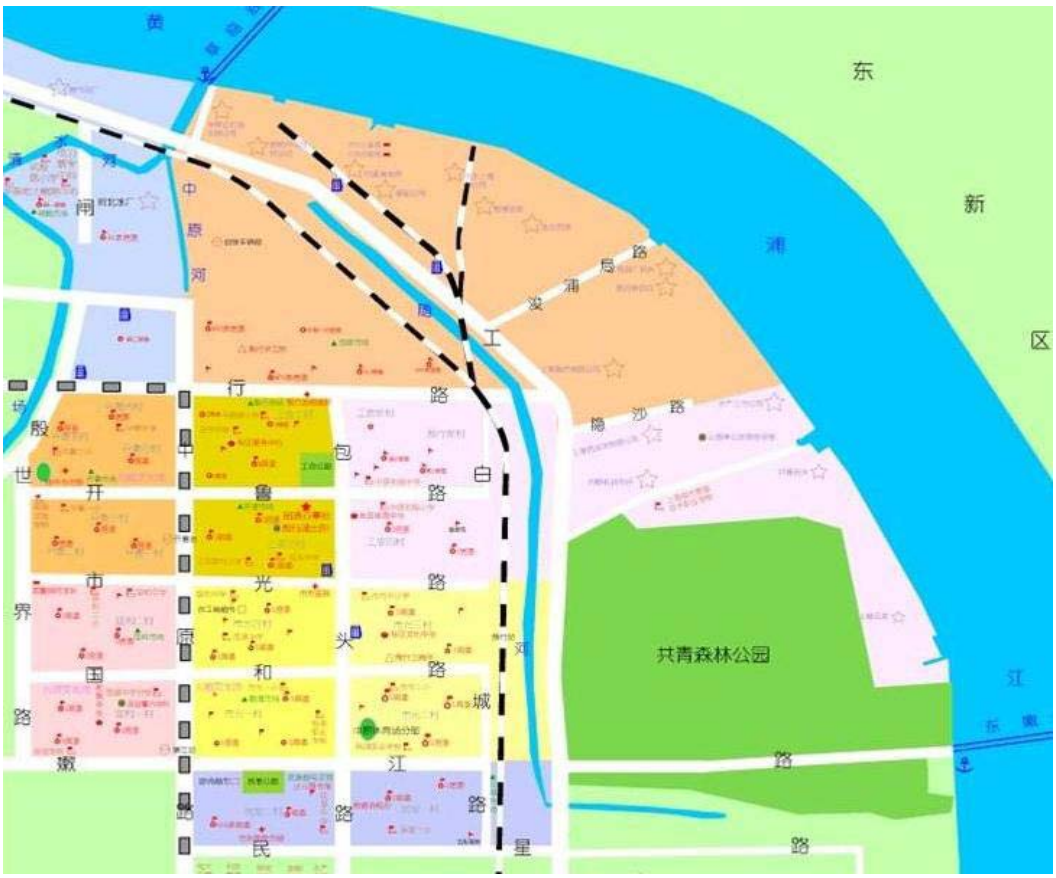
職業安全健康局
Occupational Safety and Health Council

Occupational Safety & Health Council, Hong Kong SAR, China

Certifying Centre for Safe Community Programs

On behalf of the WHO Collaborating Centre on Community Safety Promotion,
Department of Public Health Sciences Division of Social Medicine, Karolinska Institute, Sweden



1.Basic information

Community name : Yinhang Community

Country : The People's Republic of China

Residents : 143,679

Start-up time ：October , 2008

Confirmed time of WHO：2011.5

Community website ： www.yhaqsq.com

2. Contact

Contact: Ju Jianqiu

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3. Safety promotion projects

3.1 Injury intervention for children between 0-14

3.1.1 Ultraviolet radiation prevention project for kindergarten kids

The survey has found that there were 11 out of 15 kindergartens without installing protective cover of power switch of the ultraviolet lamps in the classrooms. Mishandling would lead to radiation injuries to kids. The sub-district generalizes the advanced experience of the children's safety facilities from Zhongyuan Kindergarten and puts in RMB20,000 to support all the kindergartens in the community to install protective cover of the ultraviolet lamp switch.

