) Strengthening the law enforcement. In the past 2 years, 171 cases of drunk driving and 412 cases of illegal parking were punished.

By the end of 2013, 14 traffic accidents occurred, 2 cases less than the 16 cases in 2011, seeing a decrease of 12.5%.

c) Fire safety Program
With many old people, old communities and thus a heavy task on fire safety, although no cases of death due to fire occurred in Changbai District in the past two years, several fires happened here every year which caused a certain economic loss, therefore, the fire safety working team has taken the following measures:

1) Strengthen the propaganda. In the past 2 years, the team carried out 45 activities of fire prevention safety propaganda, posted 1126 pieces of Fire Prevention Safety Convention in 1126 entries of the communities, and broadcast the advertisements for fire safety at the main intersections and crowded places of the community.

2) Carrying out fire evacuation drills. In all 52 communities within the residential area, a fire safety drill was carried out every year, achieving 100% coverage, and in the past 3 years a total of 4500 people participated in the drills.

3) 979 spray devices have been installed in the old wooden communities, reaching a coverage rate of 100%.

4) The escape passages of the 56 buildings in the community have been cleaned up to make sure they are unblocked.

5) The Sub-district Office has implemented a pairing mutual aid mechanism for the old people who live alone, helping them to leave quickly when the fire broke out to protect their safety.

By the end of 2013, there occurred seven fires here without casualties, compared with the 12 fires in 2010, and the number fell by 41.7%.

**d) Program of sports safety improvement**

In the community, the people often taking part in physical exercise account for 42.5% of the total number of the community residents (nearly 30000 people), the community health center's injury surveillance data show that sports injury ranks fifth in the community injury occurrence, and for those who often participate in sports, the sports safety Program team has completed the following work:

1) Strengthening the management of fitness venues. A safety management system has been established to strengthen the management of the 25 fitness venues, reaching the coverage of 100%. A hidden danger investigation team has been established to conduct three inspections to the 9 fitness venues per week, and maintain the 23 exercise machines of each venue. A first aid station equipped with emergency rescue medicine and utensils has been set in each fitness venue.

2) All 25 fitness venues in the communities have been deployed with qualified physical exercise instructors to guide to residents to carry out scientific and safe fitness.

3) To conduct sports safety knowledge publicity, 2300 sports safety tips have been distributed, 15 times of first aid training have been held, and the participants have
reached more than 800 person-times, a notice board on fitness equipment safe use has been set up in each fitness venue for the popularization of sports safety knowledge.

In 2013, there occurred 22 cases of sports injuries in the community, compared with the 38 cases in 2009, it dropped by 42.1%.

![Before intervention After intervention](image1)

**Elderly 65+ years:**

a) **Program of old people falling prevention**

Due to reasons such as the body weak, slow response, old people show a higher proportion of falling injury, therefore, the old people Program team set up the relevant safety intervention Program to prevent and reduce the old people's falling injury:

1) In the community, more than 800 meters of stainless steel handrails have been installed on the steps and corridors of the hundreds of doorways in the communities, more than 12000 square meters of rutted road surface has been leveled, 244 lighting devices in the resident corridors and other public spaces have been investigated and repaired.

2) 550 stainless steel handles and 1350 pieces anti-slip mats have been installed in the homes of old people living alone or with living difficulty, 230 four-foot walking canes have been allocated to the elderly older than 80 years old with walking difficulty, covering 80% of the old people living alone in the community.

3) 5 activity rooms for the elderly have been redecorated, in which anti-skid floor tiles have been laid, handrails have been installed on the stairs and corridors, 23 damaged fitness devices have been timely repaired, 15 table tennis rooms for the elderly have been laid with 884 square meters of anti-skid plastic floor.

4) Since 2011, community doctors and health care teachers have come into the communities to carry out 58 times of lectures on falling prevention, taught 30 times of old people balance exercise, encouraging the elderly to carry out the physical training to improve their body functions.

