

## Safe Community Tjörn



Country: **Sweden**

Number of inhabitants: **15, 000**

Programme started year: **2008**

International Safe Communities Network Membership: **Designation year: 2011**

Designation by: **European Safe Community Certifying Centre**

[www.tjorn.se](http://www.tjorn.se)

### **Full application available:**

[http://www.phs.ki.se/csp/pdf/applicationreports/tjorn\\_sv.pdf](http://www.phs.ki.se/csp/pdf/applicationreports/tjorn_sv.pdf) (Swedish)

[http://www.phs.ki.se/csp/pdf/applicationreports/tjorn\\_en.pdf](http://www.phs.ki.se/csp/pdf/applicationreports/tjorn_en.pdf) ( English)

<http://www.tjorn.se/sakertrygg/sakerochtryggkommun.4.3f6ce9a51288179dfcb800013202.html>

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**The programme covers the following safety promotion activities:**

**For the age group**

**Children 0-14 years:**

- Cooperation with BVC,
- Cooperation between preschools and schools,
- Road-traffic safety for children
- National 'Parental support' pilot project
- Equal treatment plans
- The Swedish National Agency for Education's threats and violence project
- Cooperation on culture-related activities for children and young people



**Youth 15-24 years:**

- National 'Parental support' pilot project
- 'Störa Langningen' [smash the racket]
- Equal treatment plans
- The Swedish National Agency for Education's threats and violence project
- Tobacco project
- Cooperation on culture-related activities for children and young people

**Adults 25-64 years:**

Over the years the council has developed broad cooperation with various public-sector and voluntary players. Specific examples of external events are the 'Amen-samtal' at the Nordic Watercolour Museum, talks in collaboration with elderly persons' organisations and meetings targeted at parents on topics such as computer dependency, drugs and fines. In terms of staff activities, skills development covers subjects relating to Safe Communities.

**Crisis centre for men and women ;** In collaboration with Stenungsund and Orust municipalities, Tjörn municipality finances crisis centres for men and women. These centres address relationship issues.

## **Elderly 65+ years:**

- On the basis of Statistics Sweden's injury atlas 2004, based on causes of death and records of medical treatment for the years 1988 to 1992, Tjörn municipality has introduced a structured approach to safety for the elderly. The objectives are as follows:
  1. Increased cooperation with pensioner organisations on preventive activities such as study circles, lectures and home visits.
  2. Improved cooperation with primary health care services on advice in connection with appointments with doctors and district nurses.
  3. Carrying out further training for home-help and municipal rehab staff on practical steps to prevent injuries.
  4. Ongoing focus on physical activity on prescription.
  5. Increased cooperation with Tjörn housing corporation on measures to prevent injuries.
  6. Improved recording of accidents at primary health care centres and hospitals.

## **At the following environments:**

### **Home:**

The views of the risk management group must be taken into account wherever possible in connection with all new building projects, conversions and extensions. One clear target is for 15 safety inspections of municipal buildings/facilities to be carried out each year. The person responsible for the building/facility is asked around 50 questions in connection with the inspection, and an inspection of the premises is carried out at the same time.

Training and information measures for the general public represent an important part of the prevention work carried out by the emergency and rescue services. Examples of training provided include a free three-hour session on understanding, identifying, assessing and remedying risks in the home and leisure environments. Tailored training is also offered for fire safety in the home, for example for elderly persons' and pensioners' organisations.

### **Traffic:**

The municipality's traffic engineer works closely with the private road associations on damage to roads, obstructions, hedges, lighting and other traffic problems in order to discuss appropriate solutions. There is a particular focus on creating good, safe school routes. Another priority is good traffic safety for unprotected road users, including by means of developing footpaths and cycle tracks.

Information campaigns are carried out in conjunction with schools and parents' associations concerning, for example, the value of allowing children to cycle or walk to school in order to reduce traffic. The municipality is helped in this area by other organisations such as NTF (the National Society for Road Safety), insurance companies and the Swedish Road Administration<sup>1</sup>.

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<sup>1</sup> Now part of the Swedish Transport Administration – trans.

## **Occupational:**

According to the safety policy 'A safer Tjörn', Tjörn municipality shall work actively to achieve a good level of personal protection for all employees and elected representatives in the municipality. Persons considered particularly vulnerable shall be trained in preventing violence in their work. They shall also have alarms linked to active systems and have specially adapted workplaces.

Each year elderly care facilities train nursing auxiliaries as instructors in lifting and moving techniques. The aim of the training is to prevent strain injuries among employees. The objective is that there should always be someone available with the requisite competence in lifting and moving techniques, should the need arise

## **School:**

Various injury prevention measures are an important area in the work to support parents. Together with the municipalities of Stenungsund, Kungälv, Ale and Öckerö, and the University of Gothenburg, Tjörn municipality is participating in a national pilot project on parental support run by the Swedish National Institute of Public Health. The project aims to implement the national strategy for advanced parental support. The objectives for Tjörn include:

1. Mapping which forms of parental support are in demand by parents.
2. Ensuring that supply corresponds to demand.
3. Engaging people and increasing cooperation between more players in the community.
4. Increasing the number of arenas and meeting places for parents.
5. Developing methods/ strategies to disseminate knowledge of what support is available in the municipalities.