3.1.2 Psychological health promotion project for primary, middle and high school students

The sub-district carries out psychological health promotion project of student at Zhongyuan High School, Siyuan Middle School and Kailu No.2 Elementary School and further generalized a series of psychological health promotion measures.

◆ Set up psychological reading room. Buy books on psychological knowledge for students to read.

◆Set up psychological evaluation room which is equipped with special instrument and sand table to make psychological evaluations of students.

◆Set up psychological consulting room which helps students to solve psychological problems.

◆Compile the "Innermost Thoughts and Feelings" tabloid which provides students with methods and approaches for improving psychological health.

◆Set up innermost thoughts and feelings mailbox and "Happy Cabin". Solve psychological problems and concerns for students.

◆In light of psychological characteristics of students of different grades, compile the teaching proposal which shows respect and understanding for students and teach psychological education course.

◆The programme named "Space for Heart and Soul" is broadcasted every month and "Psychological Activity Week" is held every semester.

◆Hold the parents' forum and the parents' psychological knowledge speeches. On the parents' day, the inspections are organized, and the home-school contact cards are distributed in order to make parents understand the psychological problems of their kids and participate in the intervention activities.

"Innermost Thoughts and Feelings" tabloid

psychological consulting room

psychological evaluation room

3.1.3 Safety promotion project for sport activity of schoolyard

Each school respectively compiles the sport activity injury intervetion plan. During sport activity there should be a sport teacher for direction at site. Unsafety behaviors shall be timely corrected. Share experience through communication with other schools and generalize effective sport injury intervetion measures.

Safety precaution facilities and warning signs are set up at the sport activity place and passages with dense flow of students.

Injury prevention of school's sport activity facilities

Warning signs against slippery at passages at schools

3.1.4 Safety promotion project for students on the way to school/home

A long-term mechanism with the cooperation of the police and traffic management assistants is established by the community to maintain the safety of students on their way to school/home. Blockage at the school gate is evacuated to improve traffic order.

3.1.5 Safe bike-riding project

◆Traffic police provide walk safety education and teach the safe riding knowledge to students over 12 years old especially the children of migrant workers.

◆Hold experience activity of traffic safety for students. Students in the community are organized to carry out the activity of "little traffic policeman".

◆Traffic assistants and volunteers are organized to distribute traffic safety manuals to riders by on the road.

3.2Injury intervention for youth people from 15 to 24

3.2.1 Safety education project of production and business places

Organize persons in charge of production and business units, safety officers, and specific category equipment management and operation persons to participate in training and retraining, of which content includes laws and regulations, safety requirement, accident and injury cases analyses, etc. Migrant workers especially migrant construction workers are one of the key parts of the trainees.

3.2.2 Nursing safety skill training of the employees of senior nursing homes

There are over 1,000 employees working at senior nursing homes and other service industry in the community. More than 80% of these employees have been trained, including first aid skills, emergency response and safety service.

3.3 Injury intervention for residents from 25 to 64

In order to improve the balance function and prevent from slip or fall down, the middle aged/aged are organized to do traditional Chinese body-building exercises.

◆Teaching Tai Chi: Specialists from the Martial Art College of Shanghai Sport University taught new Tai Chi exercises to 60 middle/aged persons and gradually promote the scientific body building method. Prior to teaching, the trainees attended physiological, biological, chemical, and psychological tests. After half year's exercise, they were tested again to compare to results. During teaching process the health of the trainees was continually tracked. Through energy metabolism test, the energy metabolism changes of individual heart and lung was reflected.