**2011~2012 Comparison of falling/ slipping injuries**

<table>
<thead>
<tr>
<th>Year</th>
<th>Total of monitored injuries</th>
<th>Number of falling/ slipping injuries</th>
<th>Formation rate (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2011</td>
<td>162</td>
<td>93</td>
<td>57.41%</td>
</tr>
<tr>
<td>2013</td>
<td>393</td>
<td>208</td>
<td>52.93%</td>
</tr>
</tbody>
</table>

b) **Program of carer training (Program Evidence-based)**

**Supporting evidence:** the carers refer to people caring the elderly, usually including the old people's family members, maids, nursing workers of welfare homes and so on.
Through investigation and study, Yangpu Xinpu Social Worker Firm found that the carers are under an enormous stress while caring the elderly, so to conduct psychological intervention is helpful to improve the carers' stress tolerance.

**Program content:**

1) Carrying out the nursing skills training. A professional skill supporting team including 14 intermediate social workers and 7 elementary social workers has been set up, and the team has conducted 12 times of nursing skills training for nearly 350 people (times), and the content includes elderly care, first aid, psychological counseling and other basic skills. After training, a skills operation examination has been conducted to inspect the training results.

2) Carrying out theme activities. 10 times of carer salon activities have been carried out for 330 people (times), psychological interview, purpose game, emotional expression, music therapy and other methods were used to relieve the carers' psychological stress and release their depressed mood.

3) Setting up carer groups. The 8 groups include carer communication skills groups, emotional management groups and self energized groups, and they have organized 40 times of activities, helping cares to improve communication skills, release the negative emotions, adjust mood and relieve stress.

4) Experience in welfare home. Using Yangpu welfare home music therapeutic room, the elderly activity room and other institution resources to relax the carers' exhausted bodies and minds, experience the modern nursing institution.

5) Visiting guidance services. The professional nursing personnel of Xinpu Social Worker Firm provide one-on-one visiting guidance services such as professional nursing skills guidance and psychological counseling for the at-home carers with many difficulties.

6) Open the carer hotline. Opening hot lines, providing skills guidance counseling, carrying out psychological counseling and answering questions about nursing.

Through the Program, more than 800 carers in the community took part in the skill training, and after the test, more than 90% of the carers have reached the primary level. The team measured and compared the depression and anxiety indexes of the carers with obvious depressive symptoms before and after participating in the group activities, seeing an obvious improvement.

c) Safety intervention for the old people in nursing homes

Concentrating many old people, nursing institutions belong to the spaces with vulnerable groups concentrated, therefore, to provide proper safety intervention for nursing institutions is of great significance. To this end, the old people safety working team conducts the safety intervention mainly from three aspects:

1) Fire prevention. The whole welfare home is completely covered by smoke detectors and spray devices, and all public areas are covered by cameras controlled by an independent surveillance room in which surveillance specialists
are on 24-hour duty. An obligatory fire brigade consisting of the workers of the welfare home is trained by the fire squadron, including a fire evacuation drill once a quarter.

2) Mental health. The music therapeutic room can simulate the starry sky, increase negative oxygen ion content and offer a soothing music, helping the old people to minus the psychological pressure, loosen bodies and minds.

3) Body rehabilitation. Setting up the rehabilitation and physical therapy center, the rehabilitation center endowed by Japanese consulate has a set of relatively sound the elderly rehabilitation physical therapy equipment, which can improve the old people's physiological functions and the effect of rehabilitation with the help of professional rehabilitation therapists. In addition, the nursing institutions in the community have also organized 8 times of nursing skills training, 7 times of salons, a theme activity, 25 team activities for more than 1100 volunteers (person-time) working at the old people’s homes in the community, achieving a positive interaction. Since 2011, no accident injuries have occurred to the old people living in the nursing homes.

d) Fire safety intervention for old people living alone

For the 1362 old people living alone with weak escape ability within the neighborhood, the Sub-district Office (coverage up to 100%) arranges one-on-one liaisons that can help the old people to timely leave when emergencies occur, winning valuable escape time for them.

Violence prevention

Changbai Community has a good public security, no mass violence in recent years, but injuries due to disputes still exist, in 2011 community disputes led to 56 cases of injuries, accounting for 21.97% of all kinds of disputes. To this end, the Sub-district Office violence prevention working team has carried out the following work:

a) Focusing on the violence cases caused by community disputes:
   1. Establishing a special dispute mediation center to unblock the appeal channels for handling resident disputes.
   2. Arranging full-time lawyers to provide free legal consultation for residents twice a week.
   3. Holding legal propaganda activities once every six months, regularly organizing mediators to carry out the legal and mediation knowledge training.

