

## Demographics

Name of your ISC: Heping Safe Community

Country: Taiwan

Population: 11,280

Program Stared Years: 2007

Designation Year: 2009

Community Website: [http:// blog.udn.com/hepinghealth94](http://blog.udn.com/hepinghealth94)

Submission date of this annual report: 2011/2/21

Name, position and email contact details of person completing this annual report:

Ms Meifeng Chan, Chief Executive Officer of Heping Community Safety Promotion Center

E-mail : [meifeng.jan@gmail.com](mailto:meifeng.jan@gmail.com)

## Criteria 1 – Partnerships

1: Over the past 12 months have there been any significant changes to your ISC community coalition/network/group? Yes

In 2010, two working groups, suicide prevention and alcohol injury prevention, were established.

Working Group	Members
Suicide Prevention	1 leader, 1 deputy leader and 8 members
Alcohol Injury Prevention	1 leader, 1 deputy leader and 9 members

2: Please provide details of your current coalition membership list. Include name, email address and position/organisation for each coalition member.

Position	Name	Organization	Title	Email
Leader of home safety unit	Hui-Kwang Peng	Heping Fire Station	Instructor	123@hotmail.com
Leader of road safety unit	Chih-Ping Lin	Heping Precinct, Taichung City Government Police Bureau	Policeman	hp70256@mail.tcpa.gov.tw
Leader of agriculture safety unit	Jin-Mu Hsiao	Heping Township Farmers' Association	Section Cief	Juile121688@yahoo.com.tw
Leader of school safety unit	Wan-Fu Wu	TzuYu Borough, Heping District, Taichung City	Leader	elve88@yahoo.com.tw
Leader of suicide prevention unit	Chuan-Yuan Wu	Heping Precinct, Taichung City Government Police Bureau	Supervisor	ra3448@mail.tcpa.gov.tw
Leader of alcohol injury prevention unit	Yu-Chieh Xu	Heping Community Safety Promotion Center	Chair	
Leader of leisure, tourism and water safety unit	Chun-Wei Tsai	Heping District Office	Section Chief	10060@ems.hrping.gov.tw

Leader of injury surveillance unit	Chia-Lun Wu	Heping Community Safety Promotion Center	Project manager	elve88@yahoo.com.tw
------------------------------------	-------------	--	-----------------	---------------------

3a: How often has your community coalition met during the past 12 months? Attach any relevant meeting agenda, minutes, annual report and any other relevant documents that demonstrate the operation of your intersectoral leadership group over the past year.

We organize a meeting every three month to discuss safety promotion projects and then implement and evaluate the progress.

3b: Over the past 12 months have there been any changes to the way your ISC is funded?

No

### Criteria 2 – Sustainable programs

4: Over the past 12 months have there been any changes to your working groups/priority areas?

December 25<sup>th</sup>, 2010, Taichung County was restructured and consolidated into Taichung City. As the result, the committee chairperson and some members were transferred to other positions. However, the safety promotion projects are still in progress. We visit the new district chief to explain our safe community program and report our present result as well as the importance of its long-term and continuous implementation. We finally obtain the chief's recognition and financial support.

5: Please list at least three success stories from your program over the past 12 months?

Provide details (e.g. what was the nature of the success, did it advance partnerships/relationships, ability to attract funds and what outcomes were achieved):

Project	Achieved Outcomes/Partnership	Funding																					
Suicide Prevention	Cooperate with Center for Domestic Violence Prevention of Taichung City and train volunteers to accompany high risk suicide group and to raise public awareness in the community to make every resident as a "Doorkeeper for Suicide Prevention." There were 4 suicide cases, while 3 cases in 2009 and 2010, separately. More efforts are still needed.	Center for Domestic Violence Prevention and Sexual Assault of Taichung City subsidize NT15,000.																					
Home Injury Prevention	Cooperate with District Office, Bureau of Employment and Vocational Training and Department of Education to cultivate volunteers to lead senior citizens for physical and balance training regularly, and to visit 300 senior citizens for home environment check for evaluation of improvement. <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th></th> <th>Before</th> <th>After</th> </tr> </thead> <tbody> <tr> <td>Anti-slip installation</td> <td></td> <td></td> </tr> <tr> <td>In bathtub or shower room-</td> <td>38%</td> <td>51%</td> </tr> <tr> <td>Handrail installation</td> <td></td> <td></td> </tr> <tr> <td>Besides toilet-</td> <td>18%</td> <td>58%</td> </tr> <tr> <td>Protection lid installation</td> <td></td> <td></td> </tr> <tr> <td>on outlets-</td> <td>10%</td> <td>54%</td> </tr> </tbody> </table>		Before	After	Anti-slip installation			In bathtub or shower room-	38%	51%	Handrail installation			Besides toilet-	18%	58%	Protection lid installation			on outlets-	10%	54%	<ul style="list-style-type: none"> <li>• District Office donates 20 handrails and 15 sets of anti-slip mats.</li> <li>• Bureau of Employment and Vocational Training and Department of Health each subsidizes NT10,000 to instructors.</li> <li>• Hondao Senior Citizen's Welfare Foundation donates 50 fire alarms.</li> </ul>
	Before	After																					
Anti-slip installation																							
In bathtub or shower room-	38%	51%																					
Handrail installation																							
Besides toilet-	18%	58%																					
Protection lid installation																							
on outlets-	10%	54%																					

	Install fire alarms in 50 households with Hondao Senior Citizen's Welfare Foundation with priority of senior citizens who live alone.	
Exchange Network	Visit Zhongzheng Safe Community in Taipei City and DongAo Safe School in Yilan County.	<ul style="list-style-type: none"> <li>• Taipower Dajia River Power Plant subsidizes NT20,000.</li> <li>• District Office subsidizes NT25,000.</li> </ul>

### Criteria 3 – High risk groups & environments

6: Over the past 12 months, please specify what high risk groups/environments has your ISC focused on and details of outcomes achieved?

