Australian Safe Communities Foundation

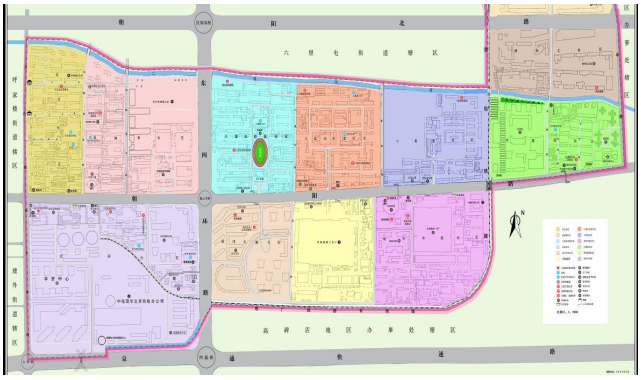
Australian Safe Communities Foundation Inc

Certifying Centre for Safe Community Programs

On behalf of the WHO Collaborating Centre on Community Safety Promotion,
Department of Public Health Sciences, Division of Social Medicine, Karolinska Institutet, Sweden

Safe Community Balizhuang No. 166

Country: **Beijing, The People's Republic of China**
Number of inhabitants: **100,000**
Program started year: **2005**
International Safe Communities Network Membership: **Designation Year 2009**
Full application available:
http://www.safecommunities.org.au/_upload_docs/200910231419250.Balizhuang%20Community.pdf



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Balizhuang Community is located in the central and western Chaoyang District of Beijing, with an area of 4.4 km2, its west boundary is Jintai Road and West Da Wang Road while the east one is the crossing of Qingnian Road, it is next to the Erdaohe in the north with the bounding wall from Guohua Thermal Power Plant Cycle Drains to Beijing Jingmian Group as a boundary in the south. There are more than 1,800 social units of above certain size, 5 kindergartens, 7 primary and secondary schools and 8 medical and health services. After 50 years' development, BaLiZhuang sub-district has developed from a textile industrial zone into a region with booming commercial business and large population, a business district represented by Hua Mao Center, Yuan Yang International Center and Shang Jie Plaza has become the new landmark in eastern Beijing.

The programme covers the following safety promotion activities:

For the age group

Children 0-14 years:

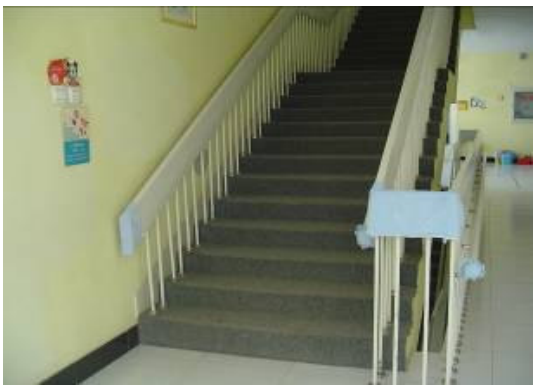
- To conduct evaluations of dangerous environment in Huijia Kindergarten, and assist the Kindergarten to make effective reformations according to unsafe environment to avoid children learning and playing in these unsafe environment. The reforming includes recreational facilities, floor maintenance of playing ground, hurt prevention reformations of corners, reformations of exposing water drains, door cracks reformation for clamping prevention, setting warning signs at dangerous places etc.

- To establish model programs for children in Huijia Kindergarten, reform hardware environment and carry out systemically safety education and to control hurt and injuries to children effectively from intervening behaviors and diets.

- In cooperation with parents of children, the Kindergarten conducts activities of safety knowledge for preventing accidental injuries to children, and early childhood education themed by "Early Childhood Education, Safety be with Me", the Community Service Center organizes children in this district to carry out safety education activities by guessing traffic signs in summer holidays

- To organize parents to participate in lectures on child growth & development and preventing accidental injuries from improving scientific prevention ability of parents (guardians), and deliver lectures about scientific feeding and children safety to parents of 0-3 year-old children to improve their scientific prevention ability.

