Safe Community  Huaihai Community

Country: Shanghai, China  
Number of inhabitants: 98,890(2008) 
Programme started year: 2006  
International Safe Communities Network Membership: Designation year 2009

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The programme covers the following safety promotion activities:

For the age group

Children of 0-14 years:

● Improve safety consciousness
"Indirect Experience"
Make full use of the surrounding communities and social resource, various roles be designed to the children for indirect experience. For example organizing children to interview or investigate the pedestrian, the inhabitant, the police and the guardian to experience different roles' awareness about safety; compiling the safety propaganda tabloid and distributing them to the pedestrians, the inhabitants and the parents.

"Direct Experience"
Let children use what they have learned in the simulation scene to protect themselves. For example, we carry out the Explosion-proof fire drill each term, so that children can save themselves unflappably when danger happens, and they can evacuate methodically under the leadership of the teacher, It is necessary to summarize and regulate the plan after the drilling. The students will learn to protect themselves in the experience.

"School→Teachers→Students→Parents" publicity and training
Through discipline training, safety-related work had become a chain of "big hands - little hands - big hands". Combination of training, to formulate practical implementation plan, from theoretical study to special counseling and operating practice, from all the teaching and administrative staff to each student, each parent, from the contents of books to the practice in society.

● Improvement Safety Measures
According to the rule, to keep to the right, putting, obviousing indication signs in the middle of the staircase can reduce the collision. Reinforce the corridor railings, increased to the height to 30 cm. Install security barrier for the toilet windowsill. Teachers, to remind the students also to serve as channels, should put more warning boards at the gate of the school. When classes are over, open the emergency gate, separating the students into groups, to avoid overcrowding.

**Youths of 15-24 years:**

- **Carry out practical activity in the community**
  
  Set up activity room, social service base, and organize volunteer teams. The youths according to their own preferences and specialties to form teams, under the leading of the community teacher and residents' committee to carry out community all kinds of colorful holiday activities, such as "Paintings of civilized behavior " "searching for civilized phrases" "games in the lane" to attract the children at home.

- **Educational resources accessible**
With educational resources, providing places of recreation and activities content for minors free. Community cultural centers are active in providing for teenagers. Table tennis room, future engineering room, computer room, etc. have become children's amusement park. Labor Technical Center provides activities for the youths in the community such as simulated driving, tailoring skills training, computer digital photo producing etc.

**Adults of 25-64 years:**

- **Carrying out “five health-strengthen activities”**
  
  Based on “Five health-strengthen activities”, namely everybody knows his or her blood pressure, “everybody masters medical assistance skills, everybody takes part in fitness activities, everybody takes part in non-remunerated blood donation, and everybody develops a healthy behavior. We set up advisory services sites in 21 residents' committees to carry out preventive health service activities.

- **Injures emergency processing methods and family first aid training**
  
  We trained 225 ambulance savers, and 1625 propagandists, to improve the network of Red Cross rescue contact person. Some selected volunteers and Red Cross crews are trained into the cadre of Huaihai emergency group, which is responsible to propagandise, teach emergency knowledge to local residents, help them master the injures emergency processing methods and family first aid abilities, as well as the escape skills.
Group of the old above 65 years:

- The Project for the prevention of elderly slips and falls

**Improve the environment**

Install banisters in the public corridor in more than 50 residential buildings, more than 30 families in which the elderly live alone, disabled elders in poor families, improving the living environment of the elderly, to prevent the occurrence of injuries.

![Before and after images of installed banisters](image)

In consideration of the fact that the road in the community was uneven, and caused the falls of the elderly, we paved the roads in 52 lanes and sidewalks in the community with the help of the Housing Management and the Bureau of municipal Projects Management.

**Improve the function** — In view of the unsteadiness caused by the aging of body function, 200 elderly people were given the canes. Set up the elderly fitness team; provide balance training to the elderly. Set up over 100 elderly teams, more than 2000 people take part in it, such as Sister Dancing Team, Waist Drum Team, Sunset Glow Singing Team and so on.
● The elderly psychological health project

“Xinyue Sunset Glow” psychological consultation room——Professional psychological consultants were hired to provide consultations about emotional issues, family conflicts, interpersonal relationships, psychological trauma. Law advisers give one-to-one consultations every two weeks.

Elderly self-help service——Focusing on the elderly problems in community, we set up several elderly service teams consisted of 86 volunteers, such as medical team, information team, law service team and chatting team, which provide various services for the elderly who live alone or have other difficulties in the neighborhood.