Together with the National Agency for Education, child day care and education services in Tjörn municipality have been awarded funding for development work to improve preparedness to handle threats and serious violence in the nine-year compulsory school and the upper-secondary school. The work includes:

1. Conducting regular surveys.
2. Planning what measures to take during the year in order to achieve the objectives of the equal treatment plan.
3. Determining who is responsible for ensuring that the measures are implemented and followed up.
4. Drawing up and describing procedures for disseminating information, for example to parents.
5. Drawing up and describing procedures for handling and resolving acute situations when students have been subjected to harassment or degrading treatment.

Integrating the work on the equal treatment plans with school rules and systematic work on occupational health and safety

### **Sports:**

Tjörn municipality aims to become a water-safe community in accordance with the guidelines of the Swedish Lifesaving Association (SLS). A number of activities have therefore been implemented to achieve this goal. For example, the emergency and rescue services have:

- Drawn up a proposal for an action plan
- Entered into dialogue with child day care and education services on swimming lessons in schools
- Drawn up a training programme for municipal employees working near water
- Published information on water safety on the municipality's website
- Supplemented lifesaving equipment at the safety depot in the tourist information office, where it is also possible to hire life jackets.

### **Leisure:**

The risk management group, leisure services committee, the City of Malmö and Got Event have entered into collaboration with a view to drawing up a general safety plan for events. The safety plan will then be tailored to each individual event. The aim of event safety is for organisers to feel confident in their role, and for visitors to feel safe. Tjörn municipality takes inspiration from the guide to event safety produced by the Swedish Civil Contingencies Agency (MSB).

The high rate of accidents and injuries within sports such as equestrianism and ice hockey has resulted in the risk management group joining with leisure services to initiate a development process entitled 'Safe clubs and societies'. The municipality is working actively with a football club on event safety and with a riding association on systematic work to prevent injuries and improve safety. The clubs have started to use the pilot material produced, and exchange of experience is also taking place with other municipalities and clubs and societies.

### **Other: What?.....**

Pursuant to the Swedish Civil Protection Act, Tjörn municipality has an action programme for protection against accidents, which steers the municipality's work on 'A Safe Community. The action programme details Tjörn municipality's priority targets over the coming mandate period (four years). The document is revised in each mandate period, with results being reported on the basis of activity targets and performance targets.

The municipal council has adopted a drugs policy action programme for Tjörn municipality. The programme is revised once per mandate period. The drugs policy action programme is general in nature and intended to provide guidance for the committees in their drugs prevention work from the perspective of different age groups. The main responsibility for the issue rests with the respective committee but

the council for public health and sustainable development plays an important role in coordinating the drugs prevention work.

Tjörn municipality adopted its disability plan in December 2006. The purpose of the plan is to provide committees, boards and departments with the materials and guidance required to take decisions on targets and measures. In its work on Tjörn's disability plan the municipality took as its starting point the UN's 22 standard rules, the vision of which is to enable people with disabilities to participate on equal terms. The municipality has chosen to focus in the plan on some of these rules. To facilitate follow-up, each point contains concrete measures, times for when the measures are to be implemented, cost estimates and details of who is responsible for the measures being carried out. The plan was revised in autumn 2010.

### **Violence prevention:**

Tjörn municipal council adopted a general action plan on domestic violence in April 2009. The overall aims of the plan are that:

- Women in Tjörn municipality shall be able to live without fear and shall be able to determine their own lives, and that the situation of children must always be prioritised.
- Methods and cooperation procedures shall be developed on the subject of domestic violence.
- Domestic violence shall be a priority area in the council for public health and sustainable development.

### **Suicide prevention:**

Tjörn municipality works with strategies to prevent suicide within the framework of its work among children and young people. In common with many other Swedish municipalities, Tjörn municipality needs to formulate a specific action plan concerning suicide prevention. This has become all the more clear in the light of a number of specific cases over the last five-year period. In spring 2011 all welfare officers at nine-year compulsory and upper-secondary schools will participate in a skills development session organised by Region Västra Götaland. This session should be seen as a Page 35 (59) Application Safe Communities stage in the development of an action plan. The various measures Tjörn municipality currently undertakes to promote mental health are described earlier in the application. Examples include the work on parental support, MiniMia and the project on threats and violence.

### **Programs aiming at "High risk-groups":**

Västbas' [west bas; A structured approach and early intervention with respect to children and young people with special needs prevents alienation and various forms of risk-taking behaviour.

Field work; In 2009 the strategic cooperation group drew up a plan relating to fieldwork in Tjörn municipality. The plan specifies the tasks of various players, both the municipality's own employees and non-profit organisations.

### Surveillance of injuries: Where?

Numbers per year: Average number people receiving in patient treatment per year

Population base:

Started year:

	Number of people receiving in-patient treatment per year 1987-2008			Average number people receiving in patient treatment per year			Average number of people receiving in-patient treatment per year 1000 inhabitants		
	Men	Women	Total	Men	Women	Total	Men	Women	Total
<b>Tjörn</b>	1825	4647	3472	83	75	158	11,15	10,60	10,88

Number of people receiving in-patient treatment as a result of accidents, broken down by gender and municipality in the GR municipalities 1987–2008. Source: Patient register, National Board of Health and Welfare 2009

### Staff

Number: 1076

Professions: part-time or full-time:

Permanent: 940

Temporary: 118

Organization:

Specific intersectoral leadership group:

- the council of public health ,

- Emergency management council

General public health/health promotion group:

- Coordination and management of 'A Safe Community'
- strategic coordination group for 0- to 24-year-olds

### International commitments:

Study visits: Nationella skadekonferensen i Lund Dec 2010

Participation in Safe Community conferences: Falun 2011