◆In 9 residential quarters, body-building Qigong classes and exercise centers are set up. The whole community has established 125 recreation and sports exercise teams of middle-aged and elderly people, with the number of participants being more than 3,000.

◆ We established 9 representative teams for the "muscle-bone strengthening exercise". More than 1,500 middle-aged and elderly people learnt this exercise.

◆There are 58 neighborhood fitness centers, where 230 community sports guidance administrators help middle-aged and elderly people with safe body-building.

3.4 Injury intervention for the elderly over 65

3.4.1 The Silver-Hair Safety Activity

On the special-purpose social security cards for taking buses granted to 18,400 elderly persons over the age of 70, we clearly wrote their home addresses, main diseases, persons to contact, telephone numbers, etc.

3.4.2 Establishment of the service center for the aged and the respecting and caring operation team

The service center for the aged provides services such as residential nursing, meal assistance, and daily care, etc. 12 full-time caring persons give one to one caring to 284 alone-living aged persons of specific difficulties of living. 65 housework persons offer ten assistances to 3,004 aged people with related demand, including meal assistance, bathing assistance, cleaning assistance, medical assistance, transport assistance, emergency assistance, entertainment assistance, safety assistance, study assistance, chat assistance.

3.4.3 Leqi Social Worker Service Cente

Leqi Social Worker Service Center is a social organization engaged in pushing forward the development of social welfare works of the aged, through service purchased by the government. It provides professional social worker service to nursing homes and communities, assists the aged service center to recruit, train and supervise the volunteer workers.

3.4.4 Volunteer service team

Volunteers from the aged person committee of the sub-district consist of the community residents provide emergency aid, safety inspection and law-assistance services for the along-living aged person and elderly families with related demand.

Medical service volunteers from the health service center of the community provide medical service, medicine delivery, hospital examination, health guidance, and psychological consultation, etc., for 150 aged with inconvenience.

College student volunteers from Shanghai Sport University provide professional massage to relieve muscle fatigue of the aged, promote run of vital energy and blood and lubricate joint.

Moreover, volunteers also come from middle/elementary schools and army resided in the sub-district.

3.4.5 Environment improvement to prevent the aged from falling and slipping

◆Install handrails for the corridors in residential buildings, and assisting handles in family bath rooms for the persons with inconvenience such as the aged, etc. Repair and recover bumpy roads.

◆ Anti-slide and warming shoes were distributed to all aged persons (over age 80). Anti-slide pads were distributed to the aged persons living alone.

3.4.6 Prevention from falling/slipping of the aged at nursing homes

◆Strengthen publicizing and education training: social workers, volunteers and doctors from health service center held safety and health knowledge lectures for the aged at nursing homes. Employees of nursing homes in the community were trained on safety nursing skill for the aged, only those who were qualified were allowed for work.

◆ Organzing physical exercises : professional nursing workers are required to lead the aged to participate in outdoor exercise at fixed time each day.

◆Improve the hardware facilities of nursing homes: provide the aged with walk aid tools such as wheel chair and walk aid, etc. Double handrails are installed at the passages to help the aged to walk.☐ Equip startup beds and warning lamps on the head of beds. Improve anti-slip material of the floor and add chairs in bath room and toilet. Add chairs and body-building facilities in the yard. Replace all floor boards in the room to avoid falling/slipping caused by uneven floor. Reduce beds and increase public area in the room to avoid congestion. Set warning marks at all exits, entrances and corners.

3.4.7 Fireproof safety action for the kitchen of elderly families

◆More than 5,000 timing alarms have been distributed to elderly families.

◆ Community firefighting assistants and volunteers check the gas appliances, the electrical appliances and electrical wires for alone-living aged, and provided fireproof and disaster prevention knowledge.

4. Various safety promotion projects

4.1 Children safety promotion

4.1.1 Children safety publicizing and education

Since 2009, experts have been invited to teach related safety knowledge and guide the evacuation drill training at the kindergartens for over 10 times. Over 1,100 copies of safety brochures were distributed to the parents, and more than 3,000 person-time parents were educated on children safety knowledge.

