



A Certifying Centre for Safe Communities Programmes on behalf of the WHO Collaborating Centre on Community Safety Promotion
Karolinska Institutet, Department of Public Health Sciences, Division of Social Medicine, Stockholm, Sweden



Name of the Community: Lycoming County, Pennsylvania

Country: United States of America

Number of inhabitants: 117,688 (2006, per U.S. Census projection)

Program started year: 1994

Year of International Designation: 2010

Website address for the Program: www.lchic.org

The program covers the following safety promotion activities:

For the age group

Children 0-14 years:

- Poison Prevention
- Child Passenger Safety Week
- Child Passenger Safety Technician training/certification
- Safety Seat Installation Location
- Safety Seat Check
- Used Safety Seat Collection
- Buckle Up Seatbelt Safety PSA
- Pedestrian Safety is Elementary
- Firearm Safety
- Hunting Safety
- Gunlocks and Handouts
- Wise Options (shelter, advocacy)
- Court Appointed Special Advocate (CASA)
- Liberty House (bridge housing)
- Crisis Intervention
- Suicide Public Education
- Suicide Phone Protocol
- Community Support Outreach Services
- Family Group Decision Making
- Student Assistance Program
- General Protective Services and Referrals
- Integrated Children's Services Plan
- Child Sexual Abuse: It Happens in Lycoming County
- Cribs for Kids (for prevention of co-sleeping deaths)
- Project Lifesaver
- Child Death Review Team
- Preventive Education
- Prevention Education in Schools
- Radio Public Safety Announcements Program
- Safe Kids Week
- Snowboarding Testimonial Project
- Safe Kids Lycoming activities
- Child Safety Baby Shower Baskets
- Animal Bite Prevention Kits
- Home Safety Materials
- Bike Safety Day

- Bicycle Derby Kits
- Halloween at the Mall
- Life Skills, Adaptive Technology, Advocacy – for Disabled
- Relevant Community Safety Activities (listed under “Adults”)
- Fire Safety/Prevention
- Safe Schools Initiative
- Camp Ophelia
- Sports Medicine Treatment and Prevention

Youth 15-24 years:

- Poison Prevention
- DUI Processing Center
- Highway Safety School
- Click-it or Ticket Seatbelt Enforcement/Awareness
- Aggressive Driving Enforcement/Education
- DUI Prevention and Alcohol Awareness
- DUI Court
- Drug Court
- Mock Crash Scenario
- Buckle Up Seatbelt PSA
- Driver Education
- Aggressive and Distracted Youth Drivers Workshop
- ATV Safety
- Firearm Safety
- Hunting Safety
- Gunlocks and Handouts
- Wise Options
- CASA
- Liberty House
- Life Skills, Adaptive Technology, Advocacy – for the Disabled
- Suicide Prevention
- Crisis Intervention
- Suicide Public Education
- Suicide Phone Protocol
- Work Release Workplace Safety
- Tower Café Safety Training
- Work Center Occupational Health
- Occupational Health programs
- Residential Living Safety Review
- Community Support Outreach Services
- Family Group Decision Making
- Student Assistance Program
- General Protective Services and Referrals
- Integrated Children’s Services Plan

- Child Sexual Abuse: It Happens in Lycoming County
- CASA
- Project Lifesaver
- Child Death Review Team
- Preventive Education
- Students Against Destructive Decisions (SADD)
- Prevention Education in Schools
- Radio PSA Program
- Safe Kids Week
- Snowboarding Testimonial Project
- Home Safety Materials
- Bike Safety Day
- Personal D&A Assessment and Treatment Referrals
- Life Skills, Adaptive Technology, Advocacy for the Disabled
- Relevant Community Safety Activities (see Adults)
- Fire Safety and Prevention
- College Town
- Safe Schools Initiative
- Camp Ophelia
- Sports Medicine Treatment and Prevention

Adults 25-64 years:

- Poison Prevention
- DUI Processing Center
- Highway Safety School
- Click-it or Ticket Enforcement/Awareness
- Aggressive Driving Enforcement/Education
- DUI Court
- Drug Court
- Child Passenger Safety Technician Training
- Safety Seat Installation Location
- Safety Seat Check
- Used Safety Seat Collection
- Buckle Up Seatbelt Safety PSA
- Pedestrian Safety is Elementary
- Concerned About Someone's Driving?
- Training for Car Fit for Older Adults
- Older Driver Education (Age 55+: AAA, AARP)
- Aggressive and Distracted Youth Drivers Workshop
- ATV Safety
- Firearm Safety
- Hunting Safety
- Hunter's Health Fair Screening
- Gunlocks and Handouts