Safety Education Class for Kids



Prevention Measures in Kindergarten

Emergency Exercises of Children

Youth 15-24 years: Safety Programs for School

- We have carried out activities among students such as “love your life, let your dream fly”. Safety education is carried out for the students by means of safety knowledge competition, theme class meeting, theme speech competition, case illustration and on-site simulated practice.

- Restructuring of unsafe facilities has been carried out in the school, including the restructuring of the playground, safety alert of the boiled-water room, restructuring of the wall-corner and exposed drainages. Warning sings have been erected at dangerous locations.

- Safety warning signs have been erected at key locations such as entrance, exit, playground and teaching places of the school. Students are directed to cross the road by their teacher and the traffic police.

- Students are organized to go to the integrated education basis to receive safety education. Self-saving and mutual saving drillings are carried out for the students to cope with sudden accidents, including first aid knowledge such as heart and lung recover, tie up the injured point, handling things, etc. and other practices such as artificial respiration.

- Organize the students in summer vacation to carry out safety education activities by means of traffic signs Q&A competitions.

Traffic Safety Training in School

Learning About Fire-fighting Devices

Students' Rescuing Drilling

Youth Publicizing Team for School Safety

Adults 25-64 years:

- To require every construction field to ensure that the safety training time per person per year shall reach up to over 48 hours; to invite experts to give safety management knowledge trainings to the project managers at each construction field; to organize personnel engaged in special operations to study Technical Specifications for Operation Safety to prevent the occurrence of high-altitude falling accidents. Person engaged in operations which may harm especially easy to cause injuries to the person shall be only allowed on duty with relative certificate.

- To establish health files for employees. To take physical examination before and during on duty and before off the job to prevent the occurrence of occupational diseases. To set eye-catching warning signs, labels and/or markings to the satisfactory of requirements at dangerous areas and locations. And to apply uninterrupted implementation of safety checks.

- The safety work group assists safety production supervision department, health department, and professional fire department in safety inspection for marketplaces, restaurants, construction fields, commercial shop and store with risks to ensure the completeness of various safety system and the perfect conditions of safety facilities. Since the beginning of the troubleshooting inspection, 2,439 social units have been inspected; including 35 personnel-intensive business marketplaces, karaoke bars, Internet cafes and fitness places; 39 restaurants and hotels; 3 key enterprises; 16 construction fields; 29 underground space and air civil projects; 10 school, kindergartens and hospitals; 2 gas stations; 22 property units; 509 units of small stores and 1,741 shops in office buildings.

- To establish responsibility system of safety production to leaders at different levels. Chief Principals of 562 institutions in the same district shall sign Duty Agreement of Safety Production, Fire-fighting Safety Management and Duty Agreement of Comprehensive Control of Public Security and implement the system of responsibility by those in charge and one-vote-down system of safety production and comprehensive controls.

- To carry out a series of activities. Carry out Safety Awareness Contests and Lecturing about Safety in mega stores, restaurants and construction sites in this district, hotels etc. and organize people to social institutions, construction sites and cultural squares in the district to participate in performances and shows in "Safety Month".

- To build complete safety mechanisms in communities. To carry out knowledge, operation trainings, fire fighting exercises in workplaces each month, each institution shall be equipped with fire-fighting equipment, and provide safety propaganda windows and organize special personnel to be responsible for fire prevention work and emergency fire-fighting and rescuing.

- To invite professionals of Fire Service Department, District Safety Supervision Bureau and Police Stations etc. to carry out workplace safety education and trainings for city model schools

and community centers, and organize residents and social institutions to watch videos about safety.

- To establish emergency response planning database of production and business operation entities. The programming and investigations of the emergency response planning of production and business operation entities can help to make evaluations to enterprise safety productions, and to standardize the emergency disposal procedures of incidents, and clarify the responsibilities of relevant departments, institutions and individuals. To promote production and business units to raise the safety awareness, have a definite knowledge of key positions, examine potential safety hazards and implement the safety production responsibility system. So far, 2328 social institutions have finished programming emergency response planning under the supervision and direction of the comprehensive administration office.