4.1.2 Safeguard for children activity at kindergartens

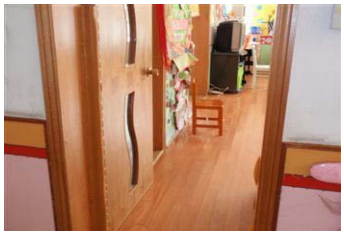
Organize the kindergarten to carry out checks on children safety hazards at regular intervals, and self-inspection and rectification to safety facilities for

children.

4.1.3 Add safety prevention facilities.

Anti-clamping device on the door and safety prevention/protection bars are installed at all kindergartens.

Safety protection/prevention bar



Anti-clamping device of door

4.1.4 Carry out kindergarten protection activity

A kindergarten protection team made up of social workers, community volunteers and parents was established in April 2010 to ensure the safety of children entering and leaving kindergartens.

4.2 Violence intervention

4.2.1 The project for preventing house break-ins

◆Prevention and control by the masses. The residential committee cadres and volunteers patrol in the residential quarters everyday, carrying out anti-theft publicizing via broadcasting.

◆Carry out “three-year infrastructure development plan for preventing house break-ins in residential quarters of Yinhang Sub-district”. The plan includes the installation of barbed fencing, anti-climbing facilities on downpipes, anti-theft steel gratings, electrically-controlled burglarproof doors and anti-theft devices on bike and electrical bike parking stops.

4.3 Injury intervention for the handicapped

4.3.1 Handicapped assistance action

◆Provide free physical examinations to the handicapped. Free cataract

surgery are offered to the visually impaired. Install accessibility facilities for the pysically handicapped households.

4.3.2 Extension of the sunshine brand

Set up the Sunshine Workshop which provides labor skill training for the mentally handicapped and helps them undertake simple labor work. Set up the Sunshine House which provides a platform for the handicapped to show their capacities. Set up the Sunshine Heart Park which carries out psychological consultation to those with mental disorders. Set up the Sunshine Occupational Rehabilitation Aid Base which provides occupational training and instruction.

4.4 Traffic safety promotion

4.4.1 Safety passage of Kailu No.6 Residential Quarter

◆During rush hours, the vehicle/passenger flow on the Yinhang Road section near Kailu No.6 Residential Quarter is very heavy and is liable to incur traffic accidents. Traffic Police Brigade 6 set up zebra crossing, slowdown signs on Yinhang Road to standardize walking routes, and remind drivers to slow down. The community volunteers are organized to accompany the aged and children to cross the road during rush hours.

4.4.2 Publicize traffic safety over communities, schools and enterprises

Since 2009, 48 traffic safety publicizing courses have been taught in the community school to more than 7,000 teachers and students. 59 publicizing campaigns were held in the community to educate more than 1,080 residents. 18 lectures held in units to educate more than 400 drivers. The accident slides have been played for 10 times. 148 safety posters have been pasted, and 43 traffic safety bulletin boards set up.

4.4.3 Improve traffic signs throughout the community

◆Improve the traffic lights and add traffic safety warning signs.

◆Repair the sidewalks where people easily fell down.

◆The police force is sent to key point junctions to reinforce the non-motor vehicle management.

◆Reinforce the patrolling force during the morning/evening rush hours.

The traffic management assistants cooperate with policemen to instruct non-vehicles and pedestrians.

4.5 Fire prevention

4.5.1 Residence firefighting safety publicizing education training and volunteer plan

◆The residence firefighting safety publicizing activities are carried out in each neighborhood block throughout the community at the 3rd weekend of each month.

Residential committees carried out firefighting safety blackboard evaluation

Training for how to use fire extinguisher

◆Establish a firefighting volunteer team of 302 persons to patrol the residential quarters where the firefighting safety hazards may easily occur.