- Handgun Safety and Personal Protection Classes
- Wise Options (shelter, counseling, legal advocacy)
- Liberty House (bridge housing and life skills)
- Suicide Prevention
- Suicide Public Education
- Crisis Intervention
- Suicide Phone Protocol
- Workplace Safety
- Tower Café Safety Training
- Work Center Occupational Health
- Occupational Health programs
- Residential Living Safety Review
- Workplace Hazmat Plans
- Community Support Outreach Services
- Family Group Decision Making
- Child Sexual Abuse: It Happens in Lycoming County
- Cribs for Kids: for prevention of co-sleeping deaths
- Project Lifesaver
- Preventive Education
- Radio PSA Program
- Snowboarding Testimonial Project
- Home Safety Materials
- Bike Safety Day
- Bicycle Derby Kits
- Health Fairs
- Human Resources Guide
- Personal D&A Assessment and Treatment Referral
- “Savvy” and “Men of Honor” life skills, anger management
- Life Skills, Adaptive Technology, Advocacy – for the disabled
- Stroke Prevention and Screening
- Public Safety Programs, including:
 - Flood Warning System
 - 911 Service
 - EMS Training and Licensing
 - Public Safety Training Programs
 - Community Emergency Response Team (CERT)
 - HazMat SARA Task Force/Homeland Security
 - Mobile Command Incident Management
 - Decontamination Units (fixed and mobile)
 - Mobile Intensive Care/Advanced Life Support
 - Ambulance Squad Response Units
 - Route Service Medical Transport and Paratransport
 - Emergency Dept. Services, Medical Support for Decontamination
 - Emergency Operations Plan, Drills

- Mass Casualty Support Trailer
- Ready PA Program
- Paramedic Certification Two-Year Program
- Fire Prevention
- Operation Save-A-Life
- Community Preparedness Presentations
- Lycoming Citizens Corps Council
- Certified Storm Ready
- Disaster Preparedness Incident Command System
- Sports Medicine Treatment and Prevention
- Patient Safety, including:
 - Project Critical Assessment Team
 - Project Help
 - Medication Safety Initiatives
 - Threat Response Team
 - Hazard Surveillance
 - Comprehensive Patient Safety Program

Older Adults 65+ years:

- Fall Risk Screening and Fall Reduction
- Fall Prevention
- Poison Prevention
- DUI Processing Center
- Highway Safety School
- Click-it or Ticket Enforcement/Awareness
- Aggressive Driving Enforcement/Education
- Safety Seat Installation Location
- Safety Seat Check
- Used Safety Seat Collection
- Older Driver Safety Campaign
- Buckle Up Seatbelt Safety PSA (“The Game of Your Life”)
- Concerned About Someone’s Driving?
- Car Fit for Older Adults
- Older Driver Education (AAA, AARP)
- Older Driver Education/Annual Car Care Clinic (AAA)
- Firearm Safety
- Hunter’s Safety
- Hunter’s Health Fair/Screening
- Gunlocks and Handouts
- Wise Options
- Suicide Prevention
- Crisis Intervention
- Suicide Public Education
- Suicide Phone Protocol

- Residential Living Safety Review
- Community Support Outreach Services
- Family Group Decision Making
- Child Sexual Abuse: It Happens in Lycoming County
- Project Lifesaver
- Preventive Education
- Radio PSA Program
- Home Safety Materials
- Health Fairs
- Human Resources Guide
- Personal D&A Assessment and Treatment Referral
- Life Skills, Adaptive Technology, Advocacy – for the Disabled
- Older Adult Resource List
- Fraud Prevention for Older Adults
- Stroke Prevention and Screening
- Relevant Community Safety Activities (see Adults)
- Patient Safety programs, especially Medication Safety Initiative

In the following Environments:

Home:

- Fall Prevention
- Poison Prevention
- Gun Locks
- Firearm Safety
- Wise Options
- Crisis Intervention
- Suicide Phone Protocol
- Residential Living Safety Review
- Community Support Outreach Services
- Family Group Decision Making
- General Protective Services and Referrals
- Integrated Children’s Services Plan
- Child Sexual Abuse: It Happens in Lycoming County
- Cribs for Kids: Prevention of Co-sleeping Deaths
- Project Lifesaver
- Preventive Education
- Radio PSA Program
- Home Safety Materials
- Human Resources Guide
- “Savvy” and “Men of Honor” Life Skills, Anger Management
- Life Skills, Adaptive Technology, Advocacy – for the Disabled
- Flood Warning System (accessed from home)
- 911 Service

- Community Emergency Response Team (serves neighborhoods)
- Ambulance Squad Response Units
- Operation Save a Life

Traffic:

- DUI Processing Center
- Highway Safety School
- Click-it or Ticket Enforcement/Awareness
- Aggressive Driving Enforcement/Education
- Child Passenger Safety Week
- Safety Seat Installation Location
- Safety Seat Check
- Used Safety Seat Collection
- Older Driver Safety Campaign
- Buckle Up Seatbelt Safety PSA
- Pedestrian Safety is Elementary
- Car Fit for Older Adults
- Older Driver Education
- Driver Education
- Aggressive and Distracted Youth Drivers Workshop
- ATV Safety

Workplace Safety:

- Work Release Workplace Safety
- Tower Café Safety Training
- Work Center Occupational Health
- Occupational Health programs
- Residential Living Safety Review
- Workplace HazMat Review
- OSHA VPP
- Employer Safety Programs – recognized by NSC
- Adaptive Technology – for the Disabled
- Hazard Surveillance
- Threat Response Team
- Distribution of Traffic Safety Materials/Seatbelt Surveillance

School:

- Poison Prevention
- DUI Prevention and Alcohol Awareness
- Mock Crash Scenario
- Pedestrian Safety is Elementary
- Driver Education
- Aggressive and Distracted Youth Drivers Workshop
- Wise Options

- Safety Training as part of Applied Technology Curriculum
- Student Assistance Program
- Students Against Destructive Decisions conference, activities
- Prevention Education in Schools
- Snowboarding Testimonial Project
- Animal Bite Prevention Kits
- Paramedic Certification Two-Year Program
- Fire Safety and Prevention for Schools
- College Town
- Safe Schools Initiative
- Camp Ophelia
- Sports Medicine Treatment and Prevention

Sports& Leisure:

Sports Medicine Treatment and Prevention

- ATV Safety
- Hunter's Safety
- Hunter's Health Fair/Screening
- Snowboarding Testimonial Project
- Bike Safety Day
- Bicycle Derby Kits
- Halloween at the Mall

Violence prevention (intentional injuries):

- Wise Options
- Handgun Safety and Personal Protection Classes
- Community Support Outreach Services
- Family Group Decision Making
- General Protective Services and Referrals
- Child Sexual Abuse: It Happens in Lycoming County
- Child Death Review Team
- Personal D&A Assessment and Treatment Referrals
- "Savvy" and "Men of Honor" anger management
- Fraud Prevention for Older Adults
- Public Safety/Homeland Security
- College Town
- Safe Schools Initiative
- Camp Ophelia
- Threat Response Team

Suicide prevention (self-inflicted injuries):

- Suicide Prevention (prison)
- Crisis Intervention
- Suicide Public Education
- Suicide Phone Protocol

Programs aiming at "High risk-groups":

- o Fall Prevention and Screening
- o Poison Prevention
- o DUI Prevention and Alcohol Awareness
- o Mock Crash Scenario
- o Child Passenger Safety Activities
- o Older Driver Safety Campaign
- o Concerned About Someone's Driving?
- o Car Fit for Older Adults
- o Older Driver Education
- o Aggressive and Distracted Youth Drivers Workshop
- o Hunter's Health Fair/Screening
- o Wise Options
- o CASA
- o Liberty House
- o Suicide Prevention (prison)
- o Crisis Intervention
- o All Workplace and Occupational Health Programs, especially
 - Tower Café Safety Program
 - Work Release Workplace Safety
- o Community Support Outreach Services
- o Family Group Decision Making
- o Student Assistance Program
- o General Protective Services and Referrals
- o Integrated Children's Services Plan
- o Child Sexual Abuse: It Happens in Lycoming County
- o Cribs for Kids: for prevention of Co-sleeping Deaths
- o Project Lifesaver
- o Child Death Review Team
- o Students Against Destructive Decisions
- o Preventive Education
- o Prevention Education in Schools
- o Radio PSA Program
- o Flu Prevention – Shots
- o Safe Kids Week
- o Snowboarding Testimonial Project
- o Animal Bite Prevention Kits
- o Home Safety Materials