Neighbors mutual group——Since 2006, volunteers set up 110 Neighbors mutual-help groups, such as studying group, activity group, skill group, chatting group and so on. Nearly 800 elderly people took part in them. The community provides 100,000 RMB for the groups to sponsor their regular activities.

● Provide service for the elders at their home

The major contents of the project are caring, housekeeping, medical service and spiritual consolation for the elderly. The elderly who live at home were 935 in 2006, this number increased to 1185 in 2007 and even increased to 1452 in 2008.
Huaihai Community provided the following safety services in the program:

**Traffic injury prevention program**

- **Propaganda activities**
  
  Public promotion columns and signs about traffic safety have been set up in 21 neighborhood committees. Traffic Police Detachments update the content every season. “Community Communications of Traffic Safety”, which will be distributed to each resident by neighborhood committee’s cadres and residents group leaders, the pamphlet is printed by neighborhood committees and Traffic Police Detachments every season.

- **The major intervention measures at the intersection of South Huangpi Road and Middle Huaihai Road**

  **Enhance the management**

  The policemen who are doing jobs well and having excellent qualities are selected on duty at the intersection. The duty time for police working in rush hour is extended and the number of assistants for traffic management at the intersection is increased from 2 to 4.
Optimize the intersection traffic management measures

The optimization measures includes making an total list of the transport facilities and traffic signs at all intersections of Middle Huaihai Road, adjusting the unreasonable and not eye-catching traffic signs, modulating the rate of traffic lights at the intersections of Huaihai Road and Chongqing Road in order to improve the capacity of transport.

Design the traffic signal time scientifically

In order to normalize the traffic behavior of automobiles and pedestrians, improve the traffic efficiency and reduce security risks caused by the turning automobiles which don’t avoid pedestrians while crossing the road, launch a trial project at the intersection of Huaihai Road and Huangpi Road that take the measures of releasing the pedestrian and automobile separately to make pedestrian cross the road with no impact from turning automobile, as well as walk across the whole intersection free from the bound zebra crossing during the releasing time.

Injury prevention program at working places

- Safety Publicity Campaigns and Training

Range of work safety notices released to different sections for 5 times accumulate for over 2000 copies. Safety directors are required to receive safety training and granted with certain qualification certificate, with a percentage of 80% directors qualified with certain certificate in key enterprises. Over 4000 rural migrant workers with a percentage as high as 99% from architectural decoration enterprises in the community have received safety training.
● Establish systems to administrate at different safety levels

Enterprises in this district are classified into different supervision levels. The key industry, the important enterprise and the major hazard unit should be our key monitoring targets. Since 2007, we have organized special safety inspection focusing on special places like underground space, construction site, idle workshop and place where people assemble.

● Establish all-engaging model for the management of production safety

Xintiandi is an internationally renowned touring place spot in our community. It is assessed as a level by production safety classification. We have done much work of safety supervision on fire prevent, completing emergency plans and improving safety facilities in catering enterprises. 68 units are regarded as the major hazard units, and get key monitoring.

Fire prevention program

● Increasing fire prevention investment

To solve safety problems, such as bad building framework, lower fireproof rank, aging electric circuits, we invest more than 2 million Yuan to reform old circuits every year. So far, we have completed 848 aging electric wire houses transformation, installed fire sprinkler for 543-households, completed renovation works of common kitchens for 60 households, installed gas alarm devices for 600 households.
● Enhancing fire safety inspection
We organized fire specialized polices, fire joint defence assistants, assistants of inflowing population, assistants of comprehensive treatment and community safety defence keepers to check the community.

● Carrying on Specific Improvement on Fire Safety
Considering that many newcomers used defective heating equipments, which easily lead to fire, we carried out activities to confiscate the disqualifications with many relevant departments. As we surveyed that many newcomers faced the problem of using hot water, we set up two hot water station, solving potential risk of electricity.

Injury prevention program for the disabled
● To improve the day-to-day care
“Sunshine House” ——For 16 to 35-year-old the mentally disabled are sent to community education workstations and courses like Chinese, music, social interaction, handicraft are given so they can learn simple survival skills; Some of the trainees carry out rehabilitation training to enhance the ability to live independently.
Barrier-free facilities—In order to protect the safety of the physically disabled and the visually impaired at home, houses of 89 families in 2006 and 37 families in 2007 were renovated to provide a barrier-free environment, “Sunshine handrails” were built in 17 families in 2008.

Devices to help the disabled issued—Wheelchair, canes, spinal care, special toilet and other devices for personal aid to enhance the capacity of injury prevention. Aids were given to 162 in 2006, 140 in 2007 and 184 in 2008.