b) Against the cases of domestic violence: the Sub-district Office founded the "mother love" psychological counseling service team to conduct psychological intervention for the women living in the community suffering from domestic violence through interview and telephone appointment, in the past 2 years, the team carried out psychological counseling for more than 30 people (times), and conducted emergent intervention against the families with domestic violence, to prevent them to suffer the secondary injuries.

c) Against the cases of campus violence:
1. Establishing strict guard management system to prevent criminals from entering the campuses (schoolyards);
2. Installing alarm systems in both gatehouses and the principal's offices, once violent people try to crash into the campuses (schoolyards), the relevant personnel can immediately notify the public security departments to intervene timely.
3. Strengthening the prevention measures, if there is a tendency to violence among students, the surrounding classmates and teachers will advise against it, and the teachers properly conduct the students' ideological work, guide them to respect each other, keep calm and rationally deal with the problems.
4. The schools regularly carry out the courses of legal system, analyze the campus violence cases, propagandize legal knowledge, and strengthen their consciousness to obey the law.

The injury cases caused by community dispute fell from 56 in 2011 to 35 in 2013, seeing a drop of 37.5%. In the 3 years (2011-2013) there were no student injury cases due to school violence in Changbai Community.

A.6 Suicide prevention: Generally speaking, the residents of Changbai Community show a very low possibility of suicide (no suicide in the past 5 years), so we have conducted certain suicide prevention against the high-risk groups, but don't take it as an important Program to intervene.

B. Description according to the dangerous environment

B.1 Program of Kongjiang Road railway crossing traffic safety intervention
Kongjiang Road railway crossing has a complex traffic situation, and in 2010 two disputes were triggered because vehicles fighting for the lane with pedestrians, but no casualties were caused. The residents urgently called for relevant department to improve the traffic environment at the railway crossing. Since 2011, the traffic safety working team has taken it as one of safety intervention Programs:

1) The lane for bikes on over-bridge has been widened from the original 30 cm to 50 cm, to facilitate the pushing of non-motor vehicles. The two hollows on the perimeter of the railway crossing have been filled. 28 meters of motor vehicle fence has been installed on the middle line of Kongjiang Road to avoid the traffic chaos caused by vehicles temporarily turning around.
2) 3 traffic safety publicity boards have been set besides the railway crossing and on the over-bridge to guide residents to willingly walk via the pedestrian bridge when the trains pass through.
3) The team has conducted railway crossing propaganda to the 4 community committees and community units along the railway batch by batch and community by community, covering 6330 residents (times) living along the railway.

As of March 2014, the regional traffic status improved markedly, people and vehicles passed through in order, and there were no traffic disputes and injury accidents.

B.2 Program of dangerous house danger elimination and reinforcement
In the process of risk identification, the home safety team found that buildings 206-211 in Changbai Village 1 had become dangerous houses because of high ages.
and bad maintenance, with serious hidden dangers. Then the team took the following emergency measures:

1) Organizing residents to evacuate, organizing construction team to reinforce the houses 206 and 208 within two months, organizing the residents to move back after the professional test agency issued the safety reports.

2) A hidden danger investigation mechanism has been established for the 101 old public houses within the community, and the inspection is conducted once per month, and once a hidden danger is found, a rectification will be implemented immediately.

**B.3 Program of old public house spray device maintenance and repair**

In Changbai Community there are a total of 101 half-timbered buildings, accounting for nearly 10% of all the buildings in the community. Focusing on the status of that half-timbered buildings lack fire control facilities and ability, the team has installed 1000 spray devices for the old buildings, achieving a full coverage. At the same time, the team signed a maintenance agreement with a specialized company to provide annual repair and maintenance for the spray devices, as of March 2014, a total of 65 spray devices were repaired or replaced, achieving the integrity of 100%.

**Programs aiming at "High risk-groups":**

**Program of special-education children safety promotion**

Due to the birth defects such as mental retardation, slow response and psychological autism, special-education children belong to the vulnerable groups prone to injuries. The child safety team cooperates with Anshan Kindergarten to offer safety intervention for the special-education children group.

1) Building fire escape special channels in the classrooms for special-education children to shorten the time of fire escape.

2) Covering the walls of the special-education classrooms with soft materials, laying ground mats in the classrooms.

3) Specially designing safety education courses mixing general and special children education characteristics, including safe measures of fire fighting, transportation, public security, etc.