4.5.2 Rectification and improvement project for fire hazards in corridors of residential buildings

◆Carry out firefighting rectification and improvement for highrises and hypoge.

◆Organize the community residents to carry out firefighting evacuation drills.

4.5.3 Firefighting safety promotion for the Nine Categories Small Scale Enterprises

◆Set up firefighting publicizing show windows and distribute safety

brochures.

◆Safety hazards, such as huddling flammable materials and using fire and power against regulations, have been supervised, inspected and rectified.

◆Organize and carry out training of firefighting knowledge and skills. The training of firefighting safety knowledge and extinguishing skills has been carried out for related personnel at the Nine Categories Small Scale Enterprises.

◆The Nine Categories Small Scale Enterprises with serious fire hazards or breaches of firefighting regulations and rules were exposed. The laws and rules are explained with related cases to warn with the bloody accidents.

4.6 Safety promotion for residence

4.6.1 Residence safety publicizing and education

Community safety manuals involving 10 aspects such as fire disaster prevention, coal gas leakage prevention, sliding and slipping prevention, anti electric shocks and emergency rescue knowledge have been distributed to 65,000 residents.

4.6.2 Safe usage of residential fuel gas

The fuel gas assistants visit 40 households each day, and check the safety of fuel gas pipes and kitchen ranges for residents so as to repair in time. The coal gas energy saving and windproof safety covers are distributed to residents to prevent carbon monoxide poisoning.

4.7 Mental health care

Set up psychological intervention work station such as “Juanzi psychological hotline” to serve the psychology of residents in need of help, and timely eliminate various psychological doubts and troubles.

4.8 Woman and children legal assistance work station

Establish woman and children legal assistance work station to provide legal service to them. Each quarter the sub-district women’s federation holds the study and analysis meeting for promoting the work of fighting family violence, together with the police stations. New

measures are taken in light of new situation to resolve family disputes.

4.9 Injury intervention for work places

4.9.1 Supervision project for safety production of hazard chemical units

Establish sub-district hazard chemical management network, and hold member meeting every half year. 31 hazard chemical key supervision units were managed by “one enterprise and one archive”, and entered into hazard chemicals management commitment.

Hazard chemical safety knowledge and hazard chemical prevention skill training were carried out. Door visit safety supervision and inspection was carried out every month. According to different situations of hazard chemical key supervision units, the anti-terrorism and firefighting response plan were made. Since 2009, 200 outdoor exercises have been carried out, such as anti-terrorism, firefighting, explosion prevention, and pollution prevention, etc.

4.9.2 Occupational health and safety promotion plan

The enterprise establishes management and supervision division for occupational health and safety. Establish one enterprise versus one archive for the enterprises with occupational hazard factors in the work places. Launch notification regulation for work post involving occupational hazard factors. The workers were organized to carry out occupational health and safety training. The safety supervision personnel periodically monitor the production environment of related enterprises, and check the safety regulations and the usage of personal protection equipments. Various safety prevention/protection skill exercises were carried out at the work places of units with occupational hazard.

Every year, the working environment would be monitored and surveyed thoroughly. There are striking safety warning signs throughout the work places. Provide health

examination for the workers in occupational hazard workplace.

The monitoring staff are conducting ionizing radiation test

Poisoning rescue drill

liquid ammonia leakage drill

4.10 Sport injury prevention

4.10.1 The sport club

Safe sport directors: Establish the social sport direction management team of 230 persons wearing emergency assistant ID cards, to help the residents with safe body building.

Set up notification board of safe body building: Safe body building notification boards were set at all body building centers. Body-building facilities are indicated with the name of facilities, effect of body building, and applicable persons. Warning signs are put in special body building places, such as swimming pools.

The safety measures of sport place: At the body building places are equipped with anti-collision facilities, safety monitoring, and emergency lighting, etc. Replace body building facilities that easily incur accidents, such as parallel bars, with safe ones. Often patrol and inspect body building facilities to report any damage found for repair.