Rehabilitation Services

Health Center in Huaihai Community has set up a rehabilitation service station for the disabled, equipped with two professional physicians. Service stations were set up in Liuhe, Huangpi, Futhree, and Jinan, with various types of rehabilitation equipments to provide rehabilitation services. Annually more than 400 disabled persons take part in rehabilitation training in "one-stop four-points".
Surveillance of injuries:

● **Medical Institution Damage Monitoring Site**
  
  One monitoring site is located in the Department of Surgery and Traumatology in Huaihai Community Health Service Cente. As for four communities health care service stations, which are also damage monitoring sites, clinical cases are also registered and documented here.

● **Non-medical Institution Damage Monitoring Site**
  
  Damage monitoring sites are also established in 21 affiliated neighborhood committees, schools, and rural-migrant-workers- crowded key construction sites, as well as the nursing home for the disabled in the community as an effective supplement.

● **Monitoring by safety authorities**
  
  Traffic police station, police station and offices responsible for firefighting

**Numbers per year:** once a year

**Population base:** 98,890

**Started year:** 2006

**Publications:**

**Pamphlets**

◆ Domestic Health Safety Manual
◆ The Elderly Fall Prevention Kit
◆ Food Safety and Health
◆ Pocket Manual of Firefighting Safety Knowledge for Employees
◆ Scientific Life and Health
◆ Safe Huaihai Community Creation
CDs
◆ A short publicity film of safe Huaihai Community: “Huaihai Community in happiness Enjoy safe life everyday”

Newspapers and magazines
◆ The monthly newspaper of Huaihai Community

Staff
◆ Staff in total: 69
◆ 69 professional, part-time and full-time employees
◆ 58 formal employees
◆ 11 temporary employees

<table>
<thead>
<tr>
<th>Huaihai Safe Community Reference Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>Huaihai Community Office</td>
</tr>
<tr>
<td>Government Agencies</td>
</tr>
<tr>
<td>Safety Supervision Bureau\ Municipal Health\ Educational Bureau</td>
</tr>
<tr>
<td>Functional Department of the Region</td>
</tr>
<tr>
<td>Transportation Detachment \Fire Detachment\ Police Station</td>
</tr>
<tr>
<td>Medical Institution</td>
</tr>
<tr>
<td>Center for Disease Control at Luwan District\ Health Services Center of Huaihai Community</td>
</tr>
<tr>
<td>Commercial Institution</td>
</tr>
<tr>
<td>Xintiandi District \Rui'an Square\Property Companies</td>
</tr>
<tr>
<td>Educational Institution</td>
</tr>
<tr>
<td>Community Schools\The second primary school at the middle Fuxing Road \The second kindergarten at the middle Fuxing Road</td>
</tr>
<tr>
<td>Social Groups and Volunteer Groups</td>
</tr>
<tr>
<td>Red Cross\ Old Age Association\ Community Neighbourhood Committee</td>
</tr>
<tr>
<td>Personal Representative</td>
</tr>
<tr>
<td>Experts Volunteers and Resident Representatives</td>
</tr>
</tbody>
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◆ Directors:

Chen Jie, Director of Huaihai Community Safe Community Promotion Committee

Cao Xiaoming, Deputy director of Huaihai Community Safe Community Promotion Committee
International commitments:

◆ In 2007, we studied the advanced experiences of Safe Community Construction from Huamu town in Pudong New Area and Kangjian Community in Xuhui Area respectively.

◆ In Dec 2007, we participated in the activity for WHO safe community designation ceremony and safe community conference held in Shanghai.

◆ In Dec. 2007, we participated in the national safety communication courses held in Guilin.

◆ In May 2008, we participated in the national safety communication courses held in Xi'an.

◆ In Aug. 2008, we attended the communication workshop for safe community construction held in Shanghai and exchange the experiences about the safety issue for the elders.

◆ In Nov. 2008, we attended conferences for National Safe Community Construction held in Qingdao China. We was glad to have the honor to get the title "National Safe Community".

Elders Safety Promotion Project Introduction has been programmed into Document Assembly for National Safety Community Construction Conference.

◆ In Feb. 2008, we observed the "International Security Community" in Jinan Huaiyin area for its evaluation.

◆ In Mar. 2009, we attended conferences for Shanghai Safe Community Construction. We was glad to have the honor to get the title "Shanghai Safe Community".

◆ In May. 2009, Mr. Henk Harberts, Chair of Australian Safe Communities Foundation Inc. (ASCF), as a CertifyingCentre for the CCCSP, Ms Meegan Brotherton, Secretary ASCF and Catherine WONG, General Manager of Hong Kong Occupational Safety & Health Council performed a site visit to Huaihai community for safe community designation according to the criteria of International Safe Communities.