4) Establishing special-education children health records, providing psychological teachers and special mental healing classroom to conduct mental health intervention for the special-education children.

5) Regularly communicating with the parents on the children's performance in kindergartens, timely discovering their bad mood and behavior tendency, carrying out target-oriented psychological intervention.

As of March 2014, no injury occurred to the special-education children in the community.

**Program of the disabled safety promotion**
In Changbai Community there exist 1491 disabled people, and the Sub-district Office in June 2012 set up the disabled people safety promotion plan to prevent and reduce the injury accident of the group, improve the disabled social sense of belonging and psychologically healthy degree.

1) Provide auxiliary appliances. 761 pieces of auxiliary appliances have been granted to the 635 disabled people, 73 sets of hearing aids have been granted to 73 hearing disabilities, 48 disabled people have been equipped with prosthesis or orthosis, 85 people have been equipped with low vision aids, and some free barrier-free facilities have been installed for the 44 families of disabilities.

2) Provide home health services. Cooperating with the community health center, the Sub-district Office has helped 370 disabled people to enjoy a free physical examination, and helped 74 severely disabled people to enjoy the home physical examination service. The office has helped 85 people with poor eyesight to enjoy the low vision screening services. The office has guided 6 blind people to pass the examination after directional walking training. The office has assisted 5 limb disabled people to receive rehabilitation training.

3) Exercising life skills. Setting up the simulated kitchen and living room in the "sunshine home", under the guidance of the management personnel, the disabilities are trained to safely turn on and turn off the gas switch and to use cutting tools and to complete other daily housework in kitchen.

4) Yangpu District Mental Health Hospital arranges professional doctors to provide mental health tracking service for the disabled people in the "sunshine home" once every two weeks.

5) Providing volunteer services. The "sunshine home" conducts cross-border cooperation with four volunteers groups from Fudan University, Shanghai University of Sports and other universities to carry out theme activities 2 times a week to help the disabled people to relieve mood, build self-confidence, and integrate self into the community.

Program of solitary old people mental health intervention (Program (Evidence-based))

Supporting evidence: In 2012, the postgraduate and doctoral research team led by Geng Wenxiu professor from institute of psychology and cognitive of East China Normal University (Shanghai) conducted mental intervention for the 50 solitary old people with different degrees of psychological problems who live in Ziteng Community, Tongxin Community, Kunshan city, Suzhou Municipality, the methods included art training, practicing tai chi chuan and so on, and through the intervention, the old people's psychological problems were eased, so the team concluded that cognitive training, art training and other intervention methods can better improve the mental health of the elderly people with psychological problems.

The Program content:

1) On-surface intervention. Giving 10 lectures on psychological health for all the solitary old people in
the five residential areas, making 2 propaganda display boards, issuing promotional materials each quarter, carrying out two great consulting activities, and more than 500 old people have participated in the activities, exceeding 1/3 of all the old people living in the sub-district.

2) Core team intervention. Pairing with 60 old people older than 60 years old living alone, organizing 30 times of 1-hour-long combining with craft, games, music, or psychodrama and other therapies for the elderly to relax mood.

3) Seeking the old people with obvious paraphrenia systematiea and seclusiveness in the sub-district and forming a list, and arranging the team members to conduct one-to-one intervention for the 25 old people with psychological problems, so far 16 old people have received the intervention.

The specialized psychological questionnaire shows that the old people's psychological health problems have been relieved to some extent.

Program of cancer women safety promotion (Evidence based)

Supporting evidence: Since 1996, Beijing Cancer Hospital has successively implemented a tracking survey for more than 50000 different types of cancer patients, and found that 56% of the patients have serious symptoms of mental anxiety and panic resulting in the very unsatisfactory curative effect, and the positive psychological intervention may directly affect the rehabilitation effect of cancer treatment. In order to encourage the women with cancer to regain confidence in life, the Sub-district Office set up the Program of psychological care of cancer women in March 2011.

1) Carrying out the "Long love home" club activities including the main contents include health lectures, psychological consultations, cultural and artistic performances, benefiting more than 300 people.

2) Providing mental health counseling. Presenting a "long love home service contact card" to every female patient, making appointments with the psychological consultation experts for the patients, providing guidance on the issues such as marriage and emotion, parent-child education and workplace decompression.