#### Program A : Safety of Senior Citizens-Fall Prevention

Background : Falling is the main cause of injury at home to senior citizens above 55 years old in this area.

Improve Method/Achieved Outcome : Train volunteers to lead senior citizens for physical and balance training regularly, and to visit 300 senior citizens for home environment check for evaluation of improvement. Achieved outcomes are as followed:

- Install rate of anti-slip facility in bathtub or shower room increased from 38% to 51%.
- Install rate of handrail beside toilet increased from 18% to 58%.
- Install rate of outlet cover increased from 10% to 54%.
- Set up fire alarms in 50 households with priority of senior citizens who live alone.

#### Program B : More colorful world makes more colorful life of senior citizens.

Background : Senior citizens who live alone in Heping Community accounts for 89%; among them, 82% are illiterate. Most of them used to write phone numbers on calendar and as time passed, the written becomes unclear and their vision become worse, causing them unable to contact with the outside when emergency happens.

Improve Method/Achieved Outcome :

- Post number stickers and cards classified by colors (Red/119, Yellow/neighbors or friends, Green/relatives) for senior citizens to easily recognize.
- Post number cards beside the telephone or on the wall or attach to key chain to take out. Now 386 people among 366 households are using this method and is very popular among senior citizens. They comment that this convenient design really helps them memorize phone numbers.

#### Program C : Traffic Safety Promotion

Background : Analyzed through traffic injury records of Heping Police station during 2010, speeding, not wearing helmet and drunk driving were the top

three cases. In addition, through questionnaire on “Public Recognition of Traffic Safety and Risk Factors”, 78% people think that drinking behavior is the main cause of injuries, while 68% accounts for bad road designs, 66% for not wearing helmet and 63% for improper road signs. According to these backgrounds, we started to organize road/facility improvement, put down drunk driving and motorcycling without helmets. Besides, we promote advising senior citizens to wear bright color clothes when doing exercise in the morning or at night.

Improve Method/Achieved Outcome :

- Cooperate with community development association and neighborhood association to organize “Drinking Discipline Patrol” to prevent drunk driving in the community.
- Organize safety promotion project for young and senior citizens and to promote senior citizens and students to use light reflection bracelets and enhance education promotion.
- Cooperate with community safety and health promotion association to donate 20 helmets to district office and strictly execute ban not wearing helmets when riding motorcycle.
- According to analysis, helmet wearing rate increased from 66% to 74%.
- Aborigines promise to follow the living regulation of “No driving after drinking and no motorcycling without helmet.”

#### **Criteria 4– Injury data**

7: Over the past 12 months, have you analyzed any injury/crime data? Yes

- All injuries happened in the jurisdiction area including violence and bullying were collected by the injury surveillance unit.
- Sources : Heping District Health Center, Heping Police Department, Heping Fire Department, Kukuan Holiday Emergency Center, Ancan Clinic, schools and Dungshr Farmers’ Hospital.
- File and analyze injury data every three months and provide report to safety promotion center for reference. The analysis includes the dimension of injury, significance of problem, the effectiveness of interference and priority of implementation, in order to gradually decrease all kinds of injury year by year.

#### **Criteria 5– Evaluation**

8: Please list up to three examples of evaluations of local community safety programs that have been undertaken. Provide a brief summary of the outcomes and how evaluation findings have been incorporated into your ongoing ISC planning. Include copies of any relevant reports. Please indicate if no evaluations have been undertaken during the past 12 months.

We had finished the evaluation of our yearly program on Dec. 6 (see as answers to

questions 5 and 6) and realized that our overall objective has been achieved.

### **Criteria 6– Networks**

9: Over the past 12 months, have members of your ISC participated in:

- a) International Network meetings      No
- b) National Network meetings      Yes
  - Nov. 8, Taipei, 2010 Conference on SC Development in Taiwan, held by Taiwanese Community Safety Promotion Center
- c) Local Network meetings      No

### **Final comments:**

10: Over the past 12 months, what have been some of the biggest challenges to your ISC and what steps have you taken to address these?

- Most members were not familiar about self-evaluation; as a result, we employ professional teachers in this area and encourage members to join domestic SC network.
- The executive members come and go too often; therefore we unite public resources to recruit more community members for better stability.

11: Over the past 12 months, what have been some of the biggest opportunities for your ISC and what steps have you taken to sustain them?

The participation of many public resources including District Office, Taichung City Center for Prevention of Domestic Violence and Sex Assault, Bureau of Employment, Hondao Citizen's Welfare Foundation and Taipower Dajia River Power Plant helps a lot in finance and manpower, along with enthusiastic participation of residents, it is the biggest motive of our safe community. The use of community resources no matter in finance or manpower especially helps a lot in achieving the safe community program, and further brings the greatest benefit of reducing injury.

12: Finally, are there any other comments you would like to make about either your ISC or the wider ISC network (e.g. Include any comments about how you see the ISC Network better serving the members of the network).

Mountain villages still have a gap with urban communities in financial, material and human resources. As a result, in order to do community safety promotion in these areas, we have to better utilize public resources. Heping community will continuously follow the "Indicators of International Safe Community" to implement community injury surveillance mechanism, to effectively promote all kinds of safety projects and continuously participate in exchange learning with whether internal or domestic safe community network.