- To establish safety and healthy model institutions in different industries and different fields of this district. For example, to establish fire safety programs in ShinKong Place---a megastore, work out strict fire-fighting emergency response plans and fire safety control system, carry out fire safety trainings among employees and conduct fire-fighting exercises regularly to ensure zero fire incidents; in catering enterprises like Lulu Restaurant, to establish food safety and health model programs, work out intervention plans, keep records from vegetables entering in restaurants to every processing procedures, and create strict health standards from kitchens to dinning areas for purpose of ensuring dinning safety of customers.

Physical Examination to Special Professionals

Safety Educations on Construction Site

Emergency Escaping Exercises

Fire-fighting and Safety Knowledge Training

Elderly 65+ years:

- To establish a care center for senior citizens covering over 800m^2 through integrating resources, which accommodates more than 80 beds, equipped with reading area, recreational area, fitness area, rehabilitation area, day care rooms (see Appendix 1)

- To conduct consulting activities for preventing seasonal prone diseases of senior citizens, invite experts to deliver lectures for the senior citizens about health, health care and nursing.

- The Community Medical and Health Service Center provide family beds, travel for giving medical treatment via mobile medical vehicles and deliver door-to-door health for the senior citizens.

- To conduct physical examinations for senior citizens over 60 for free and found health files for them.

- To install" Family Emergency pager" for 210 empty-nest senior citizens for one-year free service.

- To conduct a campaign of respecting and helping the elderly through supports and assistance, provide one-to-one volunteer assistance for the empty-nest senior citizens with difficulty in moving, help them cleaning, sweeping and take care of the life of empty-nest senior citizens.

- To build table-tennis tables, chess chairs and tables in high-grade apartments and establish the elderly classrooms and chat rooms for them.

- To suggest the senior citizens rebuild the bathrooms and install door knobs, and place skid-proof mats or carpet to make non-slip treatment for bathroom floor.

- The care center for senior citizens works out "Daily Inspection System for fire fighting", invite firefighters of Hongmiao Fire Department to deliver knowledge on firefighting and safety and carry out practical exercises. All service staff shall perform fire prevention inspections to safety passages, facilities, rooms of the elderly, kitchen operations twice a day, and resolve problems once found at any time to ensure the safety of senior citizens.

Care center for Senior Citizens

Golden Wedding of Senior Citizens

Health Lecture for Senior Citizens

Medical Services for Senior Citizens

At the following environments:

Prevention Programs that target high-risk environments

Household Safety Program

- Taking residential or building as a unit for mutual inspections and helps with household safety, eliminating the unsafe factors such as misusing of gas and electricity. Organize residents for simulated drillings in the household safety training room. Officials from the community committee and personnel from the property management company consist of a propaganda team for publicizing of fire-fighting knowledge and distributing outlets. Employees from social companies and office buildings all actively take part in the Q&A on fire-fighting knowledge, enhancing their fire-fighting safety awareness. Volunteers have been organized to patrol in the community, finding and solving problems.

- The underground inspection team carries out inspections on each household living in underground houses, preventing them using gas and naked fire, restructuring the power distribution lines underground, providing facilities such as fire-fighting equipments, emergency lights and safety exit signs.

- A large scale fire-fight drilling is carried out in November of each year; Fire-prevention safety meetings are carried out in due time; Fire-prevention safety inspections are conducted periodically; gas safety inspections are carried out in areas with many single-storey houses.

- Safety warning labels or signs have been put up at each storey of all the 385 floors of the 103 buildings. Fire-fighting handbooks are handed down to each household. Lines have been drawn for fire-fighting passages of the community.

- Publicizing by various means. One publicizing column shall be set up for each community. Residents can fetch safety outlets there. Outlets such as “Handbook on Disaster Prevention and Emergency Responding for Civilians of the Capital City” and other materials on safety, self-saving and mutual saving are handed over to the residents to enhance their comprehensive capability of dealing with various emergencies. Publicizing work is carried out by using of black boards, columns, public letters, newspapers, banners and closed-circuit television programs. Residents are organized to watch the educational disks on community security cases and traffic accidents, etc.