3) Conducting health self management activities. Inviting the members recovered or in a stable condition as examples to communicate with the new patients, providing methods for new patients to build confidence, in the past 2 years, 6 communication activities have been carried out.

4) Expanding activity areas. Through QQ, network BBS, etc., extending the psychological care from "online" to "offline", establishing the female patients self-help, self-teach, self-entertainment care service network, guiding the patients to conduct activities independently.

The members of "Long love home" club have increased from 17 to 52, helping three new patients to pass the psychological crisis period (the first 3-6 months of cancer is the psychological crisis period). Since the beginning of the Program, more than 1000
women have enjoyed a wide range of mental health counseling.

**Program of "Reading partner" migrant children summer safety education**

Most migrant children have a weak safety consciousness, and without adults to look after them during summer vacations, they are easy to be hurt by accidents such as electric shock and drowning, therefore, the children safety working team works together with the volunteer team of USST to create the Program, providing education on safety and health for the migrant children, helping them to get away from injuries.

1) Cooperating with Shanghai Shangwuyuan Industrial Co., Ltd., the team hires some professional martial arts instructors to provide free training for 15 migrant children, teaching them self-defense skills to strengthen their physique.

2) Cooperating with the sub-district judicial office, the team carries out the law-popularization activities according to the characteristics of the adolescents.

3) Setting up anti-drug publicity movable classrooms to help the children to understand the hazards of drugs and stay away from drugs.

4) Opening interactive course of "family first aid knowledge" to teach them the first aid methods against the accidents such as fracture, burns and sprains, granting professional books such as Emergency Care.

5) Carrying out the safety comic creation activity, the team has collected more than 40 original cartoon rough sketches on safety.

Since the Program was started, no accident injuries occurred to the migrant children in the sub-district within the three consecutive years (2011-2013).

**Injury surveillance**

1. Injury surveillance system
   a) Primary injury surveillance point: Changbai Community Health Service Center.
   b) Auxiliary injury surveillance points: 26 points in the community including 15 offices of the residents' committees, 1 hospital, 3 schools, 4 kindergartens and 3 key surveillance units.
   c) Injuries occurring in the professional fields such as production, transportation and fire fighting: the injuries shall be recorded by professional departments, and semiannually passed to community health center via the street safety promotion office.

2. Injury surveillance procedure
   a) The residents receiving treatment due to injury shall be recorded by the community health service center.
   b) The schoolyard injury accidents shall be recorded by the schools and kindergartens, and summarized and reported to the community health center via the school absence network every day.
   c) Every other auxiliary surveillance point fill the *Injury Surveillance Form* (all original surveillance forms shall be maintained by the community health center for 5 years), reported to the Sub-district Creating Safety Community Work Office on 5th
of every month, and then summarized and submitted to the community health center by the office once every six months.
d) The production accidents shall be recorded by the safety supervision department; public security cases shall be recorded by Changbai Police Station; fire accidents shall be recorded by the fire control team; all the injury records above shall be summarized by Sub-district Creating Safety Community Work Office once every six months, and submitted to the community health center.
e) The community health center shall input all the collected injury information into the database after screening, and implement docking with the District Center for Disease Control.
f) The District Center for Disease Control shall annually analyze the injury surveillance data collected, and issue the annual "Injury Surveillance Report (shall be maintained for at least 5 years) and feed it back to the street safety promotion office and finally to the Program teams after it is examined by Changbai Sub-district Creating Safety Community Work Leading Team, as the important reference for the identification of hazards and the evaluation of Program intervention results.

3. The number of injuries in each year:
120 injuries was monitored in 2011
356 injuries was monitored in 2012
393 injuries was monitored in 2012

4. Beginning and end time of surveillance: the injury surveillance is begun on January 1 of the year and ended on December 31 of the same year.

V. Publications:

a) Made information materials:
1. 2 safe community nameplates
2. 120 safe community banners
3. 180 safe community publicity boards
4. 1500 safe community publicity handbags
5. 1 safe community exclusive web page
6. 1 safe community feature film
7. 120000 safe community publicity materials

Staff for safe community establishment:
Photo of the head:

JiangYong
Director of Changbai Xincun Sub-district Office and Head of Leading Group of Safe Community Construction

Total number: 111
Numbers of professionals, part-time or full-time personnel: 84
Number of formal staff: 3
Number of temporary staff: 5
Leading institutions of safe community establishment:
Leadership units: The Changbai Subdistrict Office.
Organization: The Changbai Subdistrict Office, Police Station, Community Health Service Center, The No.2 Traffic Police Squad of Yangpu District, the Junior High School affiliated to University of Shanghai for Science and Technology, YangPu Welfare Center, Anshan Kindergarten, Antu Hospital, Shanghai Fujikura Cables Co., Ltd.