4.10.2 Building safe Park

◆Electronic display screens are installed in the main paths of the park to publicize the safety knowledge. Safety prevention reminding words or warning are put up. Set up safety publicizing bulletin boards and reminding boards at the body building places.

◆At the open area of the park and children activity area, the simulated traffic marking lines and simulated signal lamps that can be turned over are set up for traffic safety education for children.

◆According to the principle of round angles, the facilities in the park, such as lawn guardrails, road corners and publicizing board shall be of round angles.

safety publicizing bulletin boards

injury prevention reminding boards

the simulated traffic intersection

4.11 Public places safety

Public security personnel and traffic policemen shall maintain the order on site in case of large scale promotions at supermarkets. Safety signs and facilities for firefighting and anti-sliding are set up at supermarkets, fresh markets and culture centers.

4.12 Disaster emergency response plan

All of the 49 residential committees have part-time emergency response rescue teams. Emergency response and rescue teams with 563 persons was established by key supervision units of the community. A series of public emergency response plans are made and various emergency response drills, such as rescue drill of elevator failure, chemicals warehouse chemical accidents drill, large scale amusement facilities emergency response drill and fire-fighting drill are often carried out.emergency response drills

5. Injury monitoring

Population in 2010:132,300

Start/end time of monitoring: 2008

Monitoring channel:

Medical monitoring: injury monitoring for hospitalized patients, injury monitoring for patients seeing doctors in community hospital;

Government functional departments monitoring : traffic, workplace, fire disaster , family violence;

Others: schools, kindergartens, construction sites;

Injury situation every year to view “Yinhang Sub-district work report on safe community”.

6. Papers, documents and publications

◆Distribute 65,000 safe community brochures.

◆Briefing of safe community building work is compiled and distributed monthly, and the articles are published on “Yangpu Times· Yinhang Column” to publicize the safe community building work and safety knowledge.

safe community brochures

briefing of safe community building work

7. Brochures and publications：

brochures and publications	Distributed quantity	Object for distribution
Safe community publicizing apron	74000 pieces	Covering the residential households of the community
Publicizing picture of show window of safe community	50 sets	49 residential committees in the community
Circulated publicizing board of safe community	10 pieces	Circulated publicizing in residential committees
Notification to anti-theft and anti-cheat in community	70,000 copies	Covering residential buildings of whole community
Legal and firefighting education CD for students in the community	12 CD	School in the community
Student traffic arts and calligraphy selection picture album	150 copies	18 middle/elementary schools in the community
Civilization makes traffic safer	30 copies	Traffic/transport units in the community
Citizen traffic safety brochures	50 copies	49 residential committees in the community
Summary of safety management and control of hazard chemicals	82 copies	Key supervised hazard chemical unit in the community
Safety colors and safety signs	50 copies	49 residential committees in the community
Safety prevention/protection and occupational hazard album	3,000	Production and business units in the community
Cartoon safety display album.	50 copies	49 residential committees in the community
New safety orient firefighting publication	500 copies	49 residential committees in the community

Safe community publicizing apron

Legal and firefighting education CD for students in the community

8. Workers of safe community

Persons in charge of safe community

Wang Biao

Yu Xiang

Number of full time/part time work for safe community:

There are 51 persons in the Building Work Committee of Yinhang Sub-district Safe Community, subordinate to which is the Building Work Office of 6 persons (full time: 3 persons).

74 part-times in 12 safety promotion work groups.

9. International communication

◆In Jul. 2009, participate in communication with Japanese safety expert regarding safe community work ;

◆In Oct. 2009, participate in the 5th Asian Regional Conference on Safe Communities in Beijing ;

◆Communicate with international safe community New Jiangwan Town sub-district, Huamu Town and Jinan youth park ;

◆ Apply to participate in the Asian Regional Conference on Safe Communities and naming ceremony of International Safe Community in Shanghai in May 2011.