- Supervisory and controlling teams are organized for prevention and control over fireworks during spring festival. Fire-extinguishers are provided for key locations. Letter to Our Residents has been printed and handed to our residents to prevent fire accidents and personal injuries due to fireworks.

- Personnel from the community committee have carried out inspections on small stores, barber shops, restaurants, Karaoke Lounges, bars and workshops. Case warning papers have been put up on the doors.

- New standard is adopted for safety furnaces: Fire cover must have five holes; carbon monoxide emission must be lowered by 50%. The new standard requires that civil coal heating furnace must be used together with a stack, with a warning label being stuck at a visible position in the furnace to direct people to install and use the furnace.

Publicizing for Not Playing
the Prohibited Disks

Publicizing Materials for
Household Safety

Check up the Electricity
Condition of Old Buildings

Publicizing Rescuing Knowledge
for Each Household

Traffic Safety Program

- Traffic policemen, coordinating personnel, security personnel and other professional staff are arranged for road crosses with big traffic flow, bus stations, entrances with many residential areas, gates of primary and secondary schools to direct traffic.

- Traffic safety facilities have been increased. Traffic signs, markings, speed bumps and traffic lines have been arranged for each road in the community. People have received safety education for traveling outside. Drivers have received education and training on traffic laws, regulations and driving skills.

- The traffic safety entering into each company activity has been carried out. Exhibits of various types have been produced for publicizing of traffic laws and regulations. Civilized driving & love your life activity involving social companies has been carried out. Thousands of peoples have signed to show that they comply with the traffic laws and regulations. A speech competition on traffic laws and regulations has been fulfilled between social companies. Some restaurants initiated that signs and notices should be put up at places such as hotels and restaurants, indicating that “driving without drinking, drinking but not driving”.

- Carry out the traffic safety entering into construction sites activity. Organize the leaders of each construction site to learn laws on safety production, visit theme exhibitions and exchange for safety production experiences. Tour exhibitions of traffic safety knowledge are displayed on each construction site, and educational movies are displayed on the sites too.

- Improve the road traffic conditions in the community. A 620-meter long road traffic marking has been drawn in the community; 28 traffic signs or markers have been provided; 10 speed bumps have been arranged. Traffic planning and arrangement rate reached 100%. We analyze the traffic condition of this region in each month together with the traffic squad, report the traffic accidents in five communities of this region, give warnings to after-drinking drivers, and enhance people's awareness of safety prevention.

- We have produced a "working plan for management on traffic safety during spring festival transportation period", coordinated with the public security bureau to carry out the traffic accident one hundred day activity. The community office purchased more than 5000 reflector signs and handed them to social companies and residents of this region to enhance their safety while traveling by bike. 3

Large-scale Traffic Safety Propagation

Directing the Traffic at Road Cross

Advocating Civil Bus Ride

Work Meeting on Traffic Safety

Sports and Body-building Safety Program

- Establish a regional body-building center: in 2006 we have built a national- level community body building club with an area of more than 3300 square meters. The club is periodically free to the public. There are 36 sports activities in this club such as badminton, billiards, swimming, body-building and rock-climbing, etc.

- Give body-building and health instructions: taking the body-building center as a platform, we have invited some professional coaches to give lectures on body-building and health-keeping. For activities such as swimming, special personnel are arranged for safety supervision of the swimmers.

- Make safety body-building plans for members of the center: taking the members' demands into consideration, we can make specific body-building plans for them, directing them in their exercising degree and diet, to ensure their health and safety.

- Provide safety warning signs: various labels or signs are put up in body-building areas to remind the members of exercising in a scientific manner, and build up a good body-building environment.

- Carry out recreational activities for the disabled: we carry out education activities by means of lectures, Q&A, consultancies, etc., in festivals such as Ear-care Day, Disabled Day, World Mental Health Day, etc. we also carry out various cultural and sports activities suitable for the disabled in our community.

Safety Exchanging Meeting

Regional Mass Sports Activity on Sports & Body-building

Safety Education for Body-building

Demonstration for Scientific Body-building

Social Security Program

- Improve the integrated prevention and control system in this region: set up an integrated management direction center to exert the main force function of the police station and strengthen the combat against various violation activities. More than 2 million Yuan has been put into the establishment of a regional patrolling group responsible for the night prevention and control tasks. A ten-hundred-thousand project has been underway. Voluntaries in each community have been mobilized to take part in this project, forming a social prevention and control mode collectively coordinated by the direction center, mainly managed by the police station and supervised by the patrolling group and voluntaries.

- Establish an information reporting and communicating system: electric monitoring facilities have been installed at 37 important traffic roads, accident areas and key locations; community service phone numbers have been known to the public; 24 hour service is provided; the functions of the regional patrolling group and community voluntaries have been exerted to the most extent in the 13 communities of this region. If any problem is found it shall be reported to

the direction center or police station. Other security forces shall also be informed of this problem as to help solving it.

- Set up community police affair working station: two policemen shall be responsible for one community; in the police affair working station the “one station four roles” system shall be carried out, namely, roles in prevention of violations, publicizing of fire-fighting knowledge and fire-accident relief work, management of mobile population, management of house leasing work.

- Establish a building management mode combining the security prevention by people, equipment and technologies. Building doors shall be closed for application of the “building access control system” which will be in 100% coverage in this region. Safety publicizing columns have been arranged in each building to popularize the safety and security prevention knowledge. Fraud recognition & intelligently report to the police education has been carried out. Violation bulletins have been set up in 13 communities, including time, place, type and treatment results of the case, to enhance people’s awareness of security prevention.

- A “four one working method” has been put forward to build up an all round and dimensional prevention and control system. “Four one” means “one net, one clear, one prevention and one integration”. On the basis of clarifying specific conditions, combat and prevent violations from happening, integrate various social security forces, strengthen the overall control over the society, enhance our capability of security prevention, realize the target of “no big event, reduce small event, manage in strict manner, maintain a good social order”.

Urban Integrated Management& Direction Center

Regional Social Security Patrolling Volunteers

Regional Professional Patrolling Group

Working Meeting on Safety & Stability

Disaster Prevention & Reduction Project

- A safety education basis has been established. In the year of 2006, 3 million Yuan has been invested in the establishment of a safety education basis of 1300 square

meters in area by utilizing of a civil defense place, in which four functioning areas are set up, including disaster prevention and reduction area, national defense education area, emergency escaping area and safety community area. It is an integration of modern lighting, sound and electric technologies. There are 12 parts of it.

- Publicizing education activities have been actively carried out. Relying on the education basis, we have been actively organizing each community to carry out activities for popularization of safety knowledge on the prevention and reduction of disasters since the year of 2006. More than 380 times activities have been carried out, with total participants of 34000.

- Inspections have been carried out on the underground civil defense places. Together with the special departments, we have carried out long-term inspections on the structure, fire-fighting and evacuating safety of the 271 civil defense places. Detailed records have been documented; problems found have been rectified; disaster prevention and reduction education have been received by those who rent and live in the civil defense place to enhance their capabilities of escaping from dangers.

- Carry out the daily patrolling reporting system. Each week the changing information of floating population and the leasing information of the community yard, warehouse or commercial house is reported to the higher level of administration. Rent and leasing have been regulated. Houses with potential risks in structure, fire-fighting or health aspect have been rectified in due time.

Disaster Prevention & Reduction Education

Leaders Checking the Emergency Evacuating Plan

Improvement of Underground Space

Post-disaster First Aid Training

Love-Heart Help Safety Program

- Actively carry out the work concerning poverty reduction, schooling assistance and employment recommendation. A schooling-assistance department has been set up by the service center of the community, which holds regular talking for recruiting funds for students, hand in hand with social enterprises.

- Implement a flexible employment policy. Flexible employment is a preferential policy for " 4045" unemployed persons and those with middle or severe disabilities. There are 553 persons who have signed the employment social insurance allowance agreement. The number is still rising.

- The avenue office has invested more than 70 Yuan in arrangement of mobile medical cars providing free services such as physical examination, which helps the poor families to a certain extent.

- Doctor entering into the community work has been carried out. Doctors are dispatched from medical organs to the community to provide free services such as chronic disease prevention and health direction for the residents and weak groups to let them enjoy preferable and quality medical services near their residential.

- Through the survey on weak groups, we have established health files for the aged and disabled, directing them to have proper diet and healthy life by means of safety & health education.

- To reduce the inconvenience of traffic and accidents and injuries to the most extent, Balizhuang safety community promoting committee has taken a series of measures to improve the facilities of the community, ensuring the outdoor safety of the disabled. For example, blind tracks are provided for public service places and footbridges to ensure the blind and other disabled persons passing it in a safe manner. After decoration with the community committee and the public service center, a number of unobstructed facilities have been provided, such as ramps and guardrails.

- Attentions have been paid to the safety of public places in which recreational activities are carried out. We have provided each community committee with two sets of wheel chairs, solving the problem for the disabled to go and come.

- "Balizhuang Regional Professional Recovery Station for the Disabled" mainly for intelligently and mentally disabled and secondly for other disabled persons has been established, considering things with a point of view of the disabled, thus, knowing what they are thinking about, what they need, providing them a better service.

- Establish an employment management system for the disabled and a regular return visit system. For many years, our disabled association has established partnership relations with social companies to dig out working positions and arrange work for disabled persons with labor ability, maintaining their legal rights and interests.

Fun Activity for the Disabled

Daily Work for Helping the Poor

Issuance of Love-Hear Card

Charity Association Leaders Visiting Low Assurance Families

Surveillance of injuries: We have established accident and injury records and record management system concerning production, traffic, fire-fighting, social security and school. All the records are clearly labeled for identification. It reflects the safety promotion status of our community.

Numbers per year: **one**
Population base:**100,000**
Started year: **2005**

Publications: (Scientific)
Produced information material, pamphlets:

- Safety publicity education lecture is given once every month at the avenue office, community committee, communities, construction sites, schools and supermarkets. More than 15000 residents take part in and benefited from the lectures each year.

- Safety publicity words or slogans are printed on small subjects such as pokers and vests, which are given to residents as gifts;

- Safety prevention knowledge is added in the Civilian Service Manual, with a total quantity of 60000.

- Posters or publicity pictures on injury prevention knowledge printed by municipal or regional functioning departments have been issued and put up on the walls, making it more professional for injury prevention.

Staff
Number: **99**
Professions: part-time or full-time: **34**
Permanent: **16**
Temporary: **75**

International commitments:

In March 2005, the founding office organized trans-boundary units for a visiting to communities including Wangjing and Asian Games Village, laying a foundation for creating of a safety community.

In May 2005, the vice director of Balizhuang Avenue Office, also director of Safety Community Creating Office, Zhao Guozhang presented the Chaoyang District Safety Community Creation Working Experience Exchanging Meeting.

On March 30th 2006, we attended the Opening Ceremony & Experience Exchanging Meeting on Expanding the Scope of Trial Points for Safety Community Creating in Beijing.

In April 2006, the safety community demonstration units in Balizhuang went to Jianwai Community in Chaoyang District for visiting and learning.

In November 2007, members of the promotion committee went to Thailand to attend the Fourth Asian Safety Community Meeting.

In December 2007, members of the safety community creating office attended in Guilin a training course on safety community standards and construction methods.

In September 2008, members of the promotion committee went to Jingwang Avenue Office for learning and exchanging of points of view.

Attending the Fourth Asian Safety Community Meeting

Learning the Safe Community Standards

Principals

Liu Beiyang
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Director of Balizhuang Community Safety Promotion Committee

Xu Guishi
Male, Han Nationality, Bachelor's Degree, Vice Director of BaLiZhuang Community Safety Promotion Committee