General public health/health promotion group:
1. Home safety Program team(8 people)
Leadership units: The Sub-district Municipal Affairs Office, Judicature Office and Police Station.
The main composition units: Shanghai Yangsha Property Management Co., Ltd, the Sub-district Office of Patriotic Health Campaign, Shanghai Shanghui Law Firm, Shanghai Jinhu Law Firm, various neighborhood committees and Shanghai North Gas Company.
2. Workplace safety program team (9 people)
Leadership units: The Sub-district Security Surveillance Office.
The main composition units: Shanghai Fujikura Cables Co., Ltd and the Industrial Park of Shanghai No. 1 Wool & Fiber Machinery Factory.

3. Traffic safety program team (9 people)
Leadership units: The No.2 Traffic Police Squad of Yangpu District.
The main composition units: the Sub-district Comprehensive Public Security Office, the Police Station of Railway Freight Station of Yangpu District, the Railway Freight Station of Yangpu District, the terminal station of No. 22 bus, and the volunteer group of traffic safety.

4. Fire safety program team (5 people)
The main composition units: Changbai Police Station, the Sub-district Comprehensive Security Office, and 15 residential quarters, enterprises and public institutions in Changbai Sub-district.

5. Children's safety program team (5 people)
The main composition units: the Sub-district Women’s Federation and Anshan Kindergarten.

6. School safety program team (10 people)
The main composition units: the Sub-district Social Development Office, .
The main composition units: the Junior High School affiliated to University of Shanghai for Science and Technology, Dongguangming Middle School, the Fire-fighting Squad of Yangpu District, Changbai Police Station, Community Health Service Center, and No.2 Traffic Police Squad of Yangpu District.

7. Old people safety program team (15 people)
The main composition units: the Sub-district Social Insurance Office.
The main composition units: all neighborhood committees, the Community Health Service Center, the Sunshine Community Affairs Administration Center and the Association of the Elderly People of Changbai Sub-district, the working group with the research team of Professor Geng Wenxiu at School of Psychology and Cognition, East China Normal University.

8. Sports safety program team (4 people)
The main composition units: the Sub-district Social Development Office.
The main composition units: Changbai Sports Club and the Administration Office of Neijiang Park.

9. Disaster prevention & reduction program team (8 people)
The main composition units: the Sub-district Disaster Prevention and Reduction Office and Municipal Affairs Office.
Specific cross-sectoral leadership group for safety promotion: Shanghai Machinery Factory, Shanghai Wentong Property Management Co., Ltd, Shanghai Yangsha Property Management Co., Ltd, University of Shanghai for Science and Technology, Huping Municipal Engineering Team and the Neighborhood Committee of USST.
**International communication:**

**Information about Changbai Xincun Sub-district Office participating in the meetings on safe community establishment and exchange visits**

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<tr>
<td>1</td>
<td>Visiting Kongjiang Road Sub-district Office, learning experience in safe community establishment</td>
<td>Kongjiang Road Sub-district Office, Yangpu District, Shanghai</td>
<td>Feb, 2011</td>
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<td>2</td>
<td>Participating in the national training class on safe community standard and establishment methods</td>
<td>Hainan</td>
<td>May, 2011</td>
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| 3   | Attending the site visit meeting on Siping Road Sub-district Office of Yangpu District establishing international safe community | Yangpu District, Shanghai
Siping Road Sub-district Office | June, 2012 |
| 4   | Attending special topic training meeting on national safe community     | Shanghai                                                                | August, 2012 |
| 5   | Attending the national conference on safe community building and the international safe community designation ceremony | Xi’an                                                                   | November, 2012 |
| 6   | Participate in safe community training                                 | Shanghai                                                                | June, 2013 |
| 7   | Participate in the training organized by Shanghai Safe Community Promotion Center | Shanghai                                                                | August, 2013 |
| 8   | Holding Changbai Xincun Sub-district International Safe Community site visit Meeting | Shanghai                                                                | March, 2014 |