- Bike Safety Day
- Bicycle Derby Kits
- Halloween at the Mall
- Health Fairs
- "Savvy" and "Men of Honor" life skills, anger management
- Life Skills, Adaptive Technology, Advocacy for the Disabled
- Older Adult Resource List
- Fraud Prevention for Older Adults
- Stroke Prevention and Screening
- Flood Warning System
- Community Emergency Response Team (CERT)
- Operation Save-a-Life (smoke detectors)
- College Town
- Safe Schools Initiative
- Camp Ophelia
- Sports Medicine Treatment and Prevention
- All patient safety programs

Surveillance of injuries:

LCHIC carries out numerous surveys and collects data alone and in conjunction with PA Department of Health and other agencies of the Commonwealth. Individual providers and Lycoming County also collect data. Information is gathered at the point of service, in observational surveillance (such as for seat belt use compliance), and through professionally developed surveys. In addition, the PA Department of Health gathers data and makes it available, both in detailed reports and in reports that can be customized to specific research needs. Sources include death certificates and hospital discharges. Locally, health care providers, county agencies, and other service providers gather data that is sometimes protected by privacy requirements.

Numbers per year: continuing and varies

Population base: estimated at 117,688

Started year: LCHIC's first County Assessment was carried out in 1994-1995.

Produced information material, pamphlets:

- Concerned About Someone's Driving? Identifying Unsafe Drivers
- You Could Be An Unsafe Older Driver If... (seatbelt safety)
- Testimonial: Helen (insert for Unsafe Older Driver brochure)
- Buckle Up ("The Game of Your Life") video Public Service Announcement
- Regular radio Public Service Announcements
- Safe Kids Lycoming Cty. Animal Bite Prevention Kits and brochure

- Pedestrian Safety is Elementary
- “A Piece of Equipment Is Missing” hang tag promoting helmet use
- Teen Death Map – Motor Vehicle Crash Fatalities 2000-2005
- Child Sexual Abuse: It Happens In Lycoming County
- Testimonial (insert for Child Sexual Abuse brochure)
- Did You Know... Crime Prevention Tips
- Fraud Prevention Tips for Older Adults
- Older Adult Resource List
- Children’s Resource Guide
- Babysitting Checklist
- Want to Save Money... (table tent promoting older adult safe driving classes)
- Human Resources Guide on LCHIC web site
- Reports to the Community
- Executive Summary of 2007 BRFSS Survey
- 2003 Behavioral Health Risks (co-produced with PA Dept. of Health)
- 2007 Behavioral Health Risks (co-produced with PA Dept. of Health)
- Plus numerous items produced by individual providers and county

Staff

Number: 5 Consultants Part Time

Professions: Executive Director, Youth Development Coordinator; Outreach Coordinator; NTN Coordinator; Fiscal Coordinator
 One Part Time Employee: Administrative Assistant

Permanent: 4

Temporary: 2 consultants are grant funded positions and not permanent

Organization: Lycoming County government; Lycoming County Health Improvement Coalition (LCHIC)

Specific intersectoral leadership group: LCHIC

General public health/health promotion group: LCHIC; PA Department of Health North Central Office

International commitments:

Study visits: Our community is actively involved in international activities through Little League Baseball, Inc.; international business activity such as that of Lycoming Engines (a Textron Company); Lycoming College and Pennsylvania College of Technology; and Susquehanna Economic Development Authority/Council of Governments Export Development. Many LCHIC partners work with regional and national organizations engaged in injury prevention and safety promotion.

Participation in Safe Community conferences: to be determined and funded

Hosting Safe Community Conferences: regional, to be further explored

Hosting “Travelling Seminars”: to be further explored and funded

Other, what? Build international best practices sharing through resources available

at our two colleges, SEDA-COG, and through our community's companies that operate on a worldwide scale.

For further